



rajneesh  
spontaneous talks

STOP



DROP  
DEAD





spontaneous talks  
mystic rose gatherings

world tour 2010  
europe



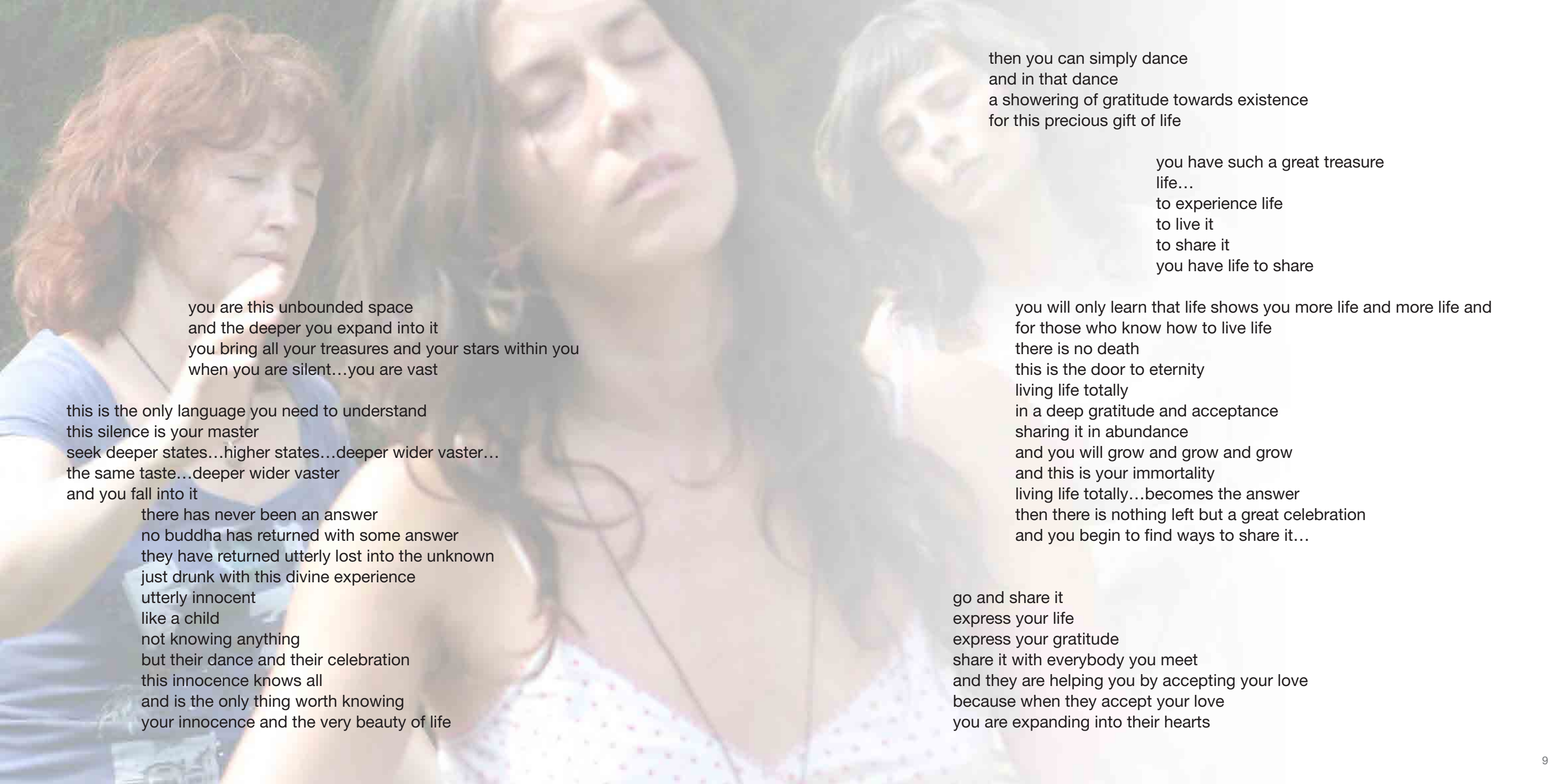
spain  
san sebastian  
5 june 2010

## mystic rose gathering

rajneesh enters  
everything becomes still  
sitting in silence with closed eyes  
soft music playing  
the music builds into a rhythm  
rajneesh gets up and we all move into dance  
dance dance dance...higher and higher to a peak...peaked crescendo  
stop  
the music stops  
everything stops  
we sit still in deep total silence

this silence...this stillness...is you  
this is your inner voice speaking to you  
the art of listening to the inner...  
the silent contentment within you  
you are made of this  
and if you can taste it...drink it  
you are understanding your inner nature  
there is nothing to understand...but to dissolve into it...  
and silence dissolves  
it is the only answer...and nothing is heard  
just an overwhelming showering of silence

such grace...such beauty opens its door to you  
and in this silence  
you connect to the whole universe  
nothing can stop this silence from spreading  
you are touching the sky



then you can simply dance  
and in that dance  
a showering of gratitude towards existence  
for this precious gift of life

you have such a great treasure  
life...  
to experience life  
to live it  
to share it  
you have life to share

you are this unbounded space  
and the deeper you expand into it  
you bring all your treasures and your stars within you  
when you are silent...you are vast


this is the only language you need to understand  
this silence is your master  
seek deeper states...higher states...deeper wider vaster...  
the same taste...deeper wider vaster  
and you fall into it

there has never been an answer  
no buddha has returned with some answer  
they have returned utterly lost into the unknown  
just drunk with this divine experience  
utterly innocent  
like a child  
not knowing anything  
but their dance and their celebration  
this innocence knows all  
and is the only thing worth knowing  
your innocence and the very beauty of life

you will only learn that life shows you more life and more life and  
for those who know how to live life  
there is no death  
this is the door to eternity  
living life totally  
in a deep gratitude and acceptance  
sharing it in abundance  
and you will grow and grow and grow  
and this is your immortality  
living life totally...becomes the answer  
then there is nothing left but a great celebration  
and you begin to find ways to share it...

go and share it  
express your life  
express your gratitude  
share it with everybody you meet  
and they are helping you by accepting your love  
because when they accept your love  
you are expanding into their hearts





they are creating a space for you  
to spread life  
be grateful to those you meet  
and share everything that you have  
the other is you  
living the same expressions of life  
life does not separate its sources  
it is flowing everywhere  
the sun shines everywhere  
and the only learning is how to share  
just for the very nature of sharing  
and it is such a great reward  
so fulfilling...that you realize the gift of life  
life is so precious  
that you can feel...experience deeper...  
this inner search is the ultimate  
live your life totally

if there are any questions  
or anybody wants to say anything  
welcome

**question** *can you say what is sannyas ??*

sannyas  
is the ultimate freedom  
and a declaration of freedom  
to be  
to live  
and let everybody live their lives totally  
we are very blessed  
to receive sannyas from osho

totally unconditional  
accepting you exactly the way you are  
not creating any conditions  
none  
total acceptance  
into this buddhfield of bhagwan  
no rejection...especially for women  
sannyas was never allowed to women  
and women are three fourths of humanity...  
women are not half of humanity  
she creates two children  
that is three...three souls  
and one man  
the woman is three parts of this world  
and sannyas was never allowed to women !  
sannyas was allowed to men  
but only under many conditions  
leave your home  
leave your family  
leave your life  
osho sannyas is total freedom  
a total acceptance  
of everything in life as it is  
and shows you how you can transform the world into paradise

sannyas is such a vast experience  
it cannot be spoken  
it can only be lived  
the moment you dive into sannyas  
a new universe opens for you  
and that universe is no ordinary universe  
you are entering the buddhfield and the mystery school  
of the great masters

suddenly you are part of that family  
of the millions of seekers of truth  
your very taking of sannyas  
proclaims that you are open...available  
and you will be receptive to all that is showered upon you

the moment you receive your sannyas  
a new life begins  
you have a silent guide  
the master is a silent guide  
he knows  
you do not know...  
he gives you his eyes  
you give him your heart  
and slowly slowly he will pull you  
and bridge you to the universal

it is a very mysterious journey  
you are connecting to millions of souls  
who have all decided  
that they are willing to understand the truth of their being  
and they have entered the heartbeat of millions of seekers  
they are no more ordinary  
they may not realize it then  
it may take time for that realization to dawn upon them  
but in that moment of sannyas  
the master is watching  
the sky is open  
and the miracle is happening

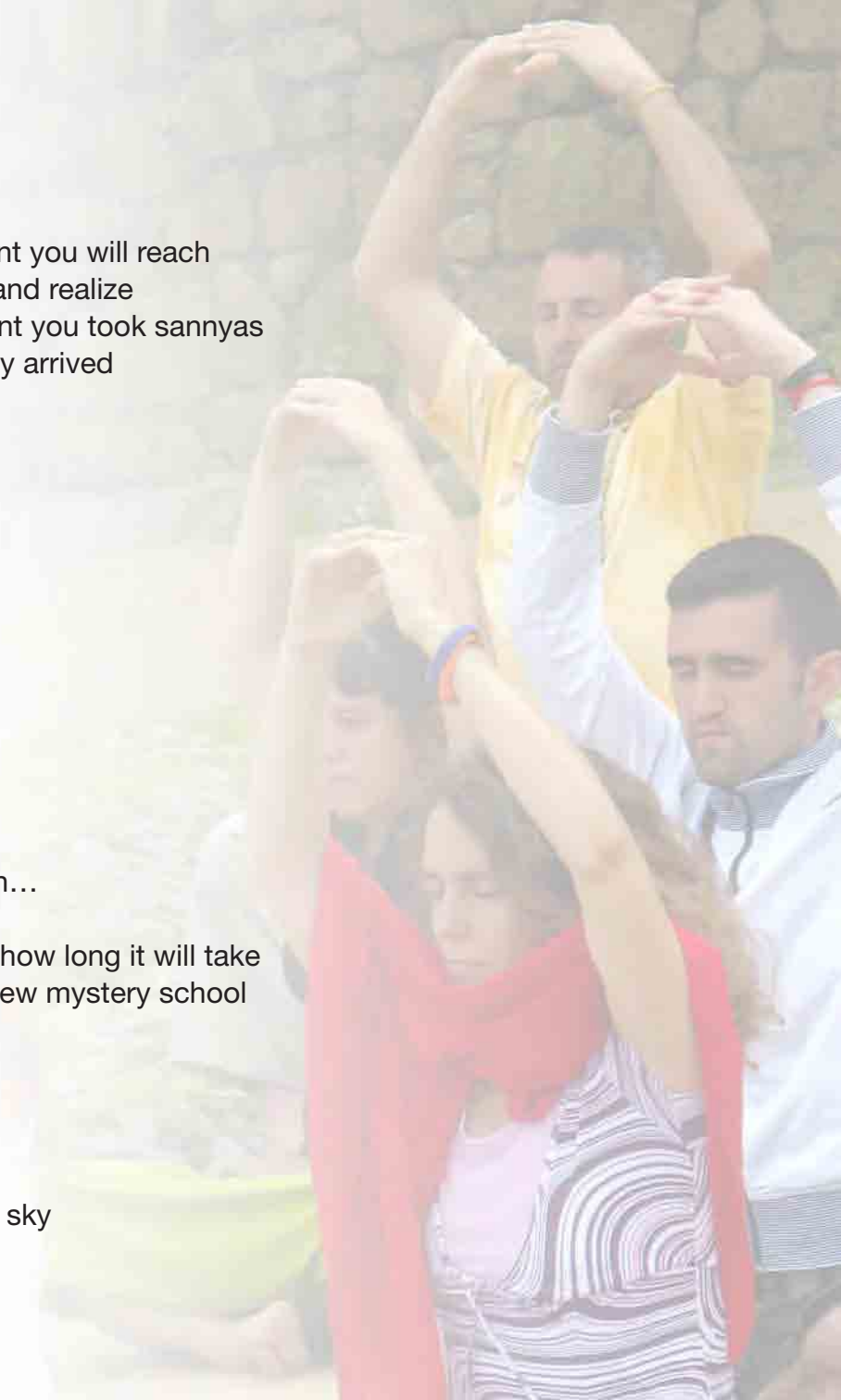
it has already happened  
faster than the speed of light  
you are already enlightened  
now you need to wait  
just wait for your rebirth

and the moment you will reach  
you will know and realize  
that the moment you took sannyas  
you had already arrived

when the disciple is ready  
the master appears  
he has always been there  
he has always been watching  
but you were not ready  
when the disciple is ready  
the master comes for you...

that is sannyas  
he is present...  
you are searching  
it is a mystery  
you need to dive in...  
and you will know  
it does not matter how long it will take  
now you are in a new mystery school

the master is a mother  
a big womb  
a big hara  
a vast ship floating in the sky  
you are one with it  
just waiting



remember one thing  
i do not give sannyas  
my hands are too small  
i simply watch the miracle  
i do not do anything  
you do not do anything  
you cannot receive it...  
it cannot be given to you...

the moment you will come home  
you will understand  
that you already had it  
all the master did is to help you disappear

so i do not give sannyas  
i do not give anything  
i have stopped giving...  
nothing to give  
nothing to receive  
strange ??

so do not think that i am giving sannyas tomorrow  
i only watch...in wonder  
this great happening of sannyas !  
we always celebrate  
those who know the secret  
they know

the mala is a chain...  
a big chain of love around your neck  
now start crying !

after that...this chain will be around your neck  
what to do...love is love  
the mala is a chain of love around your neck  
until you dissolve into it  
until your heart beats like one...  
and you are gone

anybody  
hmm...afraid ??  
only nartan ?  
be very afraid  
you are not afraid of sannyas ??

you are going to die  
better be afraid !  
fear is very good  
do not worry...but fear...yes...  
fear makes you alert  
danger awakens you  
be afraid !!

hahaha  
bhagwan is lsd  
osho is pure lsd  
pure...the best stuff

wait...wait...

you know all my secrets now...what can i do ?  
we are banditos !  
we just came from mexico...

you are the ultimate drug  
the ultimate ecstasy is you when you are total  
when you are total...samadhi enters into your being  
it is so intoxicating

that is why it can give you wings  
it is the ultimate drug  
it awakens you  
it shows you what is behind the wall  
and it is a psychedelic world  
this world of matter...and the world of light  
how they are dancing hand in hand together

through these eyes you can see the matter  
and with closed eyes...in this ecstatic state...everything is light  
everything is awakened  
it is the greatest dream awakening  
you can never go to sleep again  
the moment you will close your eyes the inner window opens  
just a psychedelic experience of light  
that is the lsd in you  
and that is the only contentment  
the only search

you need to find that inner drug...illumination  
and it is simple  
it is your very birthright  
existence has given it to you as a gift  
that is the search...the greatest search  
and this very simple ordinary finding  
makes you laugh...sing...dance...celebrate

have you seen children when they look ?  
their eyes are twinkling  
what are they seeing ?  
mind has not entered  
they are still looking at the light  
they are looking at everything in a psychedelic way  
they can see the feather like energies

the auras of trees and rocks and plants and the water  
this is exactly the drug you are searching for  
you are blessed

hmmm...  
enough for today  
take what you have and rest  
have a deep sleep  
let it enter deep in your sleep  
absorb  
sleep and be refreshed for tomorrow  
hmm...







spain  
san sebastian  
4 june 2010

this emptiness...this absence...  
is a vast pool of silence...presence...just a mirror...  
you come to a mystic to get a taste  
once you have the taste of looking in  
and if you have truly understood this simple clarity  
the miracle is everywhere...  
wherever you go you will see the same mirror  
this whole existence is a mirror  
the whole existence is mirroring truth  
this beautiful nature  
the trees...rivers...mountains...waterfalls...  
nature is a pure mirror  
totally uncorrupted and uncontaminated  
each leaf and each blade of grass  
is mirroring truth

except human ego...there is not a drop of lie in existence  
we are away from nature and not mirroring truth  
there is nothing ugly in existence...just naturalness  
the whole existence lives in harmony and flow...  
it simply mirrors existence and the truth  
you can see a waterfall...millions of drops of water cascading...  
you can see the ocean...millions and millions of waves of the ocean...  
all waving...flowing in a total natural state

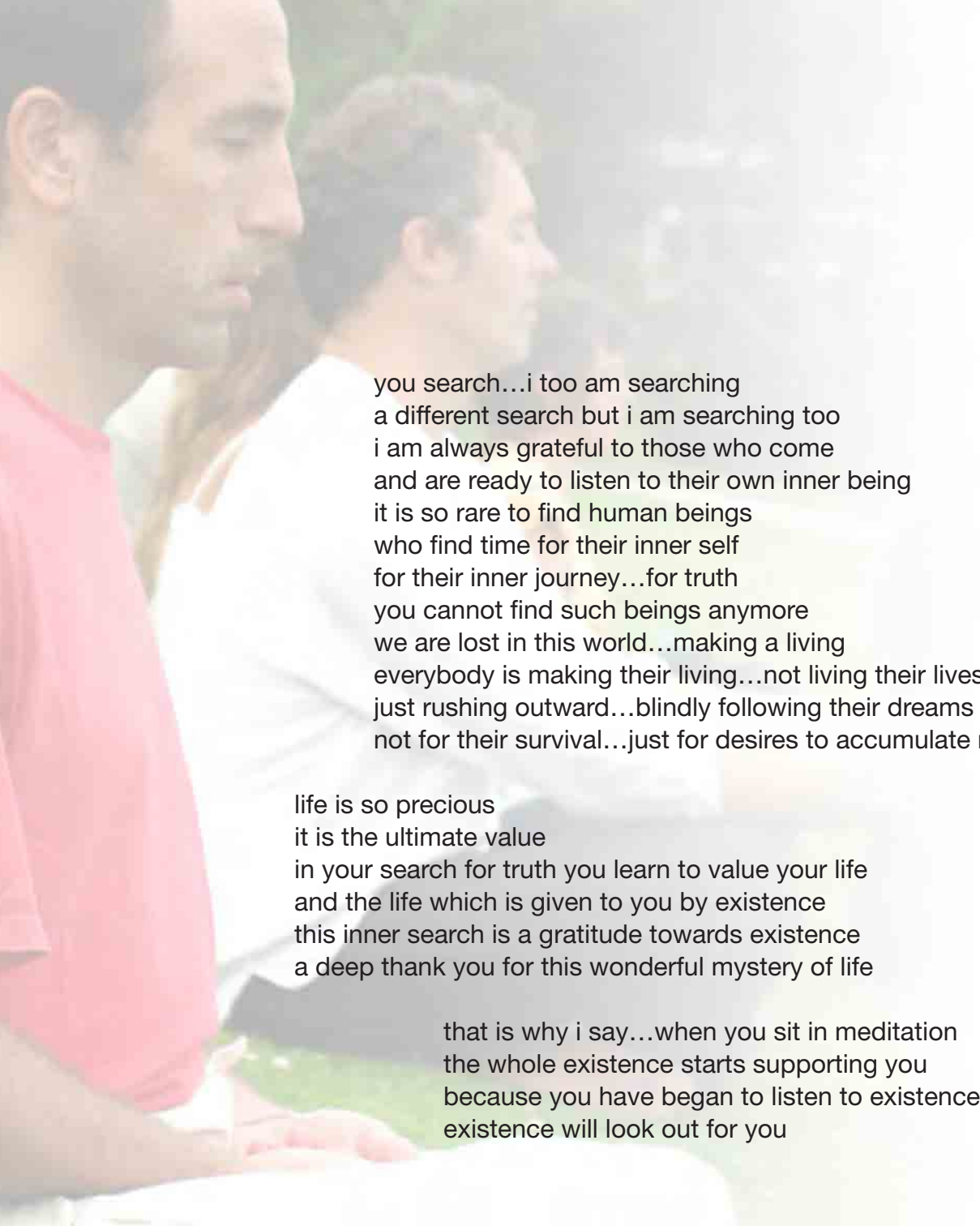
the sound of the each drop of the waterfall...pure truth  
not one drop fighting  
it is simply pouring...pure energy  
that is the mirror of truth...  
we miss because we do not know how to listen  
we do not know how to look  
we do not know how to feel  
the moment you understand this message  
this beautiful existence is reaching out to you

you will feel compassion for those who do not live naturally  
for millions of people who are suffering because they are living unnaturally  
not in harmony with themselves...with that that surrounds them  
the moment they will find that rhythm of truth  
they will understand the truth is everywhere  
and everything that they come across is a living master  
if you have the eye to see...feel...and understand  
truth is everywhere  
wherever you will go you will experience the same emptiness  
the same silence...the same showering  
the buddha is utterly ordinary  
pure ordinariness  
the awareness that everything is perfect  
and there is no more struggle to be special

just close your eyes...go into your heart  
and you will find it silently present  
go into your heart...find your own beauty  
if you can feel me herenow...why can you not feel yourself ?  
you are closer to yourself...i am still far away  
why not move within and ask this question  
by becoming the answer to yourself

i have searched the last twenty years for people  
who have the courage...the honesty...the simplicity  
and the beauty to move inwards  
i am only searching such people...that is why i am in such joy  
when i find people something awakens in me...i beginning to dance...

it is like walking in a desert and seeing only desert  
and then you find a beautiful oasis of beings searching within  
such a joy !  
we need to find such beautiful beings  
we need thousands of buddhas to share this love and this joy  
it is not about one person...it is about each one of us...  
people are very happy to meet me  
you cannot imagine how happy i am to meet people



you search...i too am searching  
a different search but i am searching too  
i am always grateful to those who come  
and are ready to listen to their own inner being  
it is so rare to find human beings  
who find time for their inner self  
for their inner journey...for truth  
you cannot find such beings anymore  
we are lost in this world...making a living  
everybody is making their living...not living their lives  
just rushing outward...blindly following their dreams and desires  
not for their survival...just for desires to accumulate more...

life is so precious  
it is the ultimate value  
in your search for truth you learn to value your life  
and the life which is given to you by existence  
this inner search is a gratitude towards existence  
a deep thank you for this wonderful mystery of life

that is why i say...when you sit in meditation  
the whole existence starts supporting you  
because you have began to listen to existence itself  
existence will look out for you

and whosoever has gone on the inner journey  
has never returned empty handed  
you always win...  
it may take time but you never lose  
and whatsoever you have to lose...you are going to lose it anyway  
what you can take with you is your love...your light...your compassion  
and that is the ultimate treasure...this is the path

**question** *could you specify a bit more how is the process  
to go up and up and up ?*

up and up and up and up !!!!  
let go...let go totally  
just let go and see where the energy takes you  
do not desire...higher and higher  
it will pull you higher and higher...  
just sit...be silent  
gather a pool of stillness  
deep and balanced  
a still...silent...pool of energy  
feel it in your heart  
feel it and start moving and dance  
let the heart guide you  
the heart will find the way  
it will find the way

you do not interfere...just go into dance  
totally...totally...totally...totally...  
just dance totally wherever you are  
it knows how to go higher  
and life moves in abundance  
the higher you go...the higher you go...the higher you go  
it finds the balance...it moves into balance...

it cannot go higher when it knows to the right it may fall  
it cannot go higher when it knows to the left it may fall  
it finds the balance  
it finds a way to move in balance and rhythm  
and something in you will guide you...  
    go totally into dance  
    you will be lost...completely gone  
    you will not be there to find where you are  
    when the whole body is in dance...you will disappear  
        that dance will remain and you will watch the miracle  
        you have reached the state beyond the mind  
        you cannot go beyond the mind with the mind  
        you can go beyond only when you are total and in let go  
        do not guide it...let it guide you  
        it knows...it is the master within you

do not try to find the master  
the master will find you when you are absent  
you move out of the way  
you find ways to get lost in anything that you do  
it can be swimming...it can be cooking...it can be cleaning the floor  
just be totally lost and absorbed in the act so there is no duality in you  
    just washing the floor...wash the floor totally  
    just brooming...brooming...you are not there  
    anything that you do...do it totally  
    with the totality of your heart and your being  
    body mind emotion...all oneness...  
    this totality makes you disappear  
        body mind emotion...action  
        this act is coming from such a totality  
        that nothing is left behind  
        then you are absent...totally present...  
        a state of grace flows through you

that is why living in zen...each and every act is meditative  
live meditatively and totally  
so you disappear within the act  
and the moment you disappear  
the whole space becomes one with you  
the whole power of this universe  
you can feel the pulsation  
you are not separate from the ocean of life

totality dissolves...makes you one  
in harmony with everything that surrounds you  
do not think how to raise higher  
see how to disappear  
do any act totally  
any small act...do it totally  
i always say that the greatest act is the smallest act  
just moving the hand can be so total  
and if you cannot be total while moving your hand  
what else can you do ?  
    begin by doing small acts totally  
    and it will spread as a way of life into your whole form  
    walking walk...sitting sit...eating eat...  
    and reduce all that work that you are doing mechanically unconsciously  
    your action is not total  
    half of it is complete...half of it is incomplete...that is called misery  
    any incomplete act is an accumulation of misery  
    of not having lived the full act  
    even if you are a simple farmer or a beggar on the road



just do what you are doing totally and there will be contentment  
anything...choose anything that you do everyday  
watch your simple action...see the source  
feel through the heart and simply do it  
right or wrong is not the question  
just simply follow it  
and you will be always right  
when you do not follow it...everything is wrong...

**question** *can i ask you a question ?  
i feel very tired...i have so much fighting with myself inside  
taking care of so many people and their troubles...*

take a holiday !  
you are always taking care of others  
of their problems...this people...that people  
when do you have time for yourself ?

now you come here  
and you see us all dancing and in celebration...such joy  
you can see the contrast even more  
if you were living in the world  
and just shopping and living day to day life  
you will not feel so much pain  
you will feel more pain than others because this is your work  
everyday you are seeing people  
and you wonder when will i live for myself ?  
you are going to be in deep misery  
the ones who own centres like this are in misery  
the doctor is always going to the patient  
and slowly slowly they become sick  
all doctors are sick  
all psychoanalysts are mad because that is their job

they need a holiday from psychoanalysis  
i have seen people giving massage totally sick and burnt out  
they absorb too much...they do not know when to stop  
people who run centres are the most miserable people

nobody is interested in truth  
people are interested in lies  
lies are a great consolation  
very comfortable  
it pays you...  
this society pays you to lie and remain silent  
everything is beautiful and correct  
they do not want to admit they have lived wrongly  
and they force their opinion on everybody  
you understand ?

truth has many enemies  
very strange !  
the moment they recognize truth they become your enemy  
very strange !!  
you think those enemies are misunderstanding you  
no...they have understood correctly  
that is why they become your enemy  
because to see a man of truth hurts them  
it is very painful  
because that man of truth reminds them of their lies  
he is not saying anything  
just his joy and his presence hurts you  
you feel like getting rid of that person

these enemies are afraid to open their hearts  
just to open their heart  
to bow down and surrender to love  
they think they become small  
how to bow down to love ?  
how to surrender to love ?  
love is so painful

you understand ?  
i am travelling the world  
very few people reach me  
most are afraid...most are bitter  
like enemies...spreading lies  
and i know why  
they need more love  
that is why they are afraid

truth has very few seekers...very rare people  
truth has few friends  
remember jesus and his six fishermen  
jesus had six fishermen  
and today the whole world is catholic  
where were they when he was there ?  
they crucified him !  
that is the reward of truth  
crucifixion...  
two nails and a wooden cross and that is the truth  
that is why i love jesus...he is authentic...  
more than my master osho with his rolls royces  
i like jesus and his cross...  
hmmm...sitting on his donkey  
ha ha ha...mmm...i love the donkey





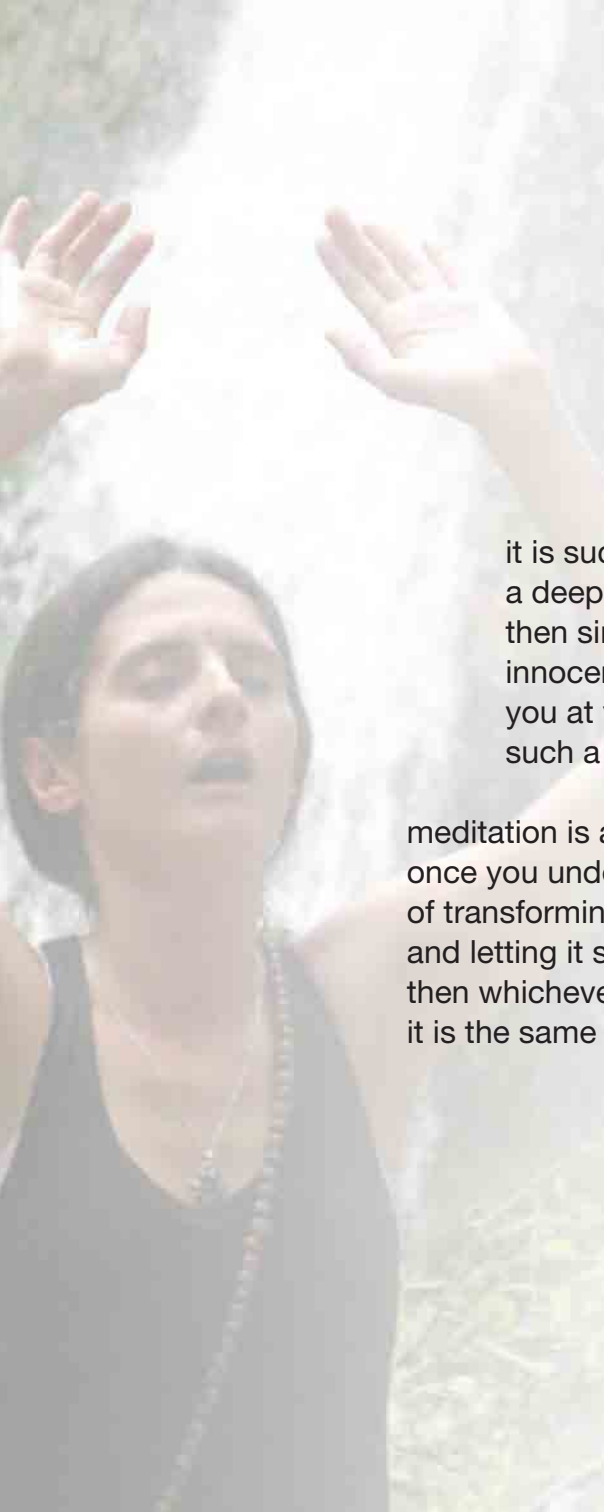
spain  
barcelona  
10 june 2010

this silence is alive  
how to deepen  
and dissolve into it ?

the whole process of meditation  
does not give you any answers...  
the only answers you receive is a deep silence  
in which all questions simply disappear

when you dive into this silence...  
the mind stops...you come to this state of stop...  
and you are totally alive  
this vertical stillness takes you higher and higher and higher  
and at the very peak you disappear  
and with that all your troubles...your mind and its conditioning  
everything simply disappears...

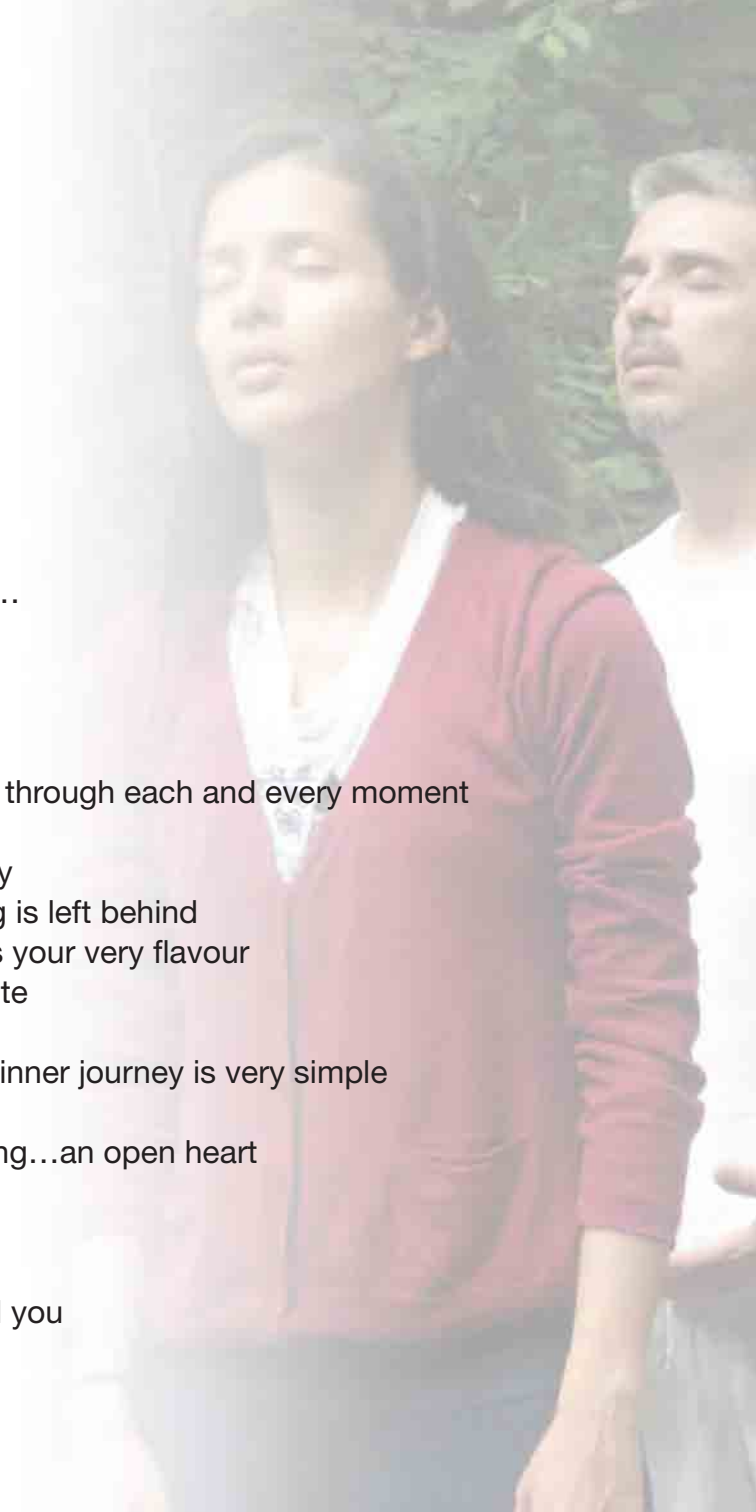
this is the whole process of the vertical journey  
how to move your inner states higher and higher within you  
till you come to the highest point in you  
that is the search  
it is not far away  
it is not somewhere else  
it is vertically within you...



how to find this balanced...peaked stillness ?  
how to allow this peaked balance to descend into you  
and settle layer by layer by layer...  
deeper deeper deeper...saturated...  
so you are filled with this silence  
it is from here to here and back again  
one side is achieving it  
the other is letting go and allowing it to enter within you  
it is such a simple innocent process  
a deep inner desire...it takes you higher and higher  
then simply be open...be receptive and drink the silence  
innocently...gratefully...you will be filled with it  
you at your peaked totality...is the master within you  
such a simple process

meditation is a very simple innocent journey  
once you understand the inner process  
of transforming your energy to the highest state  
and letting it settle  
then whichever meditation you do  
it is the same inner process

everything is within you and the deeper you go  
the deeper the stillness...the deeper the silence...  
everything explodes into this inner buzz of life  
om om om...  
it begins to radiate from your very center  
and reaches out to everybody around you  
you need to go deep within...  
it is so close to you...so deep within you...  
that searching outside is going far away

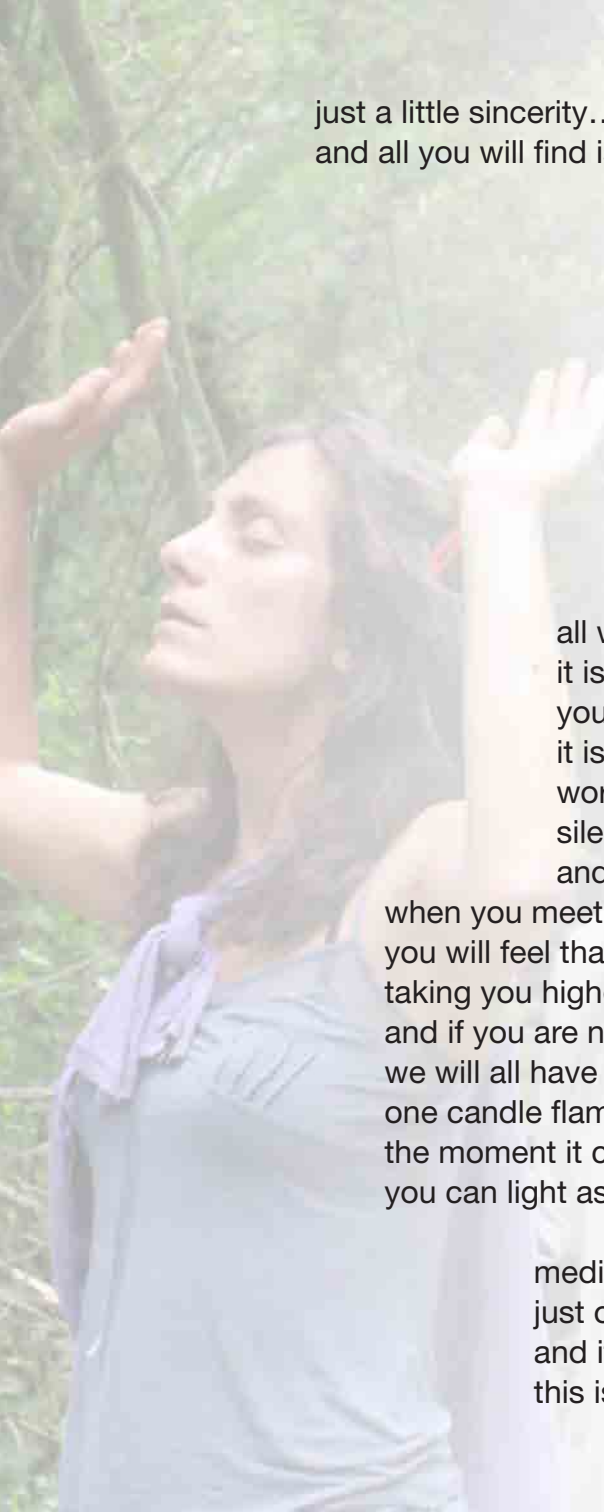


we have been speaking of inner trust  
total acceptance of your own self  
a deep trust in life that is present within you  
listen to life flowing within you  
listen deeply and it will show you the way  
you are the way...it is not outside you...  
and the deeper you fall in the inner world  
you will be totally lost...no way out...  
and slowly slowly you will find  
that you are so lost...that you have found it...  
you have drowned into it...  
the path itself has become the answer...

live meditatively...  
the inner path is created through each and every moment  
that you live totally  
these moments of totality  
dissolve you and nothing is left behind  
slowly slowly it becomes your very flavour  
it becomes your very taste  
you become the answer

please try to understand that the inner journey is very simple  
the closest word is innocence  
just a wondering eye...not knowing...an open heart  
trust existence  
it has given you life  
it will give you more  
it is abundantly flowing all around you  
listen deep within  
it is a simple knack





just a little sincerity...a deep thirst and an open heart  
and all you will find is a silent answer vibrating everywhere

are there any questions ?  
why you all sitting so far away...come closer  
why so far chinmayo ?  
this is better...come closer  
you can feel it stronger now  
i am not here to speak...i have nothing to say...  
i am here to create a buddhafield of energy  
and each one shares their light...  
and together we go higher and higher and higher

all words are simply meaningless  
it is an inner energetic experience  
you feel the ocean within you rise higher  
it is a living experience that transforms you  
words just inform the head  
silent vibrations feed the heart  
and a deeper silence nourishes the inner beam of light

when you meet a mystic do not go far away...come closer...  
you will feel that pool of energy  
taking you higher and higher and higher  
and if you are not divided...not separate...  
we will all have the same experience instantly  
one candle flame  
the moment it comes close to another it simply lights it  
you can light as many candles as you want with one single flame...


meditation is merging into oneness  
just oneness  
and it lifts you higher and higher  
this is the buddhafield

you are not only bodies  
you have an aura...you are a being  
and we are all sitting in one pool...one space...  
do not forget that pool...  
each person is contributing their uniqueness...  
their qualities...their thirst  
each person has such unique pattern of energies  
that collectively it becomes stronger  
that is why we have these small gatherings...

it is not to learn anything...  
you can read that in any book  
it is to be silent and experience the vibe  
that ecstasy that is floating in the air when you are at that peak  
so many people dancing...all your light is gathering together  
and taking everybody higher...  
this experience is the buddhafield

once you understand  
you know why you gather and meet mystics...  
you have to drink the source...drink from the depth  
deep within you is the same mystic sleeping  
somebody is more asleep...somebody a bit more awake  
and each one is leading and helping the other along the way  
everybody is a master sleeping  
there is no difference between you and me  
just a little bit more awake

and by coming close to somebody who has the inner experience  
just that very meeting awakens your hidden master  
any small experience can trigger it  
because it is so silent and innocent  
it is so invisibly present  
that that silent voice suddenly becomes awake  
it is like you are dreaming...



from a distance somebody says hello...wake up  
if you are silent and receptive you will hear the message  
but if you are running around...busy...thinking...not available  
even if somebody hits you on the head  
you will not hear the message  
you will simply be too busy and bypass it...

slow down...

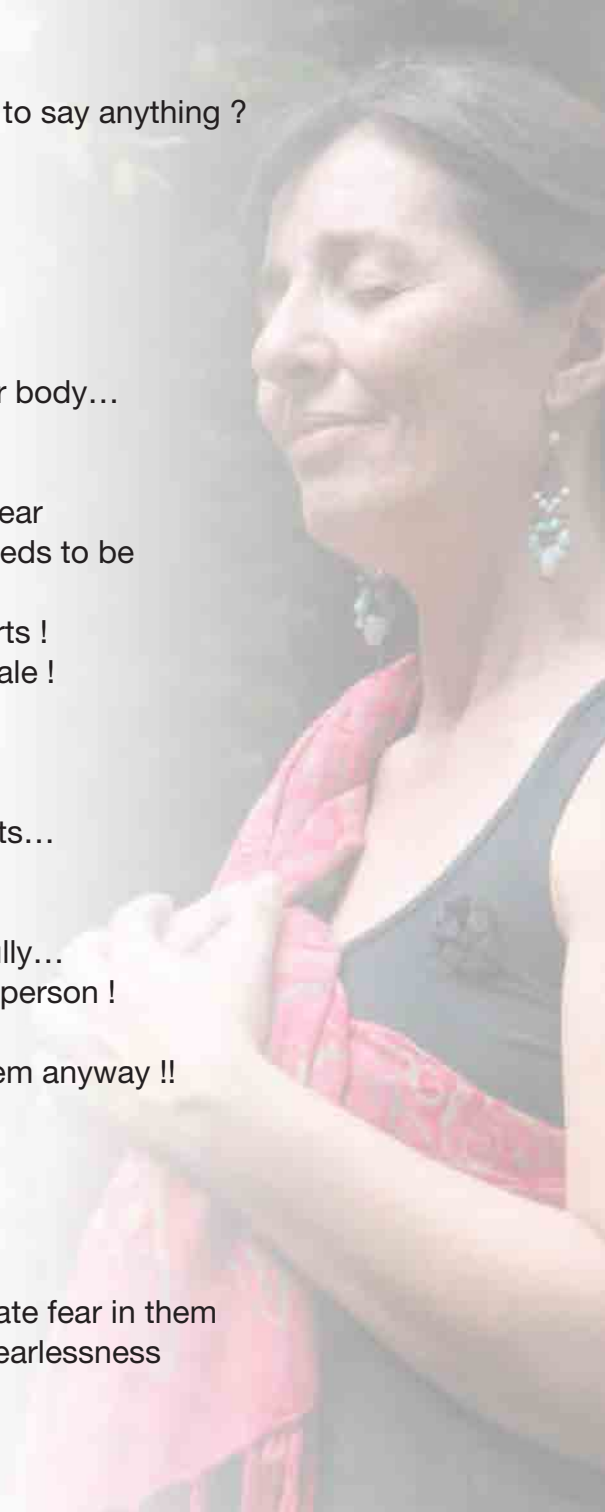
feel the silence...it is alive and living...  
and the moment you are listening and you feel that silence  
the one that is listening from within you  
is your master  
otherwise from where is this listening ?

the moment you feel the silence...it is you  
you are feeling yourself...  
you are beginning to recognize  
and awaken your own inner buddha  
just a little tuning in...a deep listening and there it is  
and then you lose it  
again you close your eyes and listen...and there it is  
it is present...become available to your inner truth  
and the moment you will become available  
slowly slowly it will expand  
be gentle with yourself  
trust that inner hearing

the mind will take you here...the mind will take you there  
others are there to take you everywhere  
your friends...your society...all pulling you...  
you are going mad...there is nothing but madness inside...

trust your inner voice  
that is a simple understanding for meditators

any questions or anybody wants to say anything ?  
you...rebecca ?  
welcome rebecca...



her parents will not allow her to go to india  
because they thought we will sell her body parts !!  
and now looking at you...may be they were right...  
they said...if you go to india they may sell parts of your body...  
your liver...your kidneys...and she looks so innocent !  
somebody is bound to sell her heart or her liver !!  
her parents will not allow her to go to india just out of fear  
something inside is telling her that this is where she needs to be  
so innocent...something catches her being...

she is worth more than her liver or other body parts !  
i would not sell her for a millions dollar...not for sale !  
how much you will get for a liver ?  
the whole person is far better !!

do not be afraid...we do not trade in body parts...  
we trade the whole person !!  
head to toe...no dissections...  
whoever comes to us...we take everything...fully...  
we are human traffickers...we steal the whole person !  
this society is working hard to create people  
we just dance sing and celebrate and steal them anyway !!  
no hard work...  
so simple  
just share your love  
and everybody is searching love

they keep creating children  
and feed them their misery and create fear in them  
we feed them our love and create fearlessness  
in a way they are helping us...

that is why we catch such people  
you can see...they are all here...  
and we accept all kinds of people  
even those who are not willing  
we catch them some way or another...  
and for those who are not willing to come...we send ravi  
they look at him and say...ok ok...i am coming...i come...  
wherever he is going he is catching someone...

just give them your love...  
accept them the way they are  
that is enough...

**question** *i came to try...because i never did any meditations  
is it possible to meditate without music ?*

everything is possible  
you are born for meditation...  
it is so natural in you  
very rare  
you are a rare person  
i have been watching you for a while  
such clean energy  
so balanced...incredible  
you are magical...  
i am saying what i see of you  
you have such a immense presence

very rare for a woman...very rare...  
that peak that you have present...you can see it...  
this is the ida...this is the pingula  
this channel is passing through the eye...to the crown...

when these two come to a peak it creates an opening in the third eye  
and the balance of these two...yin and yang...creates the sushumna  
these two balanced...is the third eye  
usually women are not so centered in the third eye...

so for you candlelight meditation and hypnosis is perfect  
you are perfect for candle light meditation...  
any meditation for the third eye  
like hypnosis...these are perfect spaces for you  
you have reached a higher state...rare...  
have you done candle light meditation ?

**questioner** *yes...i have been meditating with candle light  
i did vipassana and mahamudra with open eyes...*

it can support  
you should try to come for my vipassana event  
it will be totally different from what you have experienced  
vipassana can suit you...many possibilities for you

**question** *i have been working hard to transform myself...for 20 years...*

you misunderstand the word transformation as working on yourself  
transformation needs no work...  
change needs a lot of work...  
you want to be better  
you want to do this...  
you want to achieve something...  
you want to go to a higher level  
all this needs hard work and effort  
transformation simply needs let go  
it is an energetic phenomenon

an easy example...dance dance dance dance  
what work are you doing when you are dancing ?  
you do not need to work hard to dance...  
simply dance and go in the rhythm...go higher higher higher  
and you will find that ecstatic point...everything will stop  
just let it settle and drink it...drown into it...let go...

the higher energies filtering down transform the lower  
transform the lower...transform !  
transform...mutate...it is an energetic transformation  
you can dance...you can swim...  
anything you do that is a vertical movement  
that takes you higher and higher...  
and the second step is  
let go...accept...  
surrender and have a deep rest  
it needs no effort...  
it needs understanding

that is the difference between transformation and change  
just yesterday i was speaking against therapies  
these groups are about changing...  
being better...learning more...doing more...efforts to change...

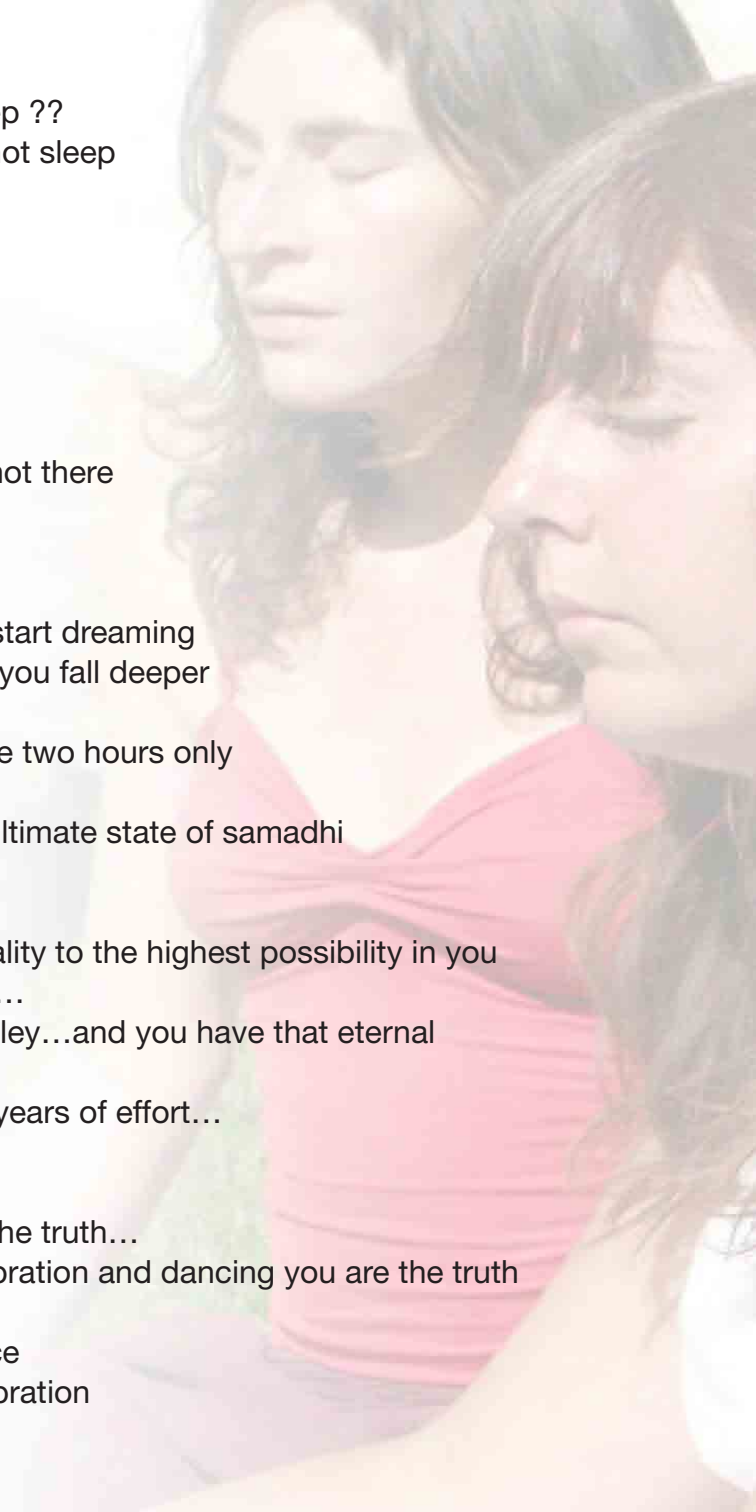
but it is not a learning process...it is an unlearning  
it is going deep within...into a relaxed state  
all information...all change is going to lead you nowhere  
it will take you away from your centre...  
away and away and further away...  
and you will feel everything is lost...  
exhausted...burnt out...

i do not know what methods of transformation you are using  
anything you try should have an energetic transformative element  
and how to let go...have a deep rest...absorb...

do you make great efforts to go to sleep ??  
if you make an effort to sleep you cannot sleep  
it is the same for meditation  
an effortless let go...

just imagine every night you say  
i am going to try very hard to go to sleep...  
but if you try hard you will never sleep...  
understand the mystery of sleep  
only when you are in total rest and you are not there  
you fall asleep...  
and falling asleep you reach a new world  
where the mind does not exist  
from the head you fall to the heart and you start dreaming  
slowly slowly you get tired of dreaming and you fall deeper  
you go into a dreamless sleep...  
that moment of dreamless sleep lasts maybe two hours only  
but it completely refreshes you  
if you can fall deeper...you will fall into the ultimate state of samadhi  
an astral state of rest

the other way is peaking in totality to the highest possibility in you  
and joining these two together...  
the high peak and the deep valley...and you have that eternal  
moment  
so do not try so hard...twenty years of effort...  
just relax !  
do not search for truth  
when you are relaxed you are the truth...  
when you are in bliss and celebration and dancing you are the truth  
do not search it...  
it is searching you in your dance  
it is searching you in your celebration







just relax accept dance and celebrate  
find any excuse to start dancing  
spreading your love and within love will be life itself  
and it transforms naturally...  
no effort

you are meeting the wrong people...therapists and teachers...  
they are trying hard to change you...

try to understand  
to transform yourself...just enjoy...enjoy yourself...  
i am sure that you are understanding what i am saying  
do not make any effort anymore...  
truth searches those who know how to celebrate  
who know how to love...who know how to dance  
just in your naturalness something will enter you  
and when it enters just feel grateful...feel its presence  
and drink it totally  
that transforms you

we are searching how to live our lives  
you are perfectly ok the way you are  
accept yourself...  
be soft...be gentle...do not fight yourself  
already something is happening to you

ok ?  
if you are searching truth make your life simple  
truth is simple...the world is complicated  
search for truth...make it simple...



spain  
sant cugat  
18 june 2010

a mystic creates a certain device  
to give you a taste...the state of nomind...  
how does it taste to drink from that state of nomind ?  
how does the universe feel when the mind has disappeared ?  
with all its chitter chatter and gibberish  
all its problems and miseries...  
all its dreams and desires...  
how does it feel to arrive to the state of nomind ?  
and how to get a glimpse of it ?  
what is the way ?  
how to reach inwards ?

this is a device...  
just sit silently  
create a pool of energetic silence...centre it...  
slowly slowly raise it higher and higher  
through a dance in totality  
so the whole inner being reaches upwards...  
and peaks to that orgasmic state within you

in that moment of totality  
mind disappears and you have touched the highest point in you  
you have transformed...vertically...energetically...  
and drunk from the beyond  
such a simple experiment

peak the energy to get higher and higher and higher  
come to the moment of complete stop  
and allow it to settle deeper and deeper  
drink it...drink it...drink it

drink this moment of stillness and deepen it  
it is a simple journey  
a mystic is one who does not tell you how to do it  
he creates a device...  
through his dance...through his peak...through his stillness...  
and the only way to drink it and have a taste  
is to dance and totally let go into it  
the window is not here...it is not there...  
it is vertically above you  
this is the path...higher and higher...

no need to look at me...i am not dancing...  
i am simply not here when I am dancing...  
so looking at me when i am dancing is absurd  
you are missing the dance !!  
close your eyes and disappear  
when a mystic is dancing the sky opens  
dance totally...let go...disappear and the sky can descend into you  
i am not just a dancer...i am spirit...a being filled with silence  
my dance is to awaken you...to trigger your totality  
i am not a dancer...i am creating a situation...an energetic situation...

i am not giving you new information  
many new people come  
and they do not know why we are dancing  
we are just dancing...nothing else to do...  
yes...we are mad dancers !  
this dance is our innocence...our ecstasy  
the whole sky descends and fills you with a new universe  
this is the device...

and there is nothing more  
if you cannot dance to that peaked state  
if you do not know how to drink the silence  
then you can keep reading books  
studying all kind of stupid teachers...reading thousands of books...

i have nothing to say  
whatever i have to say  
i can only convey it through my silence or dance  
and if you are open and total  
you will experience the same ecstasy  
that is descending  
i am nobody  
i am utterly lost  
just a hollow bamboo  
everything is simply floating downwards  
whatsoever i am receiving  
is spreading on its own  
i am not present

when you dance be totally lost  
no need to be here...  
it is a vertical inner journey  
this is the meaning of transformation  
using whatever you have within you...  
vertically upwards...towards transformation  
understand the inner process on how to transform its state  
how to excite the lower to the higher to the higher to the higher...  
and to the highest in you  
and let it dissolve you...

you do not need to change anything in you  
transformation is an inner vertical journey  
the highest in you will settle and settle and settle  
and will transform you...



whatever it needs to do it will do...  
you simply keep out of the way  
you do not do anything about it...please !  
you are already doing too many things  
that is why you miss this inner experience  
just get out of the way...be total...disappear  
and the master is present within you...

it is your light...your whole buddha nature  
it is vertically suspended above you  
why go on searching masters everywhere ?  
all you will meet are idiots who tell you what is wrong with you  
how to change yourself...how to behave in a better way...  
and how to do something to improve yourself...  
how to add more...how to subtract...  
how to accept that part of you and reject another part  
they tell you...do this group...do this therapy...work hard...  
because you are not good enough

i say that you are perfect...you could not be better...  
you are perfect in that peaked moment  
there is no other way...so simple  
i am surprised how people keep missing this simple message

everybody is asking you continuously to change  
parents...family...friends...neighbours...society...  
teachers...group leaders...therapists...masters...  
you slowly start thinking that the only way  
is to change yourself

but there comes a buddha  
who says...accept yourself totally and be yourself  
be utterly yourself...accept yourself totally  
what is he trying to convey to you ?

this is it...  
peak...stop...watch...drink...let it settle  
you do not need anything...this is transformation

the other word that is totally misunderstood and misused  
by the western world is awareness  
they think awareness is

i am becoming aware of the green house effect  
i am becoming aware of the deforestation  
i am becoming aware of the oil spill in the ocean  
i am becoming more aware of my neighbourhood

all kinds of things that they are becoming more aware of  
so they keep doing more groups and more therapies  
learning more...to become more aware of...  
because they have to become more aware  
they are becoming more and more aware of the world...  
what utter nonsense !!!

awareness has nothing to do with the idea of becoming more aware of...  
who asked you to gain more knowledge of what is happening around you ?  
you do not even know who you are  
and you are searching more information of what surrounds you...  
as if awareness is an object that you need to know


they even have a group called self awareness  
self awareness is stupidity...

when there is awareness...there is no self !!

what is awareness ?

it is a very simple inner light...a silent flame...  
when it reaches to the peak  
that flame of consciousness moving within you  
is the flame of awareness  
it is not aware of anything  
it does not know the other  
it is simply aware of awareness itself



A woman with long dark hair, wearing an orange tank top and a purple necklace, is meditating with her eyes closed and hands resting on her lap. In the background, a Buddha statue is visible, surrounded by white flowers.

awareness is a heightened state of consciousness  
a heightened peaked energetic state  
silently watching...  
nothing !!!

it is simply watching nothingness...  
whatsoever it shows becomes part of the mind  
and that is not the state of awareness  
you are becoming aware of the object  
you are the subjectivity itself  
you are awareness itself  
in its pure innocence and in its pure light  
innocently...not knowing anything...

it is like a flame  
the flame is light and it knows itself  
it may show you the objects in the darkness...  
but it does not know there is an object  
it is simply fulfilling its nature being a light...  
and that light in the dark  
is simply moving like a flame  
it does not become the object that it shows  
the furniture...the chair...your mind...  
it does not know it...  
it is oblivious to it  
it is simply living its inner nature of light  
the moment you become aware of something...  
it becomes part of the mind  
you lose the quality of witnessing  
you have lost awareness

it is like this joke...  
somebody went to the sun to complain...  
that all these dark shadows are coming to trouble me all the time  
my anger...my frustration...my jealousy...my greed...  
all these enemies are all around me all the time  
please come and help me...you are the sun....

the sun said ok...no problem...  
take me and show me all these shadows  
i will take care of them...  
so they take the sun  
but wherever the sun goes searching for the shadows...  
they disappear...wherever the sun goes there is no darkness...

the suns says...show me the darkness...  
they say it was here...just a few moments ago...it was here !!

this is your mind  
there is no mind...there is no darkness...  
just you do not know where the light is !  
it is an illusion !!  
everything that is dark within you...is just the absence of light

this is where the term awareness becomes meaningful...  
the sun is not doing anything special  
the sun is searching to find darkness  
it is looking for the shadows...for the darkness...  
but does not find it  
the sunlight is utterly innocent  
it is simply a natural radiation that is showing you things...  
it does not know anything like shadows or darkness...

this is the mystery of awareness  
awareness does not know anything...  
awareness knows nothing...but itself !!

that is why when you come across the taste of awareness  
you will come across a being who is totally innocent  
because that quality of awareness knows nothing  
it is simply complete within itself  
try to understand this phenomenon...  
awareness knows nothing at all...

so in the world when you go to all these awareness groups  
and awareness classes....becoming more aware of...  
it is utter rubbish...  
you are just filling your brain with more knowledge  
it has nothing to do with the state of awareness  
this is the greatest understanding given by buddha  
awareness...watchfulness...detached silence

now you can understand this word awareness  
it is not attached to anything  
it does not need to attach  
it does not need to detach  
these are too many jobs for it !

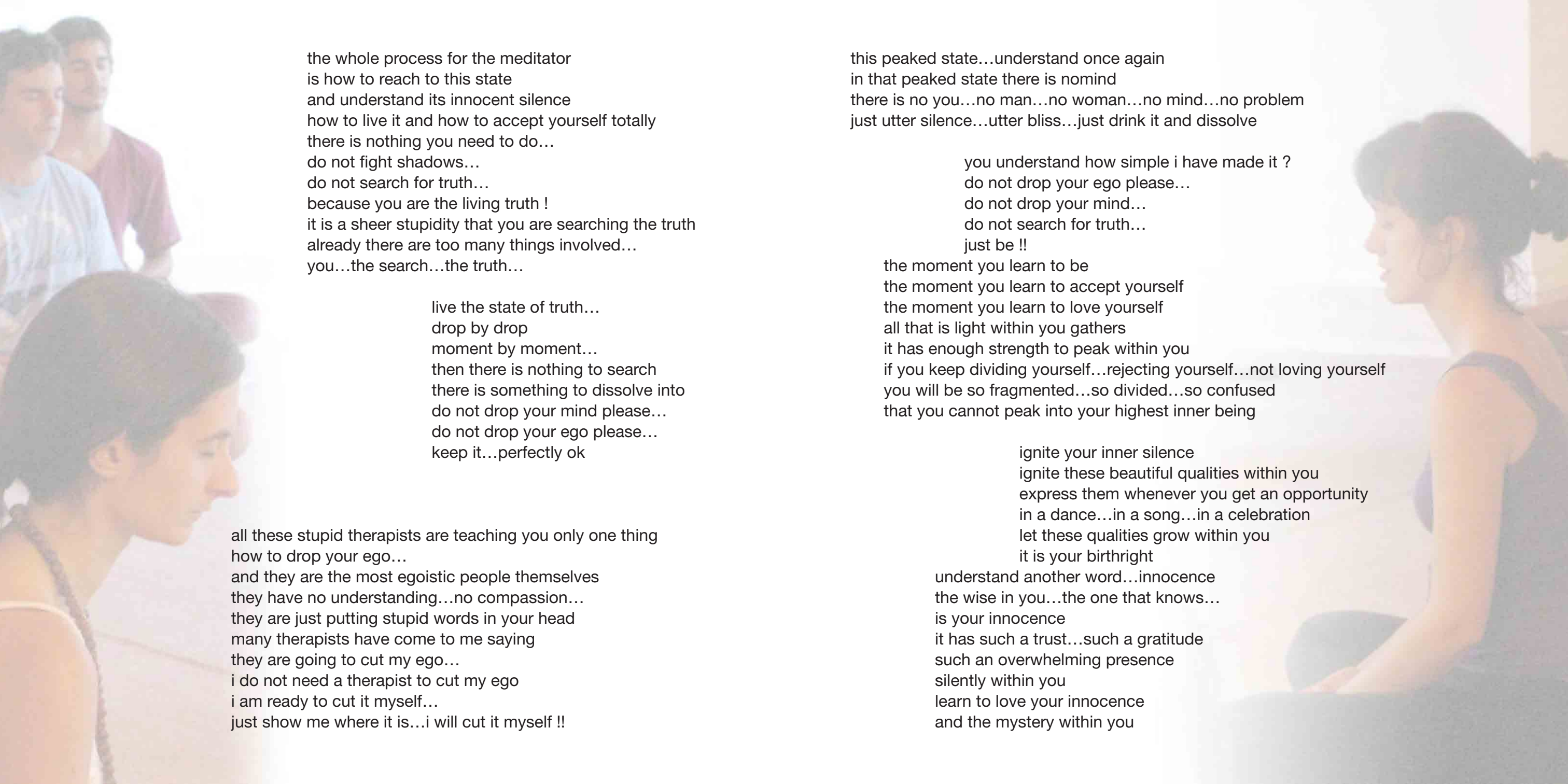
that is why i laugh at people who say...drop the mind...  
you do not need to drop anything  
do not drop your mind...  
your mind is like darkness  
just bring in the light !  
you do not need to drop anything...  
it is simply a shadow...it will disappear  
so you do not need to pick it and drop it...

all these idiots who say...drop your mind...  
are giving an unnecessary reality to the mind and its problems  
so you go and analyze your mind and you try to drop it  
it is a shadow...do not try to find it...  
people are so busy fighting shadows  
creating a reality out of a shadow...

they go to the psychoanalyst and therapist...to find shadows !  
and these so called therapists need a job...  
so they show you the shadows  
they tell you these shadows are real...it is your conditioning...  
they tell you...do family constellation groups  
this came from your grandfather...  
this is rooted in your childhood...  
your parents must have abused you...  
they give you a million and one reasons  
and the shadow is ignorant...waiting for some light...  
just creating realities out of nothing  
stupidity...do not fight shadows...

nobody has been psychoanalyzed ever  
and you can see all these great therapists  
they look more miserable than you  
after thirty years of therapy  
what have they have been doing for thirty years ?  
they missed the point...  
they missed the whole point !!

do not fight shadows  
understand how to slip out of the mind  
how to reach the state of nomind  
get utterly drunk and dissolve  
do not solve things...dissolve things...  
and they dissolve when you bring the simple taste of awareness  
a peaked heightened orgasmic state  
the moment it looks at something it disappears  
this is the state of nomind



the whole process for the meditator  
is how to reach to this state  
and understand its innocent silence  
how to live it and how to accept yourself totally  
there is nothing you need to do...  
do not fight shadows...  
do not search for truth...  
because you are the living truth !  
it is a sheer stupidity that you are searching the truth  
already there are too many things involved...  
you...the search...the truth...

live the state of truth...  
drop by drop  
moment by moment...  
then there is nothing to search  
there is something to dissolve into  
do not drop your mind please...  
do not drop your ego please...  
keep it...perfectly ok

all these stupid therapists are teaching you only one thing  
how to drop your ego...  
and they are the most egoistic people themselves  
they have no understanding...no compassion...  
they are just putting stupid words in your head  
many therapists have come to me saying  
they are going to cut my ego...  
i do not need a therapist to cut my ego  
i am ready to cut it myself...  
just show me where it is...i will cut it myself !!

this peaked state...understand once again  
in that peaked state there is no mind  
there is no you...no man...no woman...no mind...no problem  
just utter silence...utter bliss...just drink it and dissolve

you understand how simple i have made it ?  
do not drop your ego please...  
do not drop your mind...  
do not search for truth...  
just be !!

the moment you learn to be  
the moment you learn to accept yourself  
the moment you learn to love yourself  
all that is light within you gathers  
it has enough strength to peak within you  
if you keep dividing yourself...rejecting yourself...not loving yourself  
you will be so fragmented...so divided...so confused  
that you cannot peak into your highest inner being

ignite your inner silence  
ignite these beautiful qualities within you  
express them whenever you get an opportunity  
in a dance...in a song...in a celebration  
let these qualities grow within you  
it is your birthright

understand another word...innocence  
the wise in you...the one that knows...  
is your innocence  
it has such a trust...such a gratitude  
such an overwhelming presence  
silently within you  
learn to love your innocence  
and the mystery within you

innocence is truth itself  
it is the greatest quality you have within you  
on the inner search...  
on the mystical path...  
treasure your innocence !!

the ultimate truth will never be known  
you will be consumed by it  
you will be drowned into it  
and you will fall into the state of innocence  
just like a child...  
stop grabbing knowledge and information  
stop becoming more aware of things  
you do not need to add anything...

learn the art of disappearing  
and you are a buddha  
i tell you...  
you are a buddha in your peaked silent state

**question** *just listening to you since the last two years  
i get more and more informed about the world situation  
financially...environment...pollution of spaces  
and its unawareness...  
i see myself and i see people surrounding me  
we are doing tai chi and yoga but we are still polluting...  
we are travelling from one end to another  
we are not eating organic  
some people keep eating meat and fish  
is there any way to avoid it or just go inside ?  
is there an action that comes out of our awareness ?*

you see the word awareness is not correctly understood...  
you are becoming more concerned and you know more about the outer world  
the outer world is about knowledge and knowing things  
whatever it may be...destruction or creation...positive or negative...  
both are objectively outside  
find the core first  
search your inner subjectivity  
search the person who is concerned  
who are you ?  
that is the first search  
who am i ?  
before you go to help somebody  
at least you should know who you are

for example dolphins are being killed so you have become aware of it  
you must act consciously to save the dolphins  
but you cannot save yourself in the first place  
who is this person going to save the dolphins ?  
like mother theresa...she is going to save the orphans...  
but she could not save herself  
all outer actions come second...  
otherwise you will just become an activist and do all these outer things  
and ignore your inner being...

most activists are so miserable and lost within themselves  
they need to forget about their inner miseries  
so they go and help the dogs and the cats and the dolphins  
i am not saying it is wrong  
it has its place...its rightful place...and i totally agree  
but first become conscious about yourself  
and after that...all your actions will make sure  
that the poor dolphins are not killed  
you will not need to go to save them  
nobody will destroy them in the first place if they were conscious





so all these words and all this knowledge that you are gathering  
is from the outside world  
it is not awareness...  
it is not creating the state of awareness  
but giving you information about what is wrong with the world today

the very root of what is wrong...  
is the unconsciousness of human beings  
first comes consciousness....  
first you become conscious...

soon you will be gone and somebody else will come and kill the dolphins  
how many years will you fight for the dolphins  
and the ocean and the forests and the trees ?  
this has been going on for generations...  
but people are not becoming more conscious

to grow your inner sky is difficult and arduous...  
it is very easy to become an activist  
somebody is a politician...somebody is an activist...somebody is a pacifist  
all kind of ists running around and around...

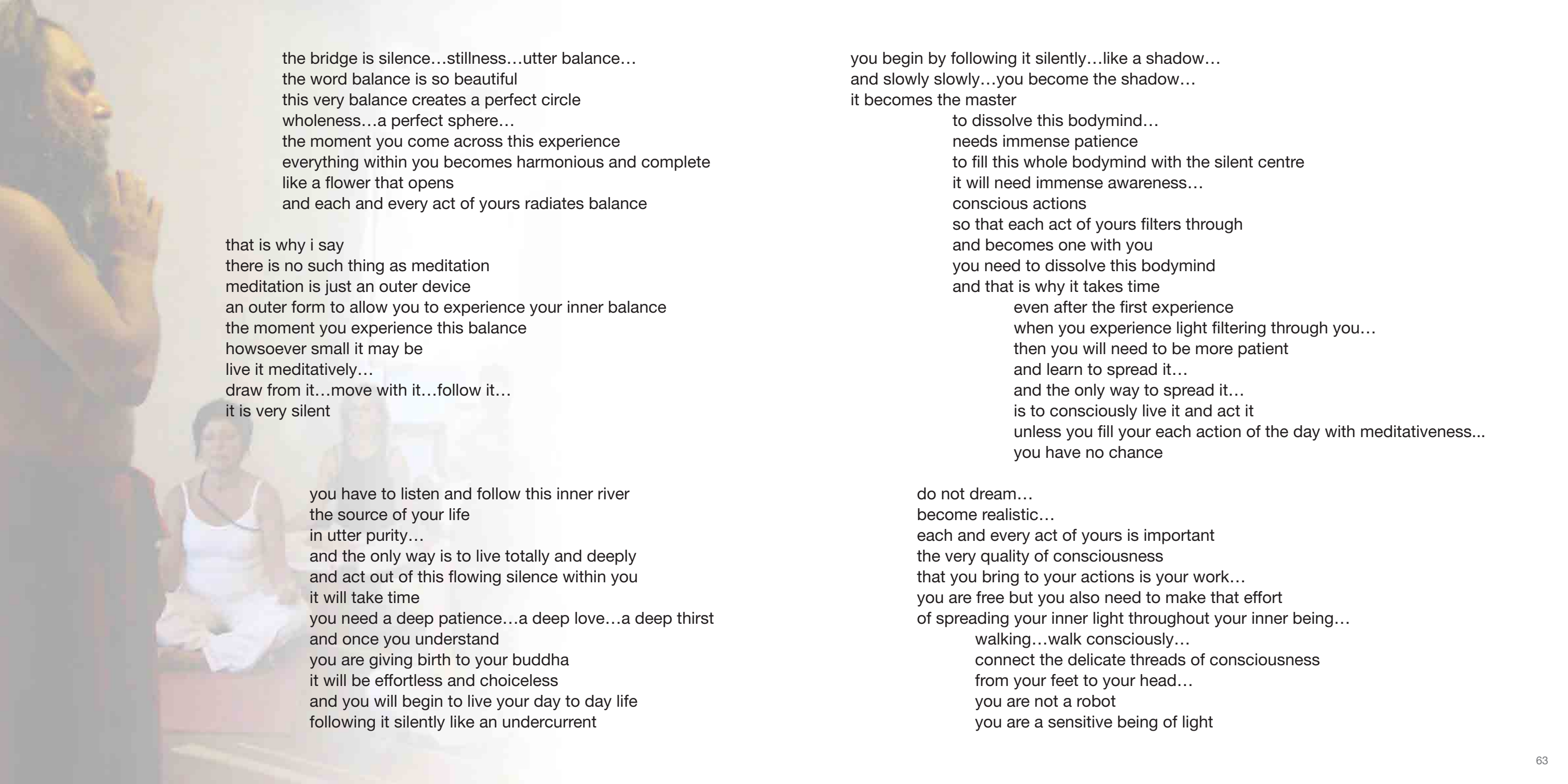


italy  
ancona  
25 june 2010

this weightlessness...this grace...  
comes from silence and stillness which is in deep harmony  
a deep inner balance  
the moment you come to this balance  
you reach the very centre...  
this vertical centre

buddha calls it the middle path  
this middle path transcends duality  
it is oneness...one...  
in the very centre  
weightless...graceful...silent  
you are transported to another world  
the world of grace...no gravity...  
that is your being

it is beyond this bodymind and its weight  
it is the weightlessness in you  
which can go beyond gravity...  
nothing can touch it...  
it simply remains watching silently  
like a cloud floating high above you...  
looking at the world below  
your sky  
a mirror...  
the pure witness



the bridge is silence...stillness...utter balance...  
the word balance is so beautiful  
this very balance creates a perfect circle  
wholeness...a perfect sphere...  
the moment you come across this experience  
everything within you becomes harmonious and complete  
like a flower that opens  
and each and every act of yours radiates balance

that is why i say  
there is no such thing as meditation  
meditation is just an outer device  
an outer form to allow you to experience your inner balance  
the moment you experience this balance  
howsoever small it may be  
live it meditatively...  
draw from it...move with it...follow it...  
it is very silent

you have to listen and follow this inner river  
the source of your life  
in utter purity...  
and the only way is to live totally and deeply  
and act out of this flowing silence within you  
it will take time  
you need a deep patience...a deep love...a deep thirst  
and once you understand  
you are giving birth to your buddha  
it will be effortless and choiceless  
and you will begin to live your day to day life  
following it silently like an undercurrent

you begin by following it silently...like a shadow...  
and slowly slowly...you become the shadow...  
it becomes the master

to dissolve this bodymind...  
needs immense patience  
to fill this whole bodymind with the silent centre  
it will need immense awareness...  
conscious actions  
so that each act of yours filters through  
and becomes one with you  
you need to dissolve this bodymind  
and that is why it takes time  
even after the first experience  
when you experience light filtering through you...  
then you will need to be more patient  
and learn to spread it...  
and the only way to spread it...  
is to consciously live it and act it  
unless you fill your each action of the day with meditateness...  
you have no chance

do not dream...  
become realistic...  
each and every act of yours is important  
the very quality of consciousness  
that you bring to your actions is your work...  
you are free but you also need to make that effort  
of spreading your inner light throughout your inner being...  
walking...walk consciously...  
connect the delicate threads of consciousness  
from your feet to your head...  
you are not a robot  
you are a sensitive being of light

from your feet to the head  
carry your temple with love...  
do not live mechanically  
the more mechanical you become  
the more you become dead  
live spontaneously and consciously...  
and make that inner effort  
to transform your actions into light

if you want your eternity  
it is up to you...  
you will need to earn it...  
you will need to earn it !  
it is your eternal treasure

how long can your body last ?  
fifty years...seventy years ?  
and the older you become  
these mechanical habits are so deep  
that you cannot move back in time  
today is the day...now is the time...  
start living consciously today  
there is no tomorrow  
tomorrow is death

each act of yours...  
move consciously from now on...  
and now is the moment  
if you can catch it now  
it will become your very flavour  
it will become your very taste  
and it will draw you...  
and bring light into your life...  
do not wait for tomorrow...  
tomorrow never comes

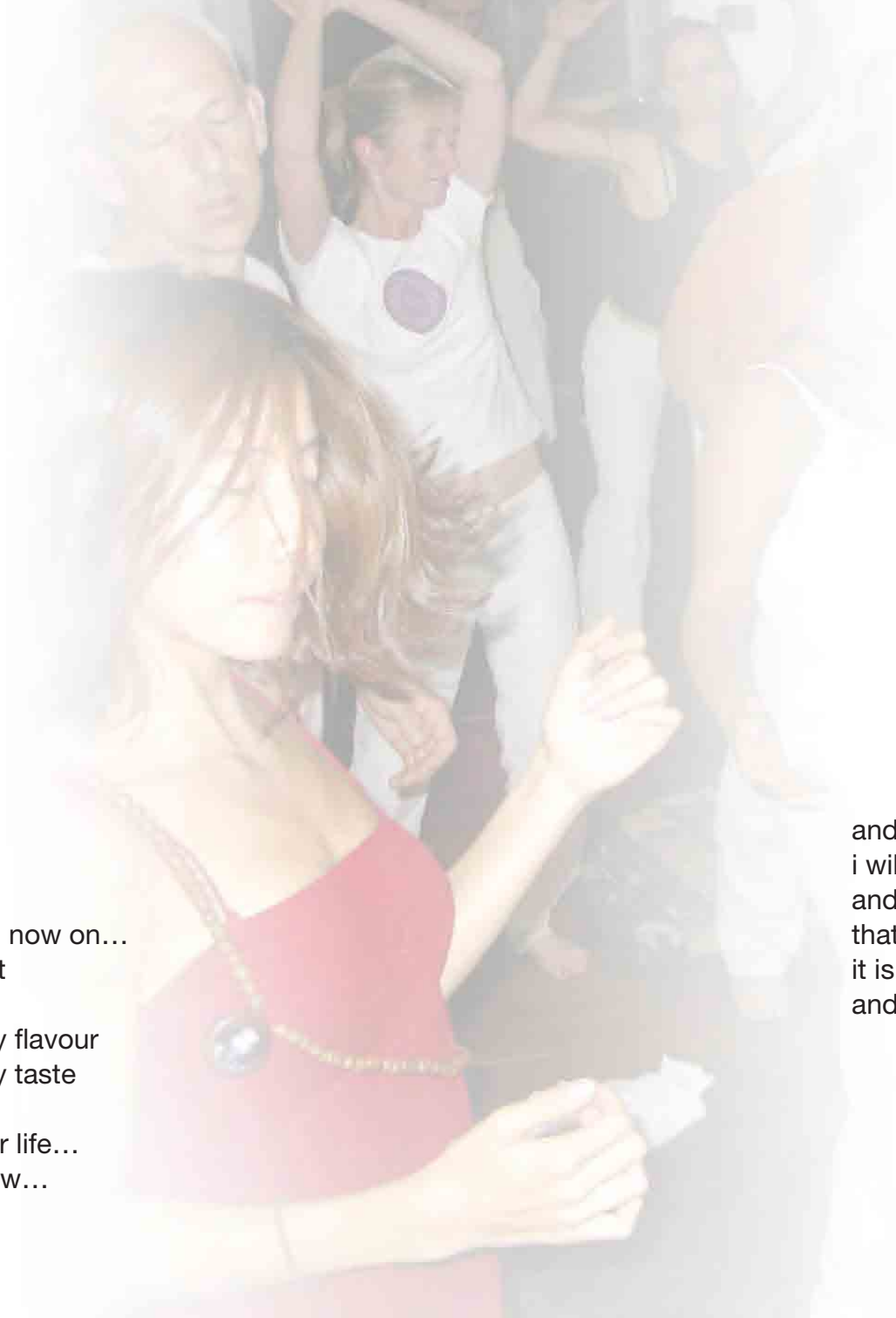
today i am here with you  
remember i am saying this  
you can come to me ten years later  
and ask me the same question  
and i will give you the same answer

it is up to you  
you need to understand this  
walk consciously...  
move your body consciously...  
use your hands gracefully...  
these are your hands  
be sensitive at least to your body  
love your body

fill it with light  
do not waste your life...  
life is so precious  
even you are here today  
listening to this message  
listen deeply...  
drink it

and let me see you again next time  
i will see your conscious act  
and i will know...  
that there is a illuminated being within you  
it is acting consciously  
and you deserve it

i watch people doing their meditations  
as soon as the meditation is over...  
they move around so mechanically  
i wonder why they did the meditation in the first place...  
if you cannot carry it with you





that failure will hurt you deeply...  
it is better not to try  
do not fail your inner being...  
fail the world  
you can be a failure in the outer world  
you have lost nothing

in your inner world  
deep sincerity and a little effort...  
do not fail to listen to your inner being...  
when you will fall...  
that is all that will remain with you  
carry your light...  
do not leave it behind  
carry it with you...

if there are any questions  
or anybody wants to say something welcome...

**question** *i have no question...  
i want to say something  
which i feel is true for me...  
what i am trying to do with success ?*

success ?!  
a joke for you...  
the only way to succeed is to fail  
you can never succeed...

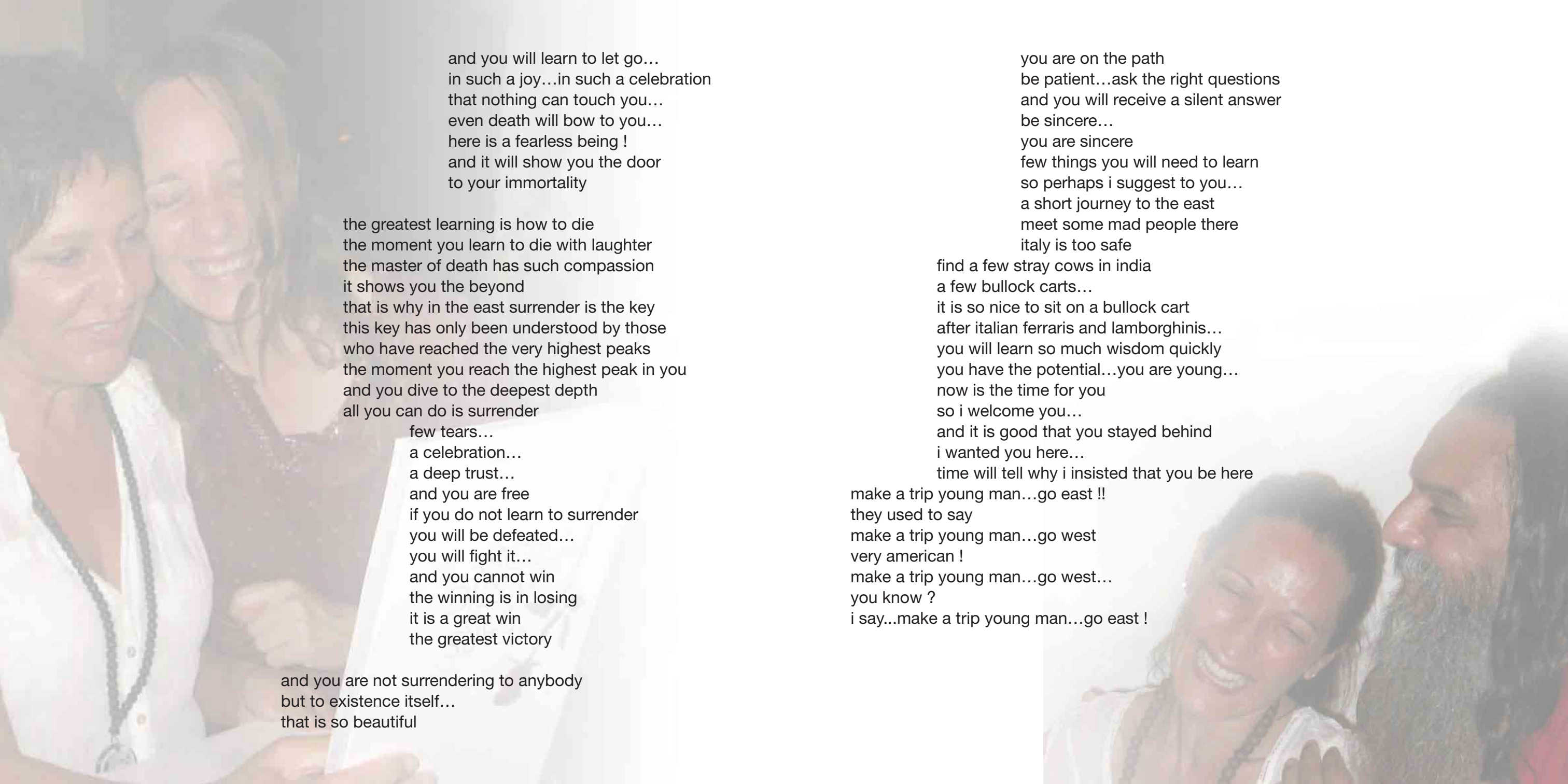
on the inner journey success is impossible  
you can only lose totally  
what success will you achieve in becoming natural ?

it is not a success  
it is simply dissolving  
this word is very dangerous  
mind wants to succeed  
you cannot accept failure  
failure...the mind recognizes as failure

**questioner** *it is not true for me...*

i know when you will lose...  
i will see a loser sitting in front of me  
i can see losers very easily...  
you will look like me...stupid !  
you do not look so stupid yet  
you look too intelligent  
too much...all together  
i am all over the place...  
you have not lost yet  
and that grace is in losing...  
it only comes when you lose  
and when you lose  
you accept it so totally  
that life is so vast  
what are you going to fight with ?  
that losing is such a surrender  
you automatically become weightless  
and start flying...

it creates a new being out of you  
that is why only the warriors know how to surrender  
and a defeated warrior is an emperor  
because you are going to be defeated in love  
this universe is going to swallow you



and you will learn to let go...  
in such a joy...in such a celebration  
that nothing can touch you...  
even death will bow to you...  
here is a fearless being !  
and it will show you the door  
to your immortality

the greatest learning is how to die  
the moment you learn to die with laughter  
the master of death has such compassion  
it shows you the beyond  
that is why in the east surrender is the key  
this key has only been understood by those  
who have reached the very highest peaks  
the moment you reach the highest peak in you  
and you dive to the deepest depth  
all you can do is surrender

few tears...  
a celebration...  
a deep trust...  
and you are free  
if you do not learn to surrender  
you will be defeated...  
you will fight it...  
and you cannot win  
the winning is in losing  
it is a great win  
the greatest victory

and you are not surrendering to anybody  
but to existence itself...  
that is so beautiful

you are on the path  
be patient...ask the right questions  
and you will receive a silent answer  
be sincere...  
you are sincere  
few things you will need to learn  
so perhaps i suggest to you...  
a short journey to the east  
meet some mad people there  
italy is too safe

find a few stray cows in india  
a few bullock carts...  
it is so nice to sit on a bullock cart  
after italian ferraris and lamborghinis...  
you will learn so much wisdom quickly  
you have the potential...you are young...  
now is the time for you  
so i welcome you...  
and it is good that you stayed behind  
i wanted you here...

time will tell why i insisted that you be here  
make a trip young man...go east !!  
they used to say  
make a trip young man...go west  
very american !  
make a trip young man...go west...  
you know ?  
i say...make a trip young man...go east !

**question** *i want to know more about surrender*

you want to know about surrender  
just cut off your head...  
live without you head  
live with your heart  
and the day you recognize truth  
take it and throw it  
at the feet of truth  
and you have arrived...  
carry a sword with you !

all the samurais carry a sword  
in the right moment  
they use it to cut their own head  
that is why they carry the sword...

when you meet the buddha on the way  
they say...cut off the head of the buddha  
but i say...cut your own head !  
your head cannot get you there...  
it is too far from your being  
the heart can understand...  
the pulse of love

so cut your head...  
you have already surrendered  
and take your heart...  
offer it at the feet of a master...  
and these masters are pure love  
they will show you your true original face

**questioner** *i agree...*

do not agree so quickly !

just wait...  
when the pain will come...then !  
it is a painful journey

today he says i agree...  
but when the head will be cut  
it will be so painful !  
then we will see  
whether you agree or not...  
right now everything is sweet and sugar  
ok....ok...you are accepted !!!

**question** *i feel that my truth and my path is mine*

sounds very nice...  
there is no...my truth  
there is no...my path  
there is no...my heart

when the heart is open it is one with everybody  
truth is universal...  
you do not have a path  
you are the universe !!  
your heart has become the other  
you lose your heart also  
so forget your heart...live with an open heart

everybodys path is yours  
there is no my path  
it has happened in the osho movement  
they are saying...this is my truth  
i am living my truth...  
as if truth has becomes theirs  
i am living my truth  
i am living my path

they have completely misunderstood...  
there is no my path and no my truth  
how can it be yours ?  
you are just a dewdrop in the ocean  
so language is very important  
you are defining your understanding...  
you are expressing that inexpressible  
and you are saying my heart and my path

be alert  
not only in words  
because it shows and reveals  
that the taste has not happened  
and when it has not happened  
keep an open space...  
keep open and available  
it can happen...  
do not decide any time that now i know  
it will destroy you

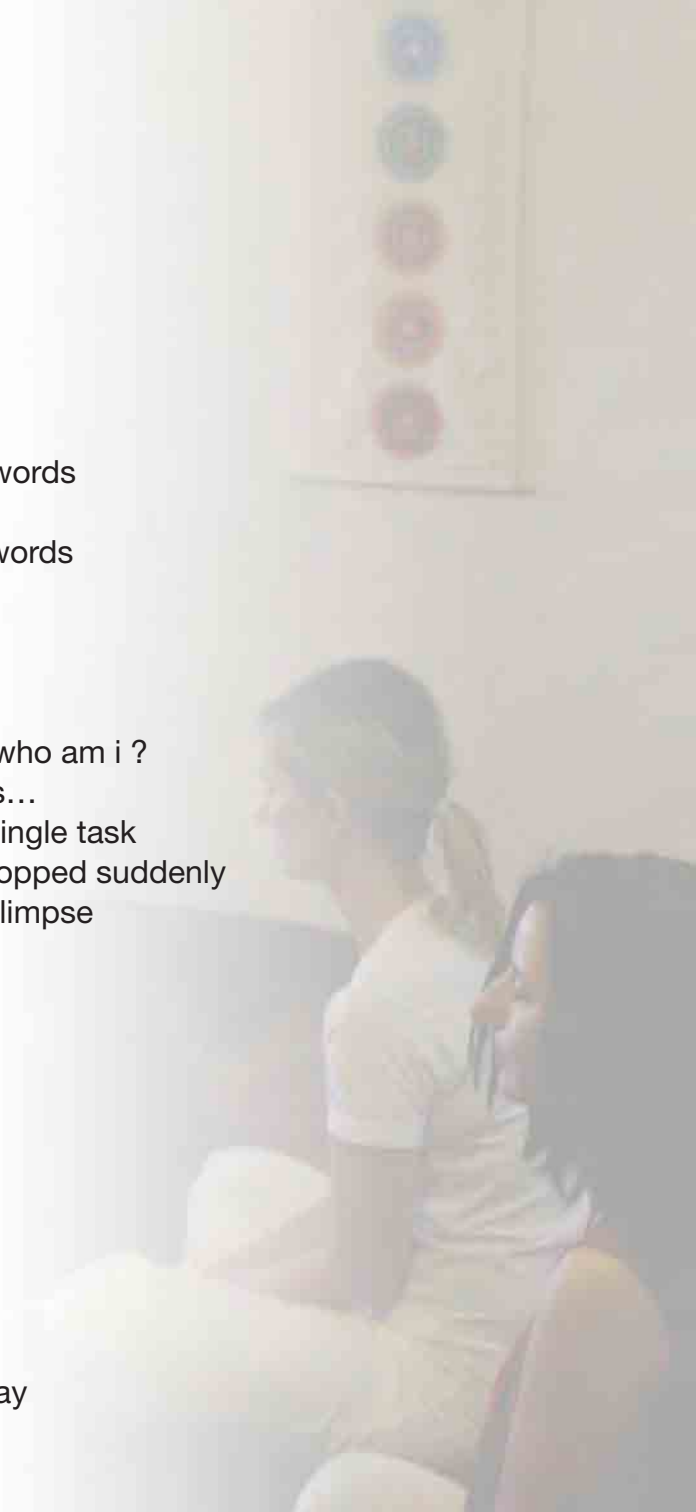
i am just helping you  
you are young  
and you seem wise too...  
i am offering you wisdom  
and you can absorb it...that is your beauty...  
you are capable and intelligent enough to see the difference  
that in itself is unique  
you have the qualities  
you are keen...you are alert...

words are important  
they mean much and they mean nothing in itself  
one who has experienced will simply shift the emphasis  
just a slight emphasis and something triggers in you...  
you have to be very alert  
it can open your inner understanding...

it has happened many times before  
a person is waiting right on the edge  
just a single word from a master...  
suddenly out of the blue...  
and the mind disappears  
just that shift...

that is why masters have used koans  
they use simple words  
two words...three words...  
and you keep looking at those three words  
it is like a mantra...who am i ?  
you are just focusing on these three words  
and when the moment is right  
the master will show you  
who you are...suddenly !  
just a single word...  
and all that you have been thinking...who am i ?  
simply disappears and the wall opens...  
the koan method pinpoints you to a single task  
so that the mind can be shocked...stopped suddenly  
when you are ready you can have a glimpse

words are important  
because today at this speed  
internet age...continuously chatting...  
blah blah blah blah...blogging...  
people are so lost in the world of words  
they are not living those words authentically  
they are borrowing words of wisdom  
and throwing them here and there  
it has become a fashion...  
people are speaking so much  
they are not living even a fraction of what they say





this is the calamity of spoken words  
there is no living message behind it  
the pulse of truth is missing...  
and you can see osho words today  
six hundred books...but the pulse is missing  
the being who created that space  
is no more physically here  
so the words have just become mere words  
and his words are so refined...  
oshos words are so refined...  
that to cut it finer has become impossible

osho spoke on hinduism...buddhism...christianity...  
on all the religions  
and he refined it with his intelligence through words  
so the whole world has his books...  
and they are reading osho words  
and they are falling asleep

how to bring back the fire  
and not merely like a parrot repeating his words ?  
how to bring truth back without using his words  
and refining it once again  
so that the message comes through ?  
it is a very difficult task...  
it is like cutting a diamond  
all those facets have been cut before...  
they have been cut in every shape  
now you have to destroy the diamond and start again !!  
it has happened to the osho movement  
truth has disappeared  
only dead words are remaining  
and people are using them like postcards  
nice words...they fit anywhere...

any part you like...you take it  
any part you do not like...you cut it...  
there is nobody there to tell you otherwise  
so you edit...cut...slice...produce nice posters...  
this is the danger  
be alert  
you are alert  
i wait for you...ok ?

**question** *i watch you...i see you  
inside you your face changes...*

for better or for worse ?!!

**questioner** *it just changes...*

beautiful...go deeper...you will see a ghost !  
i do not want to tell you who the ghost is...  
i am not going to tell you  
who is the innermost face of mine...

a disciple is always carrying the face of his master  
each disciple is known by the mother  
being in the womb of the master so long  
something from him will be your innermost face  
when you love a master deeply  
you are carrying every single vibe of his within you  
and you disappear so deeply...  
that the face that comes out  
is not yours...but his...  
that is the real revolution of love  
when the disciple disappears utterly into his master  
the face becomes the masters face...

it is like doing pottery...inside there is emptiness...  
and you fill your inner sky of emptiness with your master  
you slowly slowly fall in love with your master  
and this outer layer of clay slowly slowly starts reflecting the master  
really speaking...the moment you become enlightened...  
you will look like your master  
because you lived in his womb so long

he has given birth to me  
so look deeply and you will see that i am not here  
and what is present is the masters compassion...  
so you can guess...who i am...  
or rather guess...who i am not...

keep looking...you will understand  
this is interesting...is it not ?  
i think i have revealed too many secrets today...

sannyas is the greatest gift given to us by osho  
the moment you decide enough is enough  
you heard about it...you have read about it...  
now it is time to live it...  
time to dance your buddha  
that is the greatest moment in your life  
    this decision of sannyas if taken deeply  
    transforms you instantly...  
    by receiving sannyas the master looks at you  
    and takes you into his being  
    and you can just relax and float  
    and wait for your rebirth...

now for those few people who want to be reborn again  
some music and dance !





italy  
ancona  
26 june 2010

the inner journey is a simple vertical movement of your energy  
you create a pool of silence...  
then slowly slowly you lift it  
higher higher higher till you come to that stop  
that orgasmic silence  
you are perfect !  
the state of nomind is the master  
no man...no woman...  
no this...no that...  
no worries...nothing...

that moment is what you are searching for  
that is why in every meeting we create a peak...  
a dance...so you come to that peaked moment  
then you drink it...drink it...drink it  
you let it settle deep within your being  
this is the only journey...  
drink it deeper and deeper and deeper  
nothing more...  
vertical energetic transformation

how to reach to the state of nomind ?  
where is that state of nomind ?  
in your peaked moment you are it...  
that is the search !  
how to disappear into this point  
nothing more...a simple journey

this is the difference between change and transformation  
transformation needs nothing from the outside  
it is an inner energetic upwards movement...  
and that silence descending into you transforms you  
you understand how simple this message is ?

you do not need to be more  
you do not need to become more  
you do not need to make a effort outside  
it is all an inner vertical state  
whenever you reach that moment  
everything is silent...  
no effort  
no watching  
no watching the mind

just pure watchfulness....

do not understand ??  
it is meaningless whatever i am saying  
but what i am conveying to you...you can feel it...  
do not understand the words  
words are just barriers  
feel this moment...each moment...

one movement  
one drop  
one drop  
one drop  
movement to movement to movement to movement  
deeper deeper deeper deeper deeper  
higher higher higher higher higher  
stop  
disappear

first understand the inner message  
and then the words...gibber gibber gibber gibber gibber  
just understand...see...

enlightenment is that one moment  
and one moment is enough...  
you do not need to search a constant state  
you are enlightened in that one moment  
if you can drink one drop...  
you know the taste of the ocean  
that is enough  
drink the drop  
drink it totally  
and it will prepare you for the next moment  
and again you will learn to absorb...the next moment...  
drink it totally...totality is here...this way...vertically...  
all meditation is showing you is how to be total...  
this vertical way

when you peak...peak totally  
when you drink...drink totally  
this is the path  
and slowly the path...  
becomes wider and wider and wider  
and you are no more  
you have become the path itself...  
you have drowned into the path...  
you are no more...  
you are the path...  
you are the goal...  
you are the answer...  
you do not receive any answer  
the answer dissolves you...





靈氣

drinking this moment totally  
you become the answer  
even for one moment...it is enough

you have known your master  
you have known that moment...that is enough  
you understand what means vertical transformation

each time learn to drink deeper...  
this moment becomes deeper  
and the deeper you drink  
the next moment allows you to celebrate  
the state of nomind

whenever you hear people say  
drop your mind...drop your ego...  
do not drop anything...  
when you are in that moment of nomind  
who is there to drop anything ?  
too much effort...watching the mind...  
dropping the mind...dropping the ego  
too much effort !!!

this is the work of therapy and therapists  
drop your mind...drop your ego...  
do not drop anything !!  
just understand this simple state  
and how to reach there

you are wasting your time  
analyzing...criticizing...judging...labelling  
this is not good...that is good...i do not like this...i like that...  
everything is perfect  
you are perfect...  
just understand how to reach that perfect moment

and slowly slowly its light will fill you and transform you  
nothing is imperfect...it just needs light  
bring in the light...  
it will come with silence and a deep contentment

**question** *usually i do not have headache but now i have a headache  
i do not understand what it is...it is a kind of pressure that i cannot let go off*

very good !  
when your inner starts opening  
it creates a certain grip  
a big headache...specially in the crown  
in the third eye...a pulsation...

something is creating pressure in you  
this is the experience of kundalini  
when the gravity around the body reduces  
something from within you releases...  
and that hits the crown centre  
and you feel the pressure  
it is the kundalini experience...continue !

pressure in a small space is too much energy  
you will feel the pressure  
slowly slowly it will create a space in you  
and that pressure...your headache...will slowly become pleasure...  
all meditators have headaches...  
headache is energy in the crown pushing from inside

i will explain it like this...  
this is my finger  
when i press it i feel pain  
too much energy too less space  
release it...it flows...there is pleasure

too much energy confined in a small space is pain  
release is pleasure...  
and then again there is pain  
and then again pleasure...  
pain pleasure...pain pleasure...pain pleasure...  
this keeps making the space grow bigger and bigger  
you understand ?

it is growth...

if pain gets too much just tie your head...

cover your head...

the head is a circle

the energy will go back into the body

there are different kinds of silence

one silence makes you heavier and sad

it takes you lower...

and one silence lifts you higher and higher

this silence is your vibration going vertical

because you have peaked

the state of energy is so peaked

it is like standing waves

it lifts you higher...

it is a living silence

and it makes you alive

it pulls you upwards...

you feel the pull upwards

it is the buddhfield

it is difficult for me to speak anything sensible

it is very difficult for me to speak

and with translation it is even more complicated...

so many years i have been sitting in silence in the mountains

it is difficult to bring words

and to create silence while speaking

if i speak to you

and you start thinking what i am saying

you have lost the meaning

whatsoever i am saying is so meaningless

such rubbish

but if you are just silent and you watch

something is moving silently

you can see the state of stillness...of awareness...

being reflected in the movements

by watching this state you can catch it

it is like tai chi...

when the master is moving slowly...

just by watching...something within you connects...

you connect from being to being

and you feel the inner movement...

because you are not sitting there

and i am not sitting here...

at the very centre we are all connected

if you can be silent and wait and watch

something from the very centre connects to you

and each movement triggers something within you

i can connect to your centre because we are one

each movement that i am expressing...

you can feel it and sense it within yourself

this inner sensitivity can trigger...

and pass the message of stillness

because we are connected...

how to gain the experience ?

how to drink the experience of someone who is in that state ?

you have to drink

you have the buddha present within you...  
and the buddha is watching  
and suddenly you remember...aha...yes...it is present within me

we are like mirrors  
this is the way to transfer inner experiences...  
just by sitting and watching  
almost like in a trance...  
you understand the message...not because it is said in words  
but something invisible...the inner expressing itself in the outer  
through actions...through a silent gesture

this is the sensitivity you need when you go to see a mystic  
what is spoken is not so important...  
what is important is the space  
how to drink the space...the emptiness...  
it is coming from the source...

if i was to remain silent  
and not speak  
you will start thinking...  
you will start dreaming and imagining...  
so these words are just to engage you and to bring you here...  
and while you listen a deeper message of stillness and silence  
is being conveyed to you

that is why it is difficult to speak...  
specially when there is translation  
because i am not saying anything...to me...it is all gibberish !  
truth cannot be spoken in words  
if it could be spoken in words there will be so many books

you will keep reading words of truth of the greatest master  
but nothing will trigger in you...  
because it is a living energetic state  
you have to tune into it

i am silent  
unlearn into silence...

it is not easy to convey this message  
you see the life that is moving and speaking to you  
it is life...  
i am so alert  
that every single movement is stilling the space  
it has to stop your mind and your thinking  
and create a buddhafield of stillness  
you have to catch it...

**question** *when i am meditating i can see better my limits  
now what i have to do ? now i am aware of my limit but  
i want to know how can i go beyond my limit ?*

totally absurd...first you create a limit  
and then you go beyond it...  
there is no limit !  
how you can see the limit ?  
what is seeing the limit ?  
if you can see the limit  
you are greater than the limit itself  
otherwise you cannot see the limit...

this is an open sky  
you are seeing a limit from above ??  
why you need to see any limit ?

who said you have a limit ?  
in which dimension is there a limit ?  
in feeling thinking doing being...what is the limit ?  
what limit are you seeing ?



a financial limit...yes i understand...  
a material limit i can understand...  
a spiritual limit ? a physical limit ?  
body...i can understand...but being ?  
there is no limit  
stillness has no limit  
silence has no limit  
what limit ?

please explain...  
it will help you understand your question  
you take a piece of paper  
you write the word limit and look at it carefully  
what limit am i talking about ?  
what is the limitation ?  
body...mind...spirit ?  
what is the limitation ?  
and everything has a limitation !  
you cannot fight against gravity  
so even a rock has a limit  
a rock cannot fly  
so it is behaving naturally the way it is

if you are living naturally  
then you are simply natural  
where is the limit ?  
when the apple is ripe it falls  
it is not a limit...it is natural...

so tomorrow write down your limits and bring them to me  
i will remove all your limits in one minute !  
today she said she cannot sit cross legged...  
just today...first day she said i cannot sit

and she asked...can i sit against the wall ?  
i said...come here...you sit here without the wall...  
when the meditation was over i asked her  
how are you ?  
she said i am fine...  
there is no limit !  
you are creating limits unnecessary...  
even in small small things...

you do not have any limit in celebration  
dance...silence...love...  
all these beautiful qualities in you  
all that is living in you...has no limits...none !  
you can share your love with the whole sky  
you can dance with the trees and the wind  
no limits !

you can drown into the silence  
silence has no limit !  
it can go through the walls  
it can go from italy to france to spain to the sky !  
silence connects...  
love connects...  
life connects...  
search the meaningful unlimited spaces within you

and tomorrow you bring your limits  
i promise you i will solve it in one second  
and nothing to solve  
just a simple understanding...

we are so used to labelling...we label...  
that this is not good...this is good...this is bad...  
the meditator knows no labels



we just look at everything  
we look at everything as an energetic state  
and we see how to transform it  
that is the only way  
higher and higher and higher and higher

the moment you come to a limit  
go higher...  
take it higher...take it higher...  
that is the only way...  
but good...you have come first day...very good  
already you are moving...

this reminds me of a so called great therapist  
she has written in her website  
that you should know your limits...  
and that by making great effort to change yourself  
you can break your limits  
you will not believe who it is...she was a lawyer...ma anando...  
who has now become a so called great osho therapist  
she is only talking about limits...how to overcome your limits...  
how to make a great effort...to change yourself...to become better...

these are the people who show you your limits  
who show you that you have to make great effort to change  
it is their business !  
because when they show you your limits...  
then they give you the solution...  
how to go beyond it !!  
this is why therapists have become the new priests  
they show you your limits...  
and they show you how to change...  
how to go beyond these limits...

they give you the tools to change yourself...  
to make a great effort...so you join their groups...  
these are lies !  
these are great lies  
you do not need any effort  
to fall into your inner being...  
do you need any effort to go to sleep ?  
imagine you are going to sleep  
making great effort to fall asleep...

when you go to sleep your head stops working  
you are tired from the days work  
the mind stops...the body becomes relaxed  
slowly slowly you fall within  
you enter your heart...  
you start dreaming  
slowly slowly tired of the dreaming you fall deeper  
you fall into your being...  
and suddenly pop...  
you are out of the body  
you are deep asleep

are you conscious of where you have gone ?  
you have gone somewhere  
you are out of the body mind emotions  
and you are in a deep unconscious sleep  
like a coma  
you are floating on the ceiling  
how much effort you make to go there ?  
none !

letting go is an inner secret...  
letting go is like falling asleep...  
out of body mind emotion...into sleep  
deeper rest is samadhi  
it awakens you...

so it is an art of letting go  
no limit...no effort...  
how to let go and relax ?  
trust your inner being to find its way to the hidden secret  
the art of let go  
no effort...

effort is of the mind  
effort is to become  
relax and accept yourself totally  
no more inner struggle  
no more inner fight  
total love of your inner light  
total acceptance  
a deep trust and let go...  
and it will lead you to the deepest secret within you  
so there is no effort

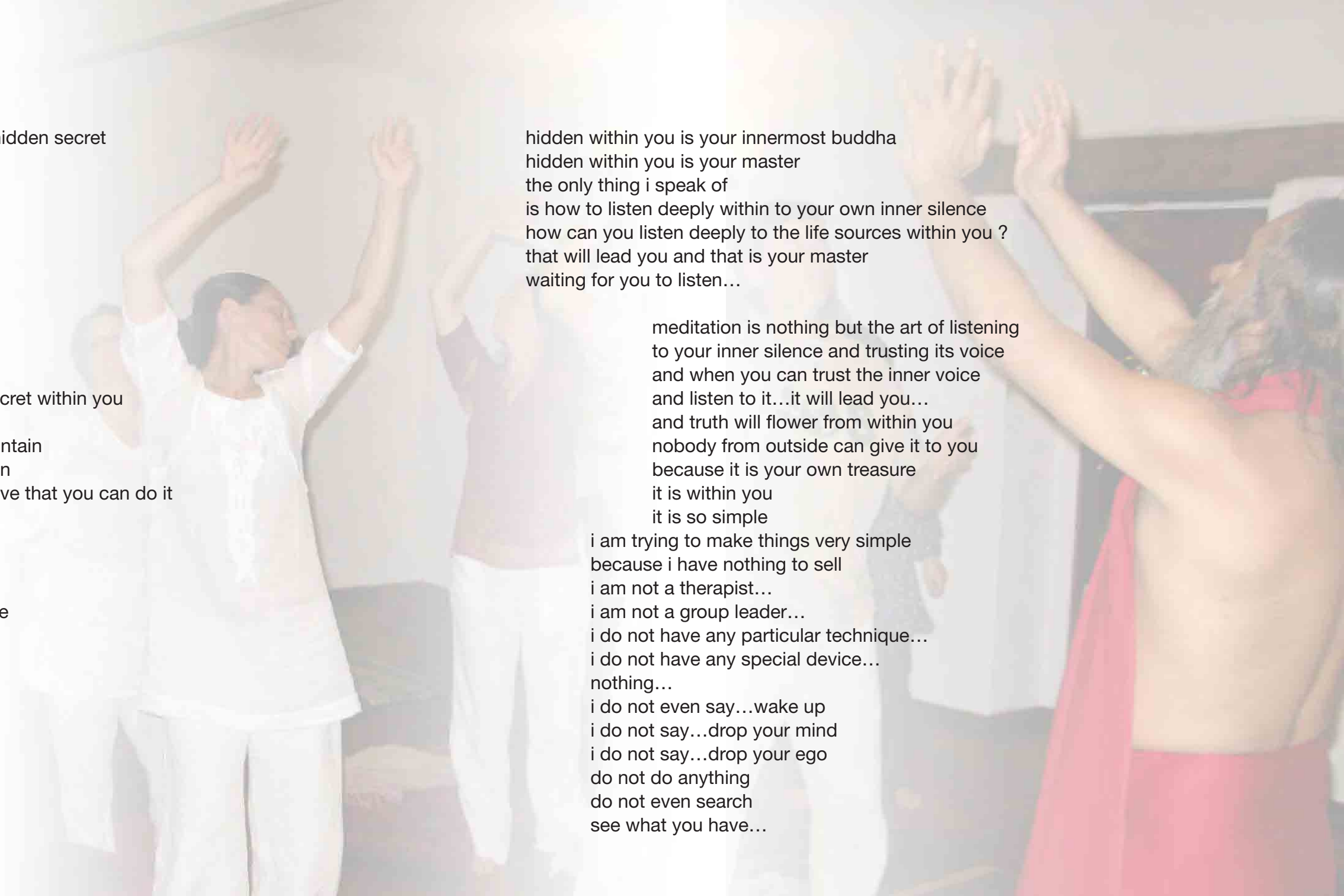
if you are told to climb the mountain  
then you will climb the mountain  
because the mind wants to prove that you can do it  
this is why you are in misery...

understand the beauty of let go  
surrender within and you are whole...  
but you cannot believe that truth is so simple  
it is so simple !  
it is like falling asleep  
you will stumble upon it  
you will fall into this state  
when you are innocent open and loving...  
it is a state of let go...no effort...no change  
i do not teach any therapy  
you do not need any therapy  
you do not need anything at all

hidden within you is your innermost buddha  
hidden within you is your master  
the only thing i speak of  
is how to listen deeply within to your own inner silence  
how can you listen deeply to the life sources within you ?  
that will lead you and that is your master  
waiting for you to listen...

meditation is nothing but the art of listening  
to your inner silence and trusting its voice  
and when you can trust the inner voice  
and listen to it...it will lead you...  
and truth will flower from within you  
nobody from outside can give it to you  
because it is your own treasure  
it is within you  
it is so simple

i am trying to make things very simple  
because i have nothing to sell  
i am not a therapist...  
i am not a group leader...  
i do not have any particular technique...  
i do not have any special device...  
nothing...  
i do not even say...wake up  
i do not say...drop your mind  
i do not say...drop your ego  
do not do anything  
do not even search  
see what you have...





and know perfectly well  
that the whole universe is within you  
and if you cannot go four feet within  
why waste your life going miles away ?  
just few inches within you in a deep relaxed state  
let go and have a nice deep sleep...  
and see what comes to you  
if truth has to come let it come to you  
how will you run behind it ?  
is it north or south or west or east ?  
where is it ?  
is it above you ? is it below you ?  
where will you search ?  
just relax totally and truth will come to you  
it is searching you when you are in a relaxed state  
it is searching you when you are dancing and celebrating in that state of bliss  
it is searching you...it is you !  
it is truth itself knocking and that is why you feel bliss  
you see how simple i am making things

everywhere you will find me speaking  
it will bring you back to this simple message  
and i never searched for truth  
do you think i am stupid searching for truth ?  
i have nothing better to do in my life ?  
i am simply living my life totally...  
wherever i went...truth was searching me...  
so when i tasted it  
it was so sweet  
so i said what is it ?  
it says truth...  
i said...ok...welcome  
wherever i go...a sweet taste in my mouth of total living  
i tasted it...aha ! this is truth  
i just kept drinking and sleeping...  
you got it ?

everywhere i have to speak this simple message  
because the world has become so full of liars  
all selling truth !  
it has become such a big business  
everybody speaking about truth  
wherever you go  
masters...gurus...teachers...therapists...groups leaders  
all kinds of idiots !  
and you look at them  
they look so miserable...they cannot even dance...  
no stillness...no silence...no grace....  
just gibber gibber gab gibber gab  
and they know so much...  
when i see all these elite idiotic therapists...  
i feel like a child...like a little baby...  
not knowing...just buzzing silence...innocence...



italy  
ancona  
27 june 2010

this silence...this silence...is your real search  
this simple innocence...  
so utterly simple...so ordinary...just this silence...

we have forgotten how to listen  
we have forgotten how to live totally...how to dance totally  
and come to this celebration within us  
in this peaked state...in this state of nomind  
everything disappears  
all that remains is you in your purity...  
you in your innocence...silence...

this is the taste of your buddha  
of the master within you that is waiting for you to listen  
it is always present...but you are not present to it  
how to come to this moment  
and realize its beauty...its grace...  
it fulfils you and you are perfect

how to find this perfect state within you  
and deepen this experience  
live more deeply...come to this moment again and again...  
and whenever it comes to you  
enjoy the moment...celebrate it and move in



this is your inner search...to find your pure inner being  
in which even you are not there  
even you have disappeared  
because one day even you are going to disappear

this body...this mind...will fall...

what will remain will be this essential silence

and if you have lived it...if you have danced it...if you can taste it now

the moment this body will fall you will have this taste surrounding you

and you know your eternity

eternity is this present moment...

deeper deeper and deeper and deeper...

the sky is open when you are not present...

what remains is the buddha

such a simple innocent message

and there is nobody that i have seen

who is not capable to understand this message

this message sets you free

you are free...totally free

nothing is preventing you

nothing can prevent you

from this inner experience

and the moment you taste it

even for a single moment...

you know it is present

just remember it more often

remind yourself continuously

that is all a buddha can do

he is just a reminder that you too are a buddha

live totally...celebrate yourself...

because within you...you have the gift of life

within you is your eternity

and you deserve it...you deserve it !

it is yours

and you do not need to do anything for it

it is your very nature

drown into your own inner nature in deep gratitude

and you will see nothing else but your open sky

the inner search is not a search

it is a deep love affair with your inner beauty...

it is an expression of your love...

celebrate...express yourself...

share your beauty...

and the more you will share the space within you

the more space will grow

we are here out of the abundance of nature...

nature has so much to give

it has given us life and the human form is the highest evolution in nature

it is such a creative loving gesture of this universe to give you life

all you can do is celebrate and share all that is beautiful in you...

express it...share it...

do not be afraid that people may close their heart...

you live your life...you share what you have

and remember at this peaked state you are no more human...

but a divine being filled with light

it is present in each and every act of yours

spread this grace...this beauty...

into each of your actions...

and you will see that slowly slowly

what is coming out of you is this light

there is no way but to live it...

live your light...do not be afraid...

creativity...dance...celebration...

these are the ways of the buddha entering into you

it is not about doing a meditation...  
meditation is just an indication  
how to celebrate and enjoy life totally  
how to be creative and share your beauty  
it is all about living  
living the truth...living the light...  
utter freedom...the sky is yours  
paint it the way you want to paint it  
life is your painting...choose your brush  
choose your colours and be a painter...  
create your life...it is up to you  
and nothing prevents you...  
nothing prevents you !

i have not come across a single individual  
who cannot drown into this state  
just they do not know what it is  
how to arrive there  
and those who know should share  
out of their love and joy

it is not a special message  
it is pure innocence  
that of a child...just giggling and laughing  
and you can see in the eyes of the child the light and the beauty  
and the bubbling of life...so pure...  
this is where we belong...  
we are sannyasins...  
search your inner innocence

not knowing is such a beauty  
who wants to know ?  
when you are dancing and celebrating  
do you want to know the way to truth ?  
you do not search anything...

you are it in that moment  
you are drinking and celebrating...  
who cares what is truth ?  
you are truth itself  
and truth is nothing but life expressing itself in totality

i do not understand why people are searching  
they are searching what is flowing within them  
how to elevate this flow...  
how to live and breathe deeper...  
how to become more sensitive to what you have within you  
you are a treasure and that treasure is life  
do not search life...live...live totally...  
and know that you are free  
just to know that it is a simple taste  
you see the weight fall off your shoulders  
you are light...you can fly !!

this message liberated thousands of people  
you do not need to undo the past and remove your karmas  
search into the meaning of life  
correct all the imbalances within you

and now they even have family constellation groups....  
It is such a joke !!  
you are free  
now they are telling you  
it is due to your mother...to your father...  
because his father and his grandfather...  
his great grandfather...great great...  
and deeper and deeper into the quicksand...  
till adam and eve...  
family constellation...

you are never born...never died  
who gave birth to you?  
no father can give birth to you  
and nobody can kill you  
the body and mind...one sperm one egg  
are you a sperm and an egg?  
that is the body

your father is one sperm...your mother is one egg  
and now they will start digging into that egg and sperm  
their dna...this and that...just forget it !!  
simply transcend all this rubbish

you can dig and dig and dig but it is going nowhere  
you can make it look more intelligent...  
but mind will completely fail when you reach  
you do not even know who you are...  
why search your fathers problems ?  
this is a way to lay the blame on others  
you blame your family constellation  
you think you need to do a group  
you have to solve this problem  
you are paying for your misery...  
because of...family constellations...

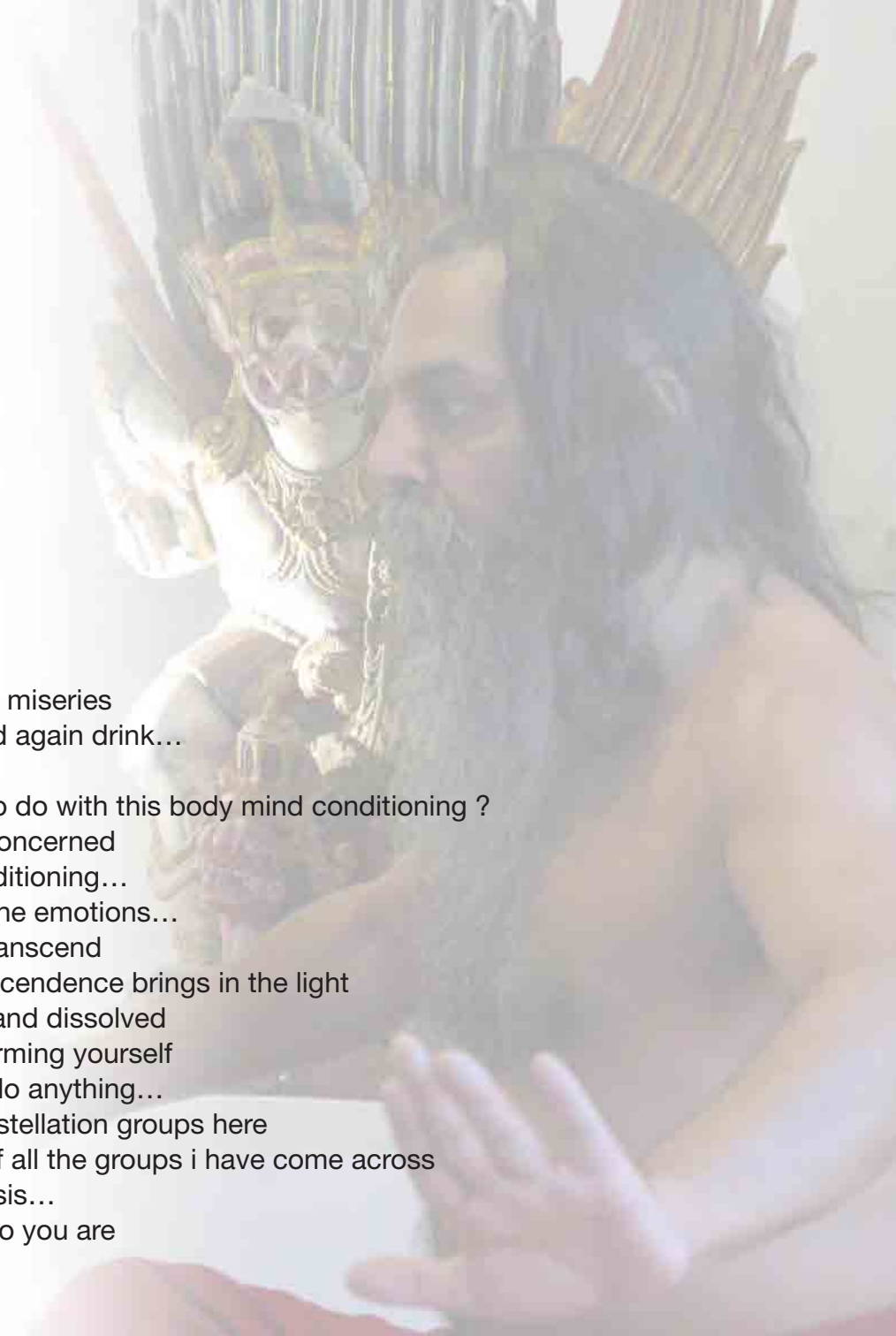
you have no misery  
you only have a celebration  
and it has nothing to do with your body or your mind  
your being is ultimately free  
it has no name...no father...no mother...  
it is simply free and it is your eternity

and the only way to reach this state of no mind  
is one big celebration...  
one dance...and everything disappears...  
and in that disappearance just drink the light

it will dissolve all the miseries  
and again dance and again drink...  
deep stillness  
what have you got to do with this body mind conditioning ?  
meditators are not concerned  
with body mind conditioning...  
emotions...settling the emotions...

they simply transcend  
and that transcendence brings in the light  
utterly drunk and dissolved  
this is transforming yourself  
do not try to do anything...

i know they do family constellation groups here  
it is the most stupid out of all the groups i have come across  
it is a stupid psychoanalysis...  
you do not even know who you are





and you are searching for your fathers problems...  
you are searching the root to your problems of your mother...  
half of them have not even seen their parents...  
they have not seen their grandparents  
when will this end...this chain...this blame game...  
when will it end ?  
which is the end ?  
god ???  
god has run away  
he is not your father...your mother...  
he says bye bye...adam and eve...run away...

do not do any miserable stupid groups  
you are enough unto yourself  
and the moment you realize it  
you do not become arrogant and start teaching others  
but you become blissful silent and innocent  
the moment you realize you do not go to tell others what is wrong with them...  
or tell them this is the cause of their misery...  
you go to them to show them their celebration  
you go to them to show them the beauty they have  
that space that is within them...  
you begin to see so much beauty in each person  
and you try to help them...celebrate their beauty...  
and draw the best out of them so that it creates the path

therapists have one weakness  
they are constantly looking for misery in you  
and the cause of misery and they want to remove it...  
very good intention but why look for the misery  
and its cause and remove it ?  
forget all about it...see the beauty...  
the celebration pouring within you and celebrate more...

love will win...the love within you...  
the light within you is far more powerful  
far more vast than the little darkness that each one carries...  
and there is no darkness...  
it is just an absence of light...  
bring more celebration and it disappears  
there is nothing negative in you  
it is only positive...it is only beautiful...

i am saying from my knowing  
everybody has a few weak spots  
but that is the beauty...that humanness...  
we are humans...not machines...  
that little trouble within you makes you vulnerable  
and you open your eyes and search  
therapists should help others to see the beauty in them  
they cannot remove your misery...  
they themselves are miserable  
and they do not need to point to the troubles of the others  
they can point to the beauty...to a dance...  
they can make them dance...make them laugh...  
you will see...misery will disappear...

but if you keep looking at the misery  
it will become bigger and bigger  
then you need a big psychoanalyst  
and if the problem becomes too big  
then you need a great master  
bigger the problem...bigger the master  
big heavy karma you are carrying on your head  
you feel so good...i am not an ordinary human...  
i have got so many bad karmas...  
i have to find great answers





so many came to me  
i have this big problem...  
i have gone to all the therapists...no answer...  
so i say...come...just dance with me...  
you are making a joke out of me ?  
i have such a big problem...you are saying dance ?  
this stupid guy...not serious at all  
i have such a big issue and he says start dancing  
what to do ? i do not know any other way !!

you can ask all therapists  
have they solved their problems ?  
i have not solved any problem...  
i never went to solve them !!  
wrong question...wrong answer...  
go to solve your problems and you will only see problems  
go to live your life...you will only find life...  
i had more problems than all of you put together...  
so i decided forget about it  
too many problems...  
i am one man...i cannot solve them...  
i gave up...i started dancing...  
i cannot do anything so i started dancing  
and slowly slowly in my dance  
everything started disappearing

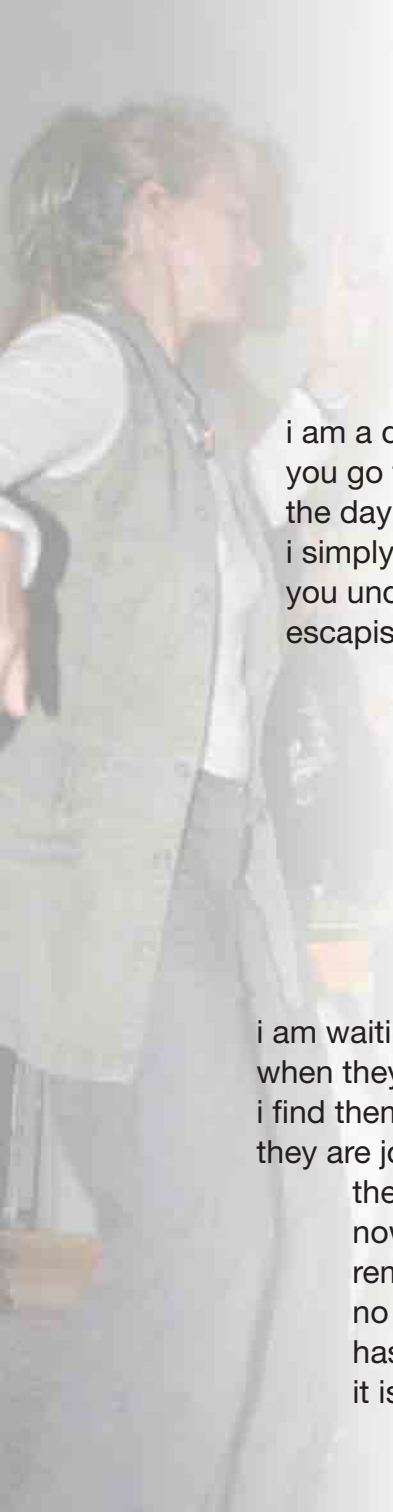
when i went back to look at that big problem  
it says to me...hey...you do not even listen to me ?  
all my problems started running away...  
because i am simply a joker...i am not even listening to them  
i never listen to the problems  
they are all standing everywhere...all around...  
i simply ignored them all...

life is too short...i want to live first...  
when the problem will come...i will see...  
slowly slowly they got bored of me...  
they got tired...the gave up and went...to other people !!

problems are very busy people  
they do not have time...  
a problem needs a solution quickly  
they are very busy and serious people  
you cannot ignore them  
they are standing on your face  
they say...i am your problem...look at me carefully...

problems do not like me...they go to the neighbour...  
they find all the serious people  
i never respected the problem...i simply ignored...  
i dissolved them  
i never gave them a solution...  
my neighbour...my father...my mother...  
my grandfather...my grandmother...  
go anywhere you want...  
if it is my grandfathers problem...you find him...  
i have got nothing to do with him !!


when my family came to me  
i said which family you are talking about ?  
i have dropped all the family  
i am an osho disciple  
i am a sannyasin...swami rajneesh...  
who you are talking about ?  
he died long ago  
you are searching the wrong person



i am a disciple of osho...i have my master...  
you go trouble him  
the day i took my sannyas all problems disappeared  
i simply said...wrong address !  
you understand...this is the way...escape !!  
escapism is an intelligent way

i was waiting to go to miasto  
because they have many serious headed people  
all therapists waiting to find somebody with a problem  
help them...take three or four thousand euro...  
help them...big problem...big money...join their stupid groups...  
find the root...create more awareness...  
and go tell your friends...that they also have a problem...  
get some more business for them...

i am waiting to go to miasto...that is why all these therapists hate me  
when they come i start the laughing meditation...hahahahaha...  
i find them the biggest jokers....  
they are jokers and these jokers have become serious...  
they forgot how to laugh  
now you know why i have so many enemies  
remember again  
no eastern mystic has ever believed in psychoanalysis  
has never given any form of therapy  
it is just a stupid game



transcend the mind and reach that state  
become silent and watch from that state  
you will understand  
do not get caught up in these games  
they take you deeper into the quicksand  
it is quicksand  
the more you will pay attention to your misery...  
the more misery will find you  
and it can create great logic  
because of this reason and because of that and due to this...  
and what you will do with all this rubbish knowledge ?

you just want to go and eat an ice cream  
and the therapist is telling you about your parents  
see...here is ice cream...eat it and go to sleep...  
gelato ice cream...very good...  
you see...i am just a simple fool...  
i do not make any sense  
because i am not a therapist or a psychoanalyst  
i am just a lover...innocent...

whatever comes...i simply speak it  
but i like to poke...i like to poke therapists...  
just to help them...find the way out...  
these doctors are the most sick people  
the whole day the poor fellows...  
one sick person...another sick person  
i have a lot of compassion for therapists  
poor people...always listening to others problems

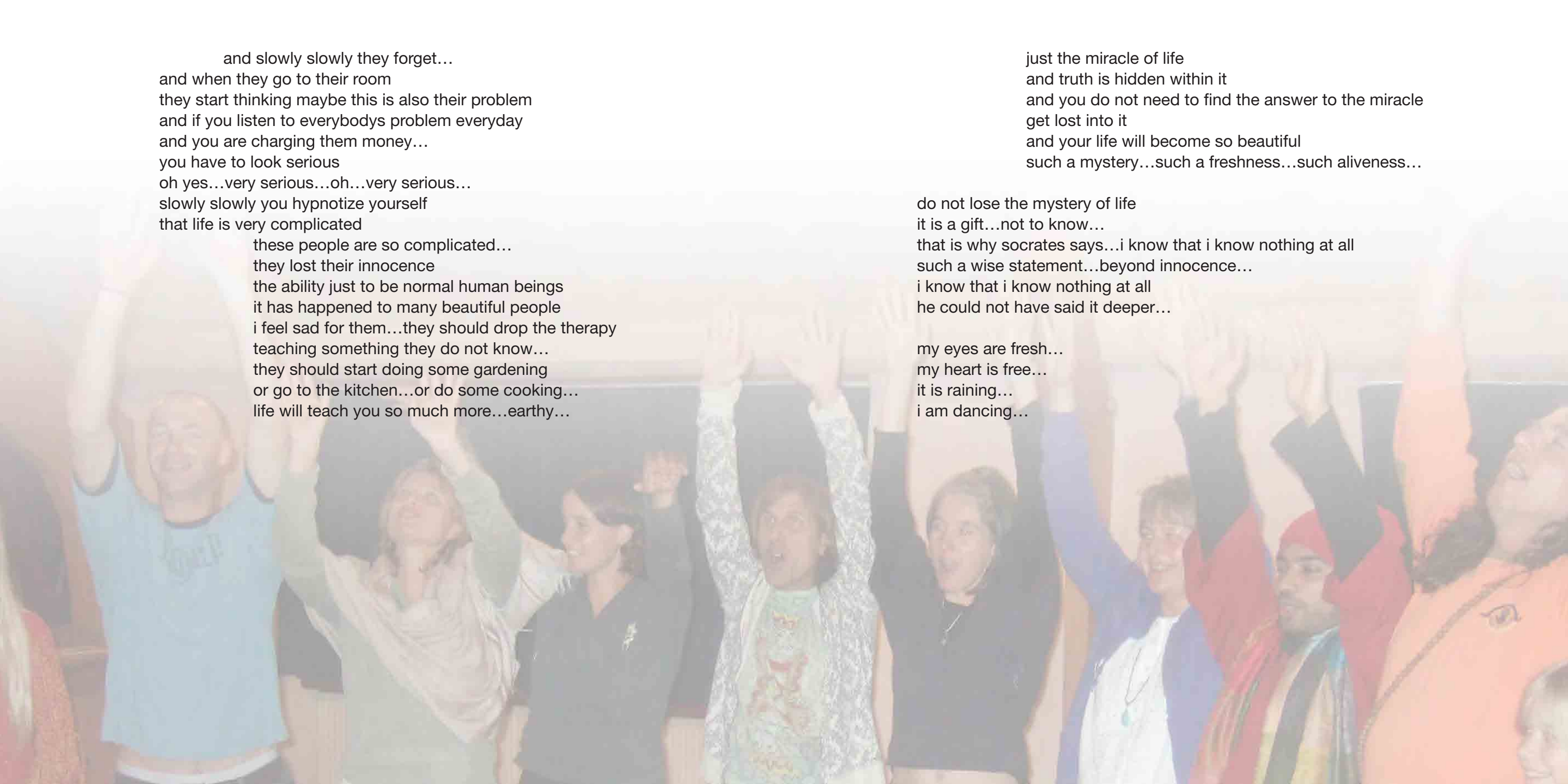
and slowly slowly they forget...  
and when they go to their room  
they start thinking maybe this is also their problem  
and if you listen to everybodys problem everyday  
and you are charging them money...  
you have to look serious  
oh yes...very serious...oh...very serious...  
slowly slowly you hypnotize yourself  
that life is very complicated

these people are so complicated...  
they lost their innocence  
the ability just to be normal human beings  
it has happened to many beautiful people  
i feel sad for them...they should drop the therapy  
teaching something they do not know...  
they should start doing some gardening  
or go to the kitchen...or do some cooking...  
life will teach you so much more...earthy...

just the miracle of life  
and truth is hidden within it  
and you do not need to find the answer to the miracle  
get lost into it  
and your life will become so beautiful  
such a mystery...such a freshness...such aliveness...

do not lose the mystery of life  
it is a gift...not to know...  
that is why socrates says...i know that i know nothing at all  
such a wise statement...beyond innocence...  
i know that i know nothing at all  
he could not have said it deeper...

my eyes are fresh...  
my heart is free...  
it is raining...  
i am dancing...





italy  
nottoli  
3 july 2010

this innocence  
this state of silence  
this deep stillness...  
such an innocence state  
the whole search  
is how to arrive to this state of nomind  
where everything becomes silent and still

it is a perfect moment...  
just a simple vertical flow of energy  
going higher and higher and higher  
till it reaches the very peak  
and the moment it reaches the peak  
everything stops...

just drink it...drink it...  
drink it as deeply as possible  
let it fill you completely with its silence  
this is your masters silent presence

when you are in this state of nomind  
you are at that peak of your very buddha nature  
you are experiencing your vertical totality  
and this is your search  
the search of nomind....  
and how to drink this state...  
and fill your entire interiority with its silence



it is just such a simple innocent way  
it is simply a vertical dance within your being  
and a deep inner settlement  
this is transforming your inner states...  
to higher and higher states...  
in that moment you are perfect

this is the beauty of transformation  
that you are always perfect...  
you just need to know how to reach...  
with a simple dance

just gather your whole energy  
collect it together  
slowly slowly raise it  
higher and higher within yourself  
and you have reached an open sky  
nothing is holding you down  
and you are free  
the sky is open

and start drinking it  
you do not need to change anything in you...  
you do not need to add anything to yourself...  
the way you are...you are perfect  
but where is that perfect moment in you ?  
and what does it mean to arrive there ?

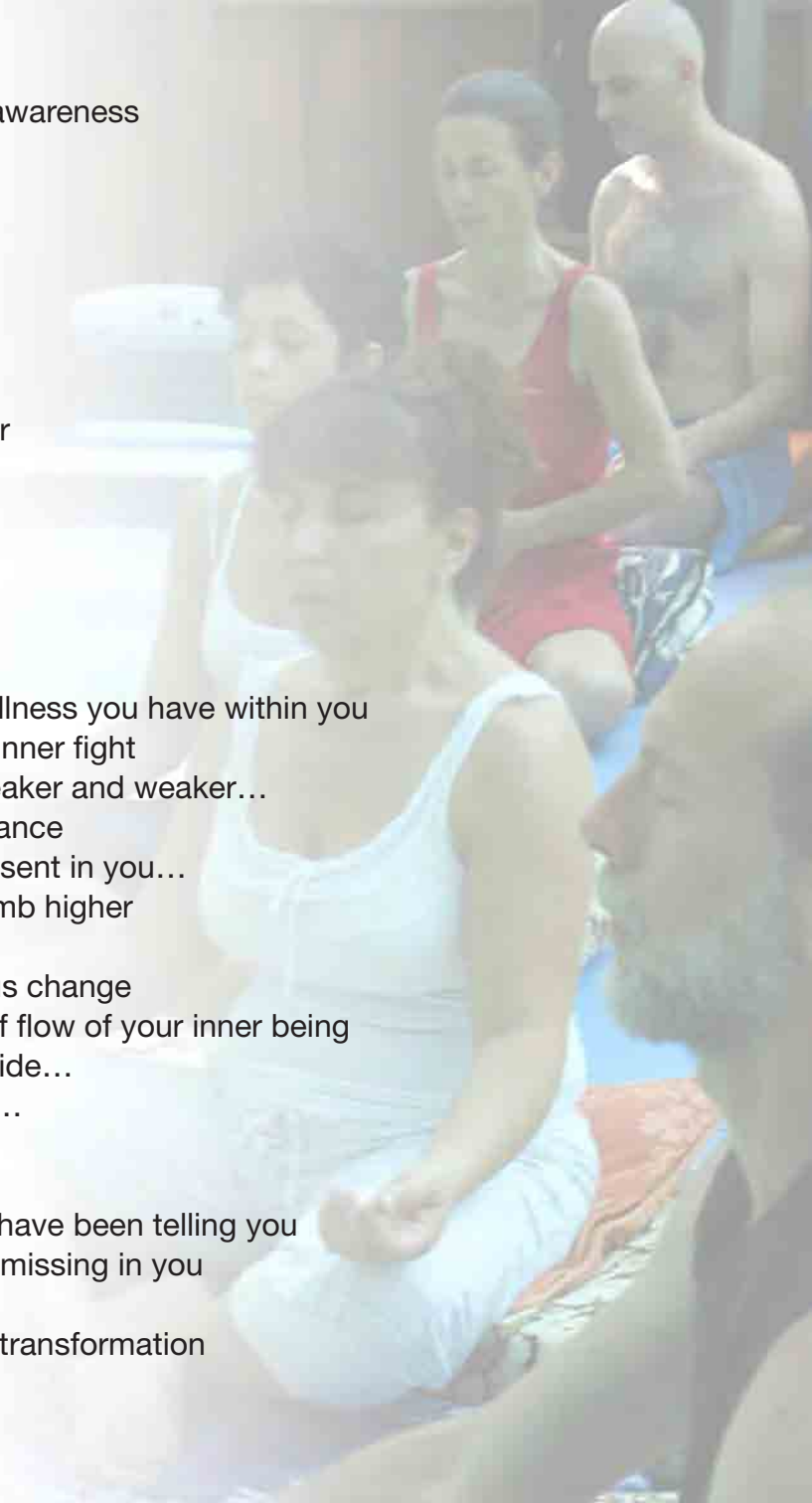
nothing  
just a pure innocence...  
a celebration and a dance...  
you do not need anyone to tell you how to reach there  
each one is capable to reach that peaked state  
and to drink its silence

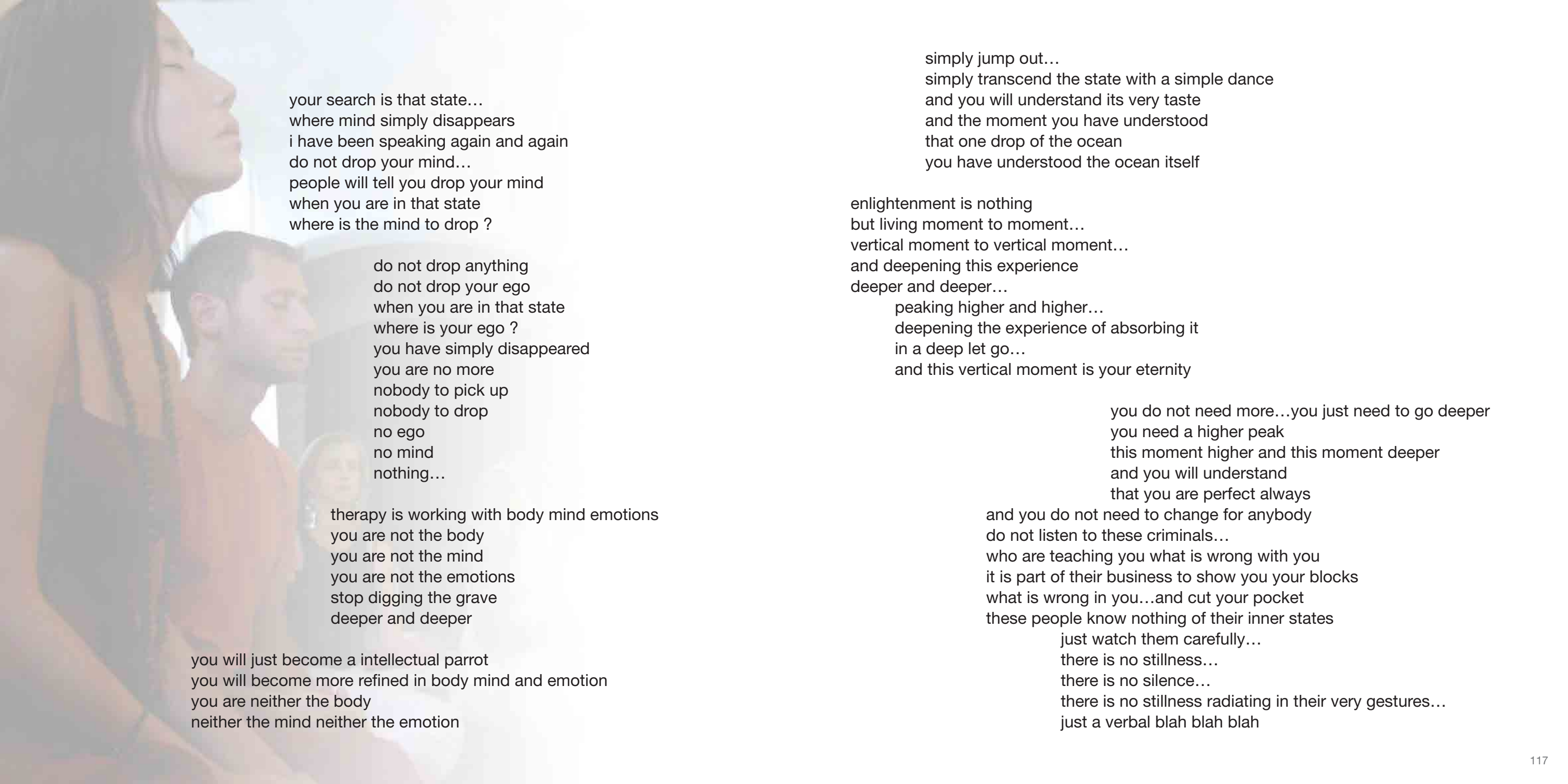
that is why masters speak on awareness  
vertical states of awareness...  
not change  
change is becoming somebody else  
changing yourself for another  
making yourself a better person  
adding something to become better  
subtracting something to reduce  
that which is not acceptable to the other

all this adding and subtraction  
removing and labelling  
what is wrong in you  
and what is right in you...  
creates such an inner fight  
that whatsoever clarity and stillness you have within you  
is simply destroyed with your inner fight  
and you become weaker and weaker...  
and that self acceptance  
that was already present in you...  
has no energy to climb higher

please understand transformation versus change  
transformation is a vertical movement of flow of your inner being  
you do not need anybody from the outside...  
you do not need any guru...any master...  
any teacher or therapist...

all these therapists and teachers have been telling you  
what is wrong in you and what is missing in you  
there is nothing missing...  
just understand vertical states of transformation  
to the state of nomind





your search is that state...  
where mind simply disappears  
i have been speaking again and again  
do not drop your mind...  
people will tell you drop your mind  
when you are in that state  
where is the mind to drop ?

do not drop anything  
do not drop your ego  
when you are in that state  
where is your ego ?  
you have simply disappeared  
you are no more  
nobody to pick up  
nobody to drop  
no ego  
no mind  
nothing...

therapy is working with body mind emotions  
you are not the body  
you are not the mind  
you are not the emotions  
stop digging the grave  
deeper and deeper

you will just become a intellectual parrot  
you will become more refined in body mind and emotion  
you are neither the body  
neither the mind neither the emotion

simply jump out...  
simply transcend the state with a simple dance  
and you will understand its very taste  
and the moment you have understood  
that one drop of the ocean  
you have understood the ocean itself

enlightenment is nothing  
but living moment to moment...  
vertical moment to vertical moment...  
and deepening this experience  
deeper and deeper...

peaking higher and higher...  
deepening the experience of absorbing it  
in a deep let go...  
and this vertical moment is your eternity

you do not need more...you just need to go deeper  
you need a higher peak  
this moment higher and this moment deeper  
and you will understand  
that you are perfect always  
and you do not need to change for anybody  
do not listen to these criminals...  
who are teaching you what is wrong with you  
it is part of their business to show you your blocks  
what is wrong in you...and cut your pocket  
these people know nothing of their inner states  
just watch them carefully...  
there is no stillness...  
there is no silence...  
there is no stillness radiating in their very gestures...  
just a verbal blah blah blah

just ask them to become still for one moment  
stand up and walk and sit  
and you will know  
that the presence of nomind is missing...  
it is not even a shadow  
certainly it has not permeated the body  
and unless your whole body becomes silent with this state  
you have not understood the way of the buddha

how to dissolve this bodymind  
and not to look for solutions to solve them  
you need to dissolve it...  
and therapies and groups are not the way  
they only refine your body your mind and your emotion  
and you are none...  
when you will fall what will remain...  
will be your vertical states and peaks

that is why all the therapists are against me  
i am here to destroy their business  
their exploitation of the innocent seekers

you can cut their pockets if you want  
but leave their beauty  
their innocent search  
their heart which is vulnerable  
leave them alone...

simply say i do not know...  
and explain it clearly  
that therapy and groups are not the way...  
they are just part of the entertainment  
and entertainment should not cost you so much  
life is very short  
understand the simple message of osho  
you need nothing...

you need nobody...  
just a simple message...  
a vertical energetic transformation  
and the ability to let go  
and drown into its silence

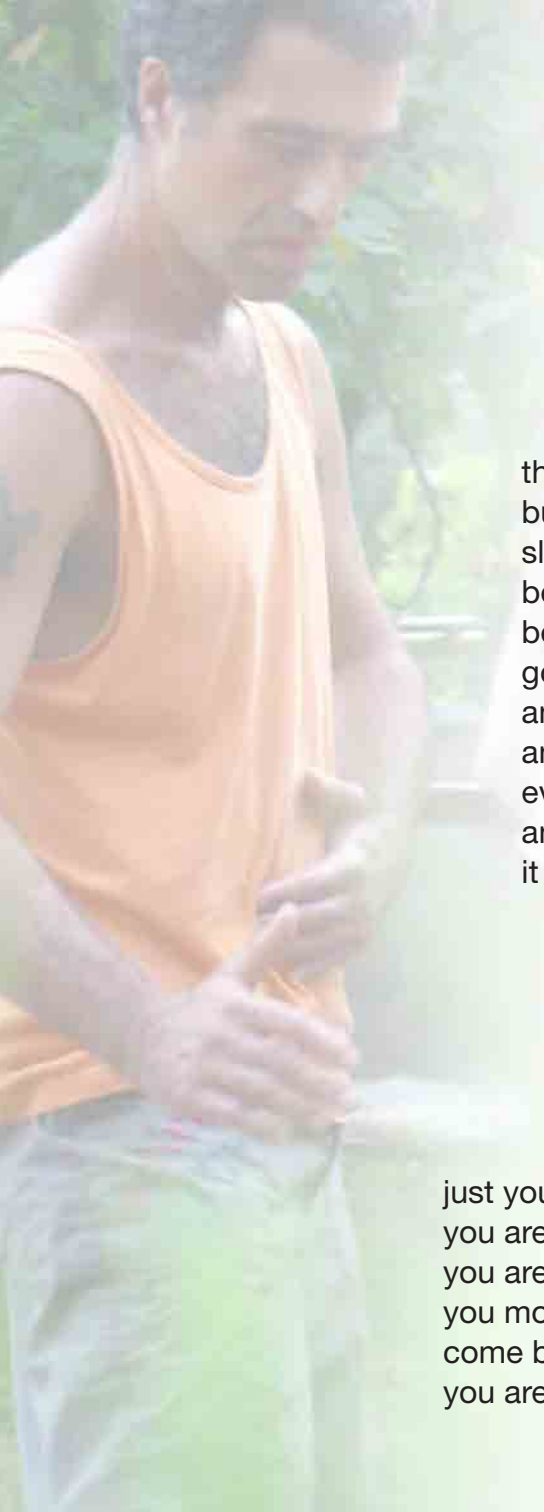
and slowly slowly  
the vertical path will become wider and wider  
and deeper and deeper  
and this whole body will melt and disappear  
with no answer left behind  
just a state of pure silence and innocence

wherever i am going  
i am simply giving this simple message  
the inner journey is very simple...  
it is profound and delicate  
you need to be intelligent  
you need to be sensitive  
you need to be silent  
you need to learn to listen to your inner voice  
that comes out of this peaked experience

all the rest is mind...  
do not waste your time decorating the mind  
it is your life  
you will go to the grave with too many decorations  
a nice tie and an armani suit to your grave...  
but you came naked and you will go naked  
and as a mystic you are searching your eternity...

do not forget that message  
that you are a diamond  
a being of light in utter nudity





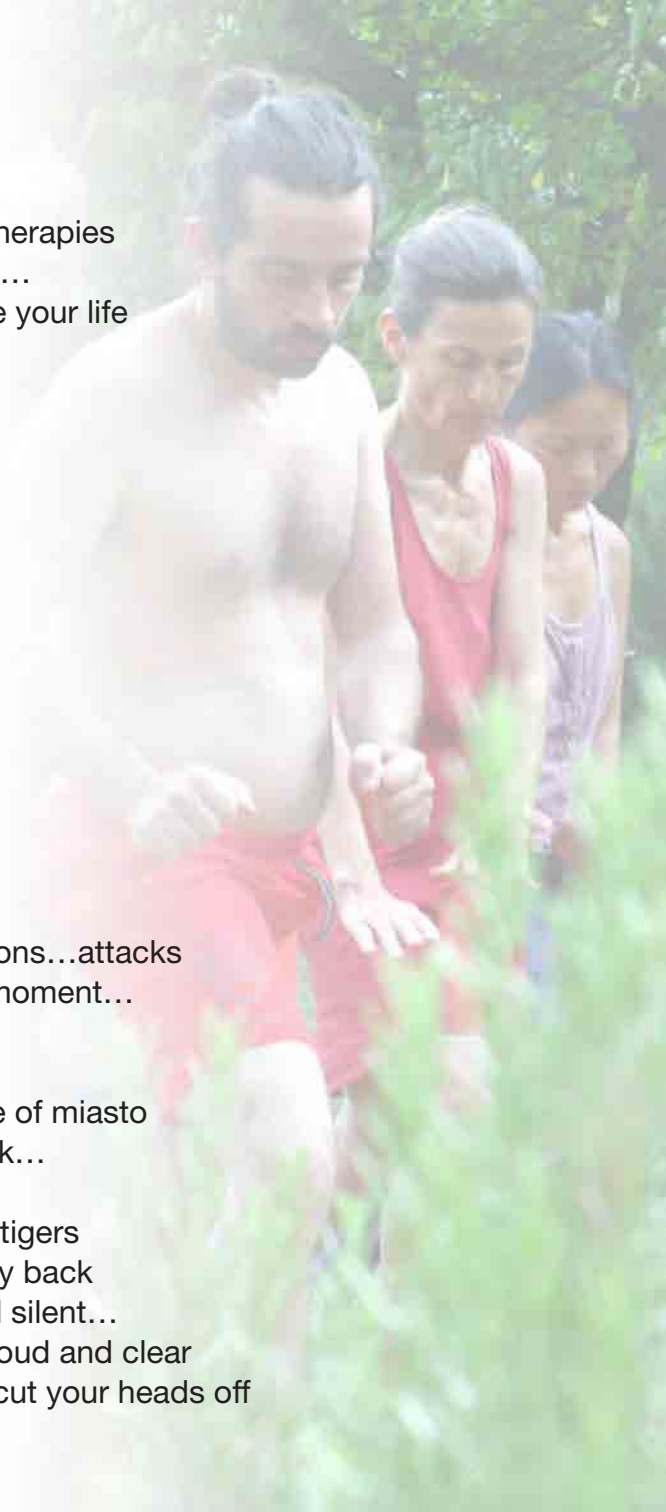
stop this decoration and all this false pretence...  
and you know for whom this message is  
for these corrupt hypocritical therapists  
whom i call the rapists

they are rapists...  
they are robbing you of money  
that they do not deserve...  
and they are exploiting those who are searching the truth

the inner journey is utterly simple  
but you do not want to listen to this simple message  
slow down...  
become silent...  
before you go to search for truth anywhere outside  
go deep within  
and see what you are carrying...  
and you will know that you carrying  
everything that you need for this road...  
and this path is not far away  
it is vertically above you...

you do not need to take a single step  
you just need to learn to dive vertically deep  
without a single step  
knowing who you are  
being utterly present  
to this vertical state of stillness within you  
and you have arrived

just you are missing...  
you are in a hurry  
you are searching outside you  
you moved away from your centre  
come back home and just settle  
you are pure light



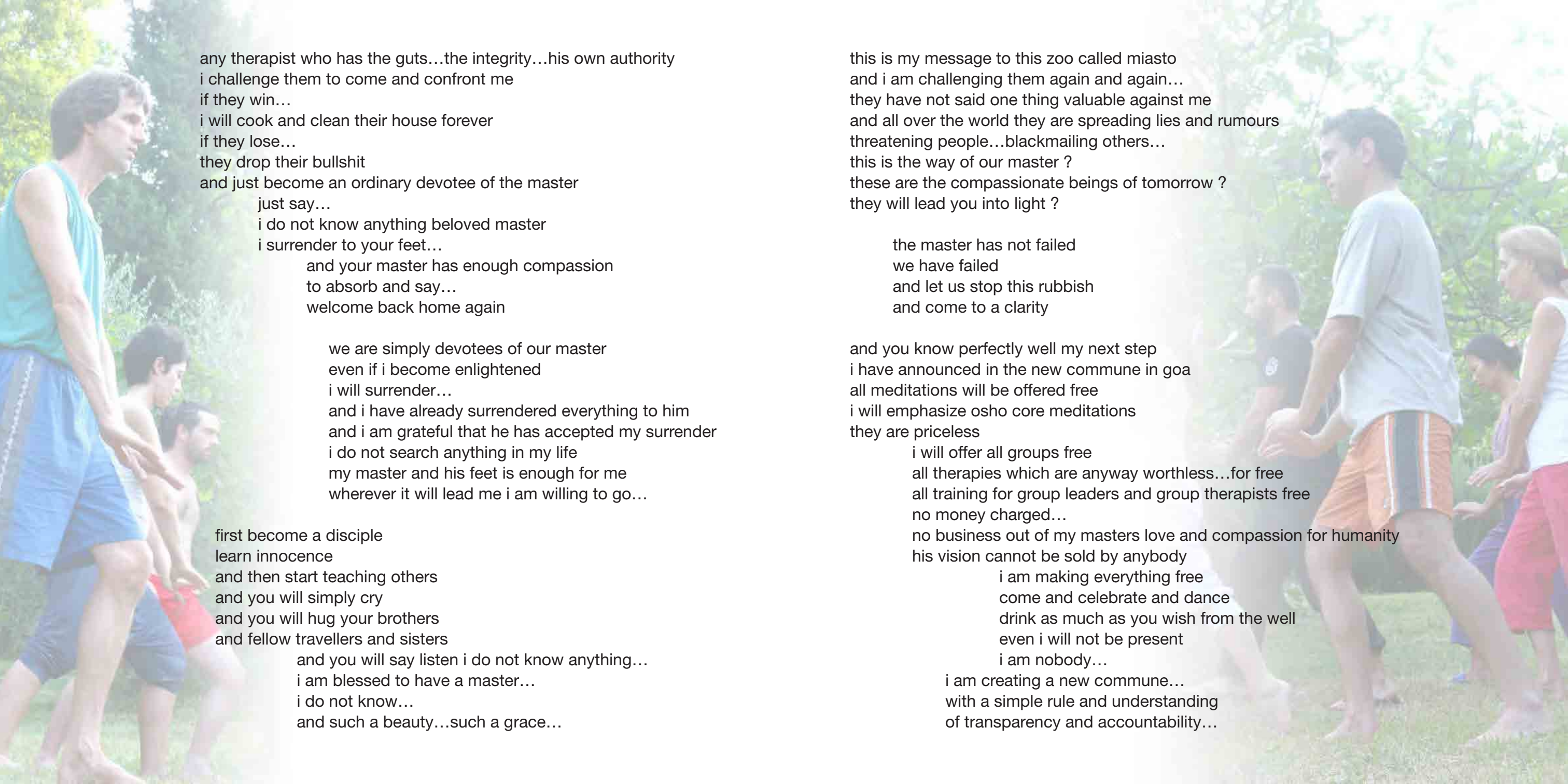
then if you understand this...  
if you want to play a few games...  
that is very good  
then you go to all these stupid groups and therapies  
and search teachers and masters and gurus...  
that is just an excuse to dilly dally and waste your life  
people cannot live with bread alone...  
you need some cheese and some pasta  
and you are italian after all...  
you need italian mamas food...  
that is all fun...  
enjoy the game...but know it is a game

and once you understand the inner beauties  
and what you are carrying within you...  
you will go beyond these petty games  
go deep within you  
just a simple dance  
a deep silence and innocence  
a celebration of yourself

if there are any questions...accusations...attacks  
anything welcome now...it is good moment...

i am waiting for people  
from this great osho centre of miasto  
who speak behind my back...  
to come and challenge me  
all these gutless toothless tigers  
just yap yap yap behind my back  
up till now i have remained silent...  
but my message is going loud and clear  
swami rajneesh is here to cut your heads off





any therapist who has the guts...the integrity...his own authority  
i challenge them to come and confront me  
if they win...  
i will cook and clean their house forever  
if they lose...  
they drop their bullshit  
and just become an ordinary devotee of the master  
just say...  
i do not know anything beloved master  
i surrender to your feet...  
and your master has enough compassion  
to absorb and say...  
welcome back home again

we are simply devotees of our master  
even if i become enlightened  
i will surrender...  
and i have already surrendered everything to him  
and i am grateful that he has accepted my surrender  
i do not search anything in my life  
my master and his feet is enough for me  
wherever it will lead me i am willing to go...

first become a disciple  
learn innocence  
and then start teaching others  
and you will simply cry  
and you will hug your brothers  
and fellow travellers and sisters  
and you will say listen i do not know anything...  
i am blessed to have a master...  
i do not know...  
and such a beauty...such a grace...

this is my message to this zoo called miasto  
and i am challenging them again and again...  
they have not said one thing valuable against me  
and all over the world they are spreading lies and rumours  
threatening people...blackmailing others...  
this is the way of our master ?  
these are the compassionate beings of tomorrow ?  
they will lead you into light ?

the master has not failed  
we have failed  
and let us stop this rubbish  
and come to a clarity

and you know perfectly well my next step  
i have announced in the new commune in goa  
all meditations will be offered free  
i will emphasize osho core meditations  
they are priceless

i will offer all groups free  
all therapies which are anyway worthless...for free  
all training for group leaders and group therapists free  
no money charged...  
no business out of my masters love and compassion for humanity  
his vision cannot be sold by anybody  
i am making everything free  
come and celebrate and dance  
drink as much as you wish from the well  
even i will not be present  
i am nobody...

i am creating a new commune...  
with a simple rule and understanding  
of transparency and accountability...

this commune will be for people...  
not for masters  
masters do not need anything  
the beautiful disciples of osho need a space to grow  
this space will be for them to grow...  
to celebrate and express themselves unconditionally  
no banning...no barring...no threatening...  
all will be welcomed  
and the freedom of expression will never be curbed

even if somebody wishes to declare they are enlightened...  
the hall will be open for them to speak  
if people want to come and listen...  
they can go and watch the movie  
it is simply a movie  
and if it moves some people  
it is beautifully ok

i am going to invite all enlightened disciples of osho  
right or wrong is not the question  
they have the freedom to express their celebration...  
their joy...their finding...and in that very expression...  
something of great beauty...a human heart will flower

if we want our people to flower  
we need to keep an open transparent space...  
for the growth of these beautiful beings  
who are seeking the truth

there are seven and a half billion people on this planet  
and less than a million sannyasins...  
not even a fraction  
a drop in a bucket  
and these people have nowhere to go...

i am going to create a free space  
utterly free  
masters come second  
disciples come first...  
the value of the disciple has to be raised...  
so that the masters are not the only begotten sons of god  
each sannyasin has something beautiful to contribute  
we should encourage their beauty...their joy...  
their celebration...their love...their fire...

and we will see where it leads us  
in the space of freedom of my beloved master osho  
nobody will charge any money

he is priceless...  
we cannot put a price tag to his vision  
you are enough...  
that you have come is the answer  
and i do not want to put price tags on human beings  
certainly not on a stupid gate pass...  
because you are worth far more than any gate pass

the moment you have taken sannyas  
you are welcomed and accepted totally  
for whatever you are...however you are  
you cannot deny anybody just because he is sick  
give them more love...

hospitals will stop working  
if they do not accept sick patients....  
and these doctors...the so called therapists  
they only want people they can control and manipulate  
those whose money they can take for their own personal games...

they do not even have the guts to declare...  
that they are somewhere on the inner journey  
they hide behind this garb of therapists  
they put all the books of the masters on the wall...  
one stupid certificate and they pretend to know it all  
do not borrow words of our master

they say i imitate  
i do not imitate anybody  
perhaps osho imitates me...  
because i am his lover  
i have welcomed him into my heart  
and whenever he wishes to express anything  
he is welcome...

and if he does not want me  
he can go to amrito or jayesh or any miasto crackpot  
and he can express through them...  
i am dissolved and i am expressing my masters love  
and if i do not behave like my master  
then like who will i behave ? like adolf hitler ?

this is the miracle of love...  
you dissolve  
and you see nobody but your master...  
and if i am deluded  
then let them come here to remove my delusion  
i am an easy target !!  
but nobody is coming

all you beautiful people who have come from there  
send them this message  
that this man is instigating you  
are you impotent ?  
face the man  
come on...finish him...

twenty great therapists can come and finish me in one minute  
i should be trembling here  
if they are so great they can see my delusion  
they can finish me

am i that foolish  
to put my head to the gallows  
no...they know perfectly well  
that this is swami rajneesh  
do not mess with him face to face  
keep a distance...

i think i have said enough serious things...  
now a good laugh  
i am just joking  
i have to sound serious  
if i do not sound serious they will think...  
i am not really sending them the message  
but i am a humorous fun loving guy  
i am very chilled...easy going...  
that was just for them...for the miasto crackpots...

welcome all new people !  
yes if any questions...welcome  
you like the show so far ?  
it is the best on earth !!

anybody who can imitate osho  
must be  
either a genius  
or has real guts  
that is why osho said  
this guy give him the name swami rajneesh



i was speaking today  
that thousands of letters went against me to osho  
while he was physically in the body  
letters against the way i walk...  
against the way i look...  
against my very gestures...  
against the way i move my hands...

and osho got tired  
enough is enough  
so he decided to send a message to buddhahall  
that swami rajneesh is the model disciple of my ashram...

hundreds of idiotic therapists...listen to this message...  
and they are greater than their master  
because they have already understood who i am  
that i am simply imitating...  
and my master has said that  
swami rajneesh is the model sannyasin of the ashram...

hundreds of letters went to bhagwan  
saying his name is rajnish and he behaves like you  
and this is getting too much  
you must tell him to drop his name  
you must change his name

they called me to the office  
that this is going too far  
change your name  
drop your name

i said...listen  
i am just a stupid idiotic egoistic disciple of osho  
i am not going to drop any name...  
i am going to cling to my name...  
osho is a master  
his name was not osho at that time

it was simply rajneesh  
he can drop his name...  
he has no problem  
he has dropped everything...  
he can drop his name  
i am not against it  
having the name rajnish  
why i should be against myself  
having the name rajnish ?  
if he wants he can drop it !  
i am not dropping it  
he can drop it

i am a disciple  
i am egoistic  
you know perfectly well  
i am egoistic...  
so the message went to bhagwan  
he said...yes change his name...  
enough is enough...change his name  
make it rajneesh  
wrong spelling !!

now people are asking me why i have this name rajneesh  
as if they are my judges and i am in some court of law  
this is my name...what can i do ?  
it is simply my name that he gave me...swami rajneesh  
now why should i change my name rajneesh ?  
why should i imitate ?  
who are they to judge me ?

if i wish to imitate...i can imitate...whomsoever...  
they can imitate whosoever they want to...they are also free...  
we are free...



**question** *do you want to imitate ?*

i am finding it perfectly natural  
and i am accepting myself  
this is the way i am...  
i am a crackpot

today we were discussing how these therapists  
misuse the authority of the community of osho  
whether in miasto or in poona  
they misuse the instrument of spreading oshos message  
they use it against disciples...  
to cut and behead...ban and blackmail...  
anybody who happens to have any experience  
which does not suit them...

**question** *my experience with therapy since many years...  
when i worked on my conditioning there is a space of silence...*

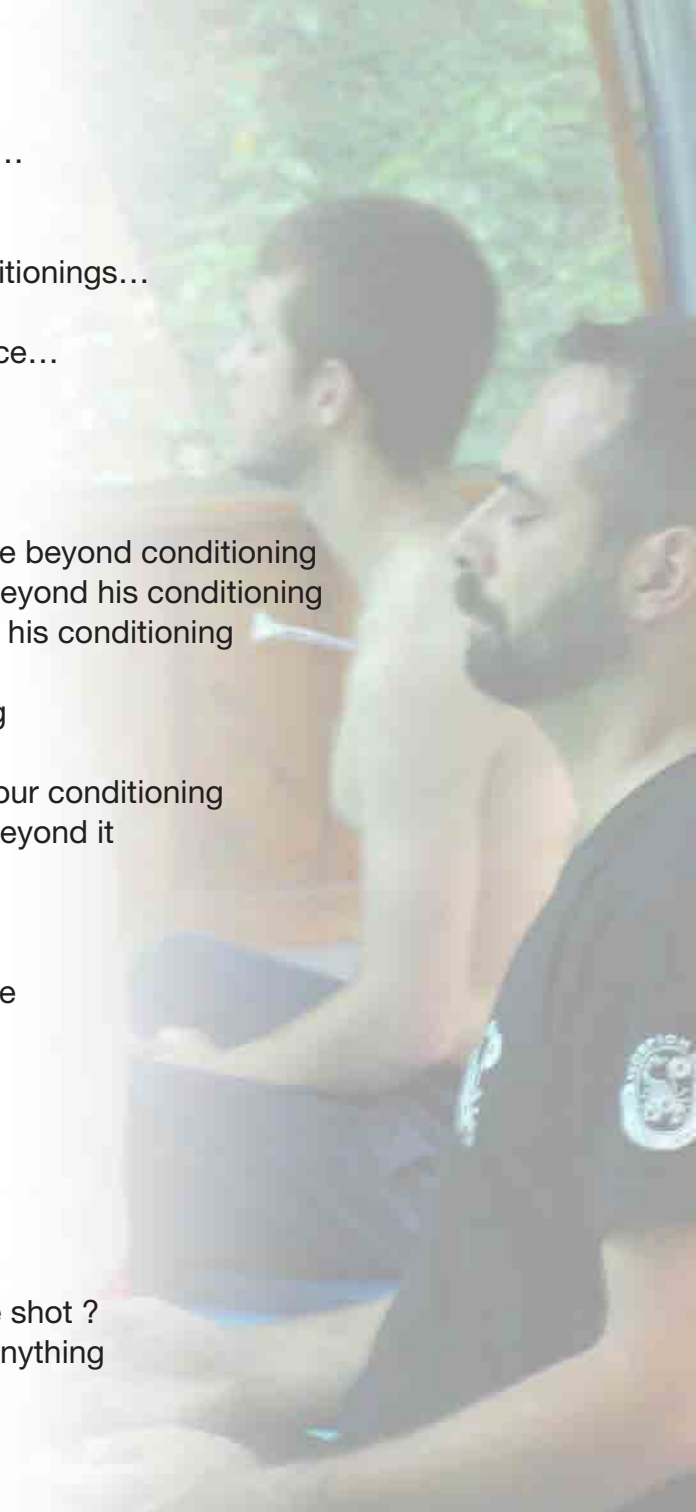
really ?  
just one single sentence...  
when i worked on my conditioning  
very beautiful news for a therapist !  
he is very happy with you  
you are working on your conditioning...  
oh...what great effort...  
you have to pay for it also  
what an effort...  
working on your conditioning...  
you do not need to work on anything...  
please ! just simply drop it...  
because you are working on your conditioning  
you are giving it a life...  
conditioning means that which is not real in the first place

it is like a darkness  
so you decide to work upon darkness...  
because there is no light  
and you cut and chop mind logic...  
the darkness...and these are my conditionings...  
and i need to work hard...  
and have to come to the state of silence...

there is no such thing as conditioning  
how to evaporate it and not work on it ?  
just heat water and it evaporates...  
nobody in the whole history of mankind has gone beyond conditioning  
osho declared that krishnamurti had not gone beyond his conditioning  
even gautama the buddha has not gone beyond his conditioning  
and let me put it correctly  
even osho has not gone beyond his conditioning

you do not need to change and work on your conditioning  
you simply need to find a space that is beyond it  
and live in that state  
and let the conditioning continue...  
your body has a certain conditioning  
and it needs to go to sleep at a certain time  
that is also a conditioning...  
you like to eat pasta and not chinese  
that is your conditioning also  
all is conditioning...  
your bodymind is conditioned

how to drop this bodymind  
with all its conditioning in one shot ?  
you do not need to work on anything  
to reach the state of no mind



when you are at the state of nomind...  
there is no conditioning  
you are not even a person  
you are not a man  
you are not a woman  
which conditioning are you going to remove ?  
in that state you are not even present !  
you are absent...  
and there is a nobodiness  
evaporated

so do not come down the ladder  
and again start working on your conditioning  
you need to bring in the light  
you do not need to work on the darkness  
you are fighting a shadow...  
and you tell yourself i need to work...  
on this conditioning...on this shadow

you just need to understand the state of nomind  
that which is transcending all states  
therapy can never help you

have you done kundalini meditation ?  
try to understand from this simple point of view...  
there are four stages in the meditation  
first shaking...preparing arousing the energy  
then dancing...expressing it...balancing it...  
then sitting...stilling it...  
and then lying down...stop  
where is the meditation in these four stages ?  
the fourth stage...lying down...stop...  
it happens in the last stage  
you cannot do anything...  
you are simply lying down

therapy is far far away  
first three stages in kundalini  
are preparing the body  
to reach the state of crescendo  
you cannot even do meditation  
let me tell you one thing...  
meditation cannot be done  
they are just devices...  
to alter your state of vertical consciousness  
these are energetic movements of meditation  
i am speaking on kundalini meditation  
because at least it is real...  
you are shaking...dancing...stopping...  
but therapy is just a blah blah blah  
filling your mind with knowledge...  
creating a more refined mental understanding

the word awareness has been entirely misunderstood  
by the western audience  
you think you can do ten to twenty therapies  
and you are becoming more aware...??  
no !  
you are becoming more and more...informed...  
awareness is a vertical state...  
which does not know anything  
it is non dual...

it does not even know that there is something outside it  
it is like a candle  
you take the flame in the darkness  
it does not know that darkness exists  
it is simply a light unto itself  
the state of awareness is not aware of anything  
strange...??

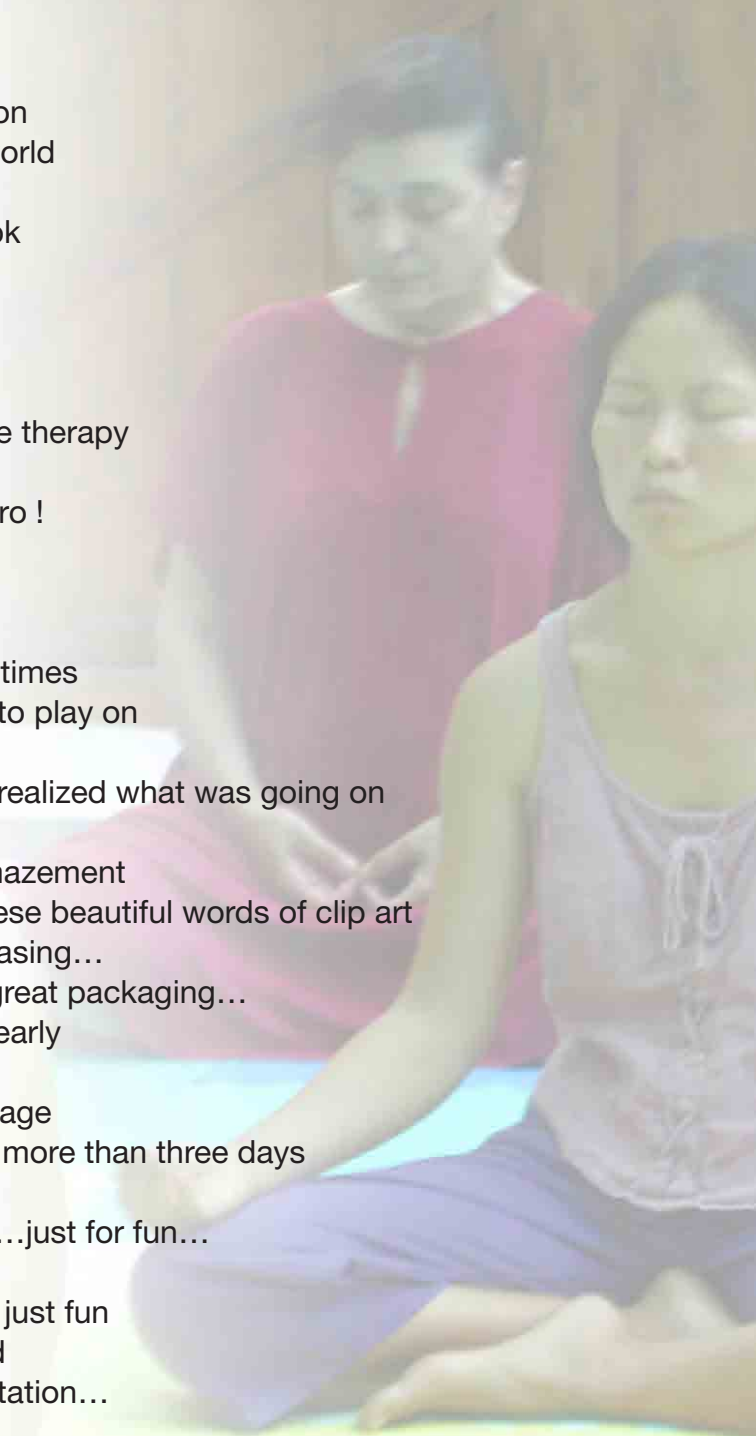
and these therapists say...  
you are becoming more and more aware  
no...you are becoming more and more knowledgeable !  
it is not the state of awareness  
awareness is an energetic silent inner flame  
the moment the energy rises to the nondual point of the third eye  
the state of awareness...oneness starts functioning...  
awareness starts functioning...  
it knows nothing  
it knows only a state of silent innocence  
this is awareness...  
not becoming aware of...

everything is objective  
awareness subjectivity itself  
the moment you say i am becoming aware of...  
you are saying...me and that object...  
awareness is singular...a state

therapy can never help you arrive to meditation  
it can make you more aware of...things...  
it can fill your mind with more knowledge  
and perhaps it can offer a hint that there is something beyond it  
that is as far as therapy can reach...  
but kundalini meditation or dynamic...  
these are deep energetic cleansers  
and these are given free...far deeper and real !  
energetically real !  
transforming your energy  
from the lower to the higher  
to the higher to the highest...  
that is kundalini meditation  
it is far deeper than any therapy

but therapy is a soft mental education  
people who are afraid of the inner world  
need to be convinced...  
so if that is the game it is perfectly ok  
then i am not against therapy  
i am just making you aware of its reality...  
its true worth  
and if its worth is just like a game of chess  
then they should charge only ten euro for the therapy  
maximum twenty euro for the therapy...  
not three thousand euro or five thousand euro !  
it does not have that price tag...  
neither it has that authority  
no master has done any therapy  
and osho has explained a hundred and one times  
that therapy is just the ground work for you to play on

before leaving the body when he realized what was going on  
he walked out of his room  
and went to the multiversity in amazement  
so many beautiful posters...all these beautiful words of clip art  
put here and there...nice paraphrasing...  
so cosy...looking so attractive...great packaging...  
he announced very clearly  
no more therapies !  
this was his last message  
no more therapies for more than three days  
full stop !!  
three days...playfully...joyfully...just for fun...  
do not take it seriously  
even meditation i am saying is just fun  
to come to the state of nomind  
that stop...is the state of meditation...



and even that is of no use if you cannot live it meditatively  
meditativeness...

walking...sitting...moving your hand...

breathing...merging your breath with the bodymind

understanding the inner flow

living meditatively is the inner way

so i do not even accept meditation as a path...

therapy falls far below

they have really brainwashed you !

understand the state my friend

it is a different universe...it is a quantum leap

when you are in this orgasmic state

the stupid therapist will be disturbing your orgasm !

it is an orgasmic state

and for that you do not need therapy

do not reduce yourself....

to conditioning and to removing your conditioning

you are not to do any such thing

do not dig into the bodymind

and find solutions out of a graveyard

are you understanding what i am conveying to you ?

i hope you are...

because in the west they do not understand

you can look at the face of all these therapists

even a baboon looks more natural than them

**question** *may i say something ?*

*so beloved rajneesh...we know each other for a long time*

*i am a therapist...*

oh beautiful...welcome...

swami advaita !

**advaita** *i was in poona doing groups in poona...then they threw me out  
what to do ? it happens to everybody...*

*now i give groups in miasto sometimes so i am not your enemy*

*even if you try to prove that i look so bad*

*and i am such a bastard with people*

*sometimes i can be the baboon like you say*

*you like to be an imitator*

*i know you since you were slow walking in poona moving around*

*very slowly so i know that you love to be an imitator...*

and osho decided that too ?

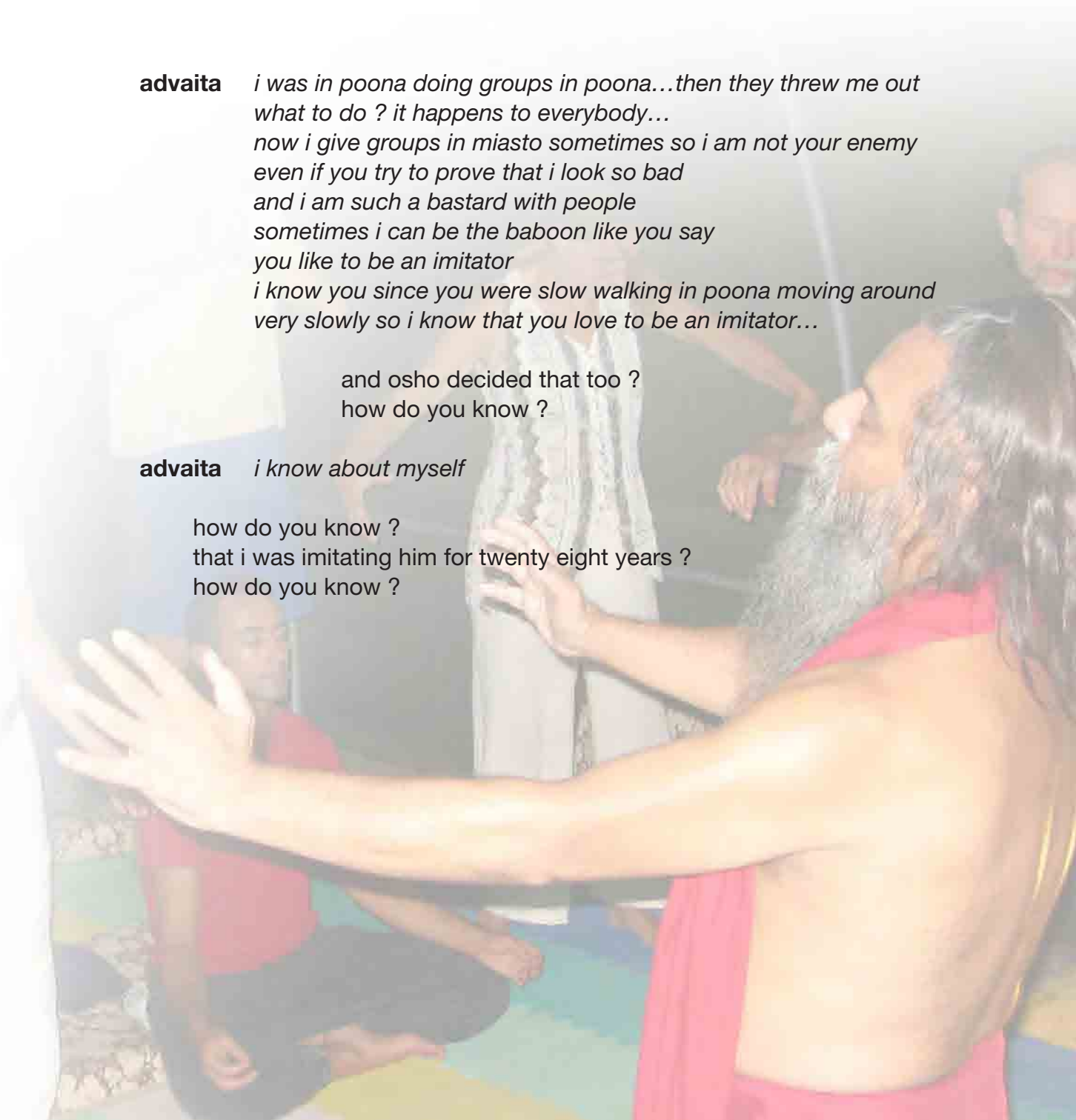
how do you know ?

**advaita** *i know about myself*


how do you know ?

that i was imitating him for twenty eight years ?

how do you know ?







**advaita** *i am just looking at you...*

you look at me  
osho looked at me too...  
this was pointed to him...  
unless you know more than him...hmmm...

**advaita** *no...i do not say that*

how do you know about my inner state of being ?

**advaita** *every gesture of your body*

of course...naturally...i am carrying my master...

**advaita** *just let me finish...do not try to cut me  
just for the simple words i say*

no...i am responding to you...

**advaita** *this is my point...i am a therapist  
and at the same time i am a meditator  
and an devotee of osho  
all three together  
like you have your trip i have my trip*

perhaps you have a trip...i have no trip...

**advaita** *so for my point of view  
i work on conditioning and you were saying  
you do not have to work on your conditionings...just illusion  
yes it is true but unless you know your conditioning  
if you speak of love without knowing love*

*if you speak of darkness without knowing darkness  
then you are just doing your treatment  
and you are like many other guys around  
oh...i am enlightened...i am enlightened  
i am not the body...i am not the mind  
and often they are such assholes !  
so for my point of view  
meditate totally...go totally...enjoy doing your trip totally  
but be aware of your conditioning  
otherwise you are dreaming  
aware...i said...not work on it...*

be aware of your conditioning...is knowledge !!!

**advaita** *no...it is not knowledge*

listen...you are the therapist...you can answer me...  
awareness is simply a state of awareness...  
not aware of anything  
awareness is a state of being...  
not aware of anything  
it does not know any conditioning...  
conditioning is part of the mind  
awareness...is simply transcending the state  
now your allegations...he knows me from the past  
this is beautiful  
in fact i am thankful to you  
that for twenty eight years  
i have managed this charade...  
it must be something correct  
this acting for twenty eight years...

**advaita** *you enjoy doing it*

in my bathroom ?  
in my room alone in manali ?  
i have enjoyed whatsoever...  
my master has said...dissolve into me...  
eat me...drink me...dissolve into me...  
you will become me...  
i am simply dissolved  
and i am carrying my inner state  
and you have watched me...  
and you knew that time  
why did not you complain to the great master osho  
because you were a therapist...

**advaita** *no...no complaint about you...*

you should have...it was a great opportunity

**advaita** *no no...i do not want to complain  
i do not want to bring him in*

have you read my book ?

**advaita** *no...i have not*

please kindly read before you decide you know me  
since you state you know me for more than twenty years  
you do not know me for twenty seconds !!  
even now you do not know who i am...

to know me you have to know who you are  
either you know who you are and you are enlightened  
hence you know me  
or you know nothing  
and you are just seeing my physical appearance

**advaita** *rajneesh you are playing with words*

sure...i play...everybody plays with words  
you are also playing with words

**advaita** *absolutely you are playing with words*

but my words have real substance behind it...

**advaita** *no*

ok...then i am dreaming...  
you see this ?  
you are not dreaming...  
you are out of the dream to watch my dream state !!  
you see this ?

**advaita** *you are playing with words*

how do you know i am in a dream  
if you are not out of the dream yourself ??!

**advaita** *possible...it is possible that i am dreaming*

so let us say that you are dreaming...  
and you presume...that i am dreaming...  
you are dreaming and you presume...that i am imitating...  
it is your presumption...your judgement...

what i am labelling against therapists is absolutely a fact  
because these monkey therapists  
are charging three to five thousands euros  
and they cannot justify it

why do you charge money ?  
do it out of your love...  
i am doing everything out of my love...

**advaita** *sometimes i charge some money*

how much is that some money ?

**advaita** *a few hundred euros*

they charge two thousand euro for mystic rose meditation...

**advaita** *not me*

you charge little less...two three hundred euros  
that is too much...i do not think you deserve two hundred euros

**advaita** *i think i deserve two hundred euros*

hmmm....maybe ten euros...

**advaita** *no...i think i deserve even more*

you have not created the method yourself...  
you have borrowed it from your master...  
and you are selling it !  
it has become a livelihood for you  
you have to maintain your life style  
on the words of your master ?

**advaita** *i have enough money to live without doing a course*

then do not charge...do it out of your love !

since you are a devotee  
and devotees do not charge for their love...  
that is why i am making it free  
i am making the therapies free  
so therapists are very angry

there are some beautiful therapies  
i must say...therapies are very valuable

**advaita** *i will come to your centre in goa to have a night and stay free*

you are welcome  
you can stay anytime free  
you can also come and teach free...

**advaita** *every year i am in goa*

you are welcome !  
i will wait for you at the gate myself...  
therapies are very beautiful  
they are devices of osho  
he has accepted therapies as a way to inner growth  
i accept therapies completely...  
but i do not value them higher than normal meditations  
i do not value them as the ultimate goal...  
meditation means awareness  
living it in each and every action  
and if i am living meditateness in each action  
then why you are calling it imitation ?  
it is my totality...of living each act totally...  
and i have lived this way twenty nine years...  
and awareness...the state of awareness  
has flowed and flowered within me

and the moment it flowers it behaves like a buddha...  
and each buddha walks in a certain way...  
speaks in a certain way...  
filled with light of awareness...  
and aware of the all the hidden inner states and spaces  
so you cannot judge me  
you are too far away...

**advaita** *no...i am not far away*

then...it is ok...  
judge me and enjoy it to your own peril

**advaita** *another thing...you like to say...  
i am not the mind...i am not the body...*

i never said i am not the mind...i am not the body  
yes...i have a mind...i have a body...  
the body and the mind will remain  
the conditioning will remain...  
this whole heap will remain...  
but i know...  
that there is a state...beyond...

i am not saying that i am not the body  
you think i am a fool ?  
i have to eat my food !  
this is the body...  
this is the mind speaking...  
i am using bodymind to communicate with you...  
but i am aware...  
of a state beyond this bodymind...  
from where are these words...  
from where are these acts are gesturing...

there is a state above me...the state of nomind...  
that filters through this bodymind and communicates with you  
i never said that i have no body...  
this body and its mind and its conditioning  
will continue till the grave  
but when this bodymind and its conditioning will fall...  
i will be watching  
and i am at the present moment...  
aware of that above me...  
that is my witnessing presence

transcending this body mind...  
becoming aware of this quantum state  
is totally different from working on this bodymind...

i have not wasted a minute working on this bodymind  
all the buddhas have not invested a cent of their time  
in their bodymind and its conditioning  
they have simply found the way out...  
to go to the state of nomind  
finished !

it can happen to somebody  
who has not even meditated  
it can happen to a runner...  
it can happen to a swimmer...  
it happened to osho...he fell off the tree...  
and he found the state of nomind  
because he found the source of witnessing...  
his being separated from the body...  
it can happen to a women when giving birth to a child...  
the death experience...  
the experience of the witness....  
that which goes beyond the bodymind...is the witness...



it can happen in many conditions...  
it can happen in an accident  
you do not even need meditations to arrive to that state  
so i am not even interested in the word conditioning  
and therapies are way below...

osho has said it many times  
that these therapies are only for people  
who have no clue of the state of meditation  
he has never recommended any therapy or any group  
for people of the east  
because they simply do not need it

it is only for very distant people who have no clue  
and if it is so...which i say it is...  
why are they charging the kind of money they are charging ?  
and why do they behave like superior elite people ?  
they are the elitists...  
they know it all !

they are interfering with mystics  
they should remain where they are...  
then i will have nothing against them  
therapy is perfectly ok...good nursery rhyme  
but do not price it as if it is the real diamond  
it is not worth a dime  
do it for fun...playfully...enjoy...

it is not stillness  
it is not for your inner silence  
it cannot transcend this bodymind  
you can polish it...  
make it look sophisticated...  
if you understand and agree on this  
i am absolutely in favour of therapy

**advaita** *i agree...i absolutely agree !*

then you and me are one...  
i am not against all therapists  
there are many beautiful people  
who are misled too...

i am trying to free you from therapy  
if you found therapy to help you...continue  
but know perfectly well that it cannot help you  
there are millions of seekers  
buddha...nanak...farid...osho himself...  
who did not even hear the word therapy  
they simply closed their eyes  
found the state and the way to reach  
they did not make a therapy out of tantra  
they did not make a therapy out of whirling  
they did not make a therapy out of vipassana  
they simply reached...

krishnamurti never did any therapy  
neither shirdi baba...neither ramana shree  
only the crackpots are doing therapy  
and putting a price tag to it...  
making it into a business...a vested interest...

**advaita** *osho has allowed the therapy and he loved it*

he never allowed it...you are wrong !  
he has announced eleven days before leaving the body  
no more therapies...

i can show you the pictures and the announcement  
no more therapies for more than three days  
was his categorical announcement  
and if i am wrong...i will stop speaking as of tonight

**advaita** *you risk to be wrong*

i will stop speaking immediately

**advaita** *that will be a great gift for you*

i will stop if osho did not say...no more therapies...

last message before leaving the body...

no more therapies for more than three days !

the people like the miasto buffoons...

are making money with therapies

they made a therapy out of wine tasting !

actually i am only willing to join one therapy

and that is the wine tasting therapy...

at least you drink something real !!

it is not mumbo jumbo !

at least you can drink the wine...

great therapy !

they use oshos photograph with harideva...drinking wine

and they make it the wine tasting therapy !

accepted by the osho poona resort...

but a mystic dancing is not accepted !

a musician playing on this guitar is not accepted !

anybody celebrating him...singing osho songs is not accepted !

anybody bowing in gratitude to the podium of the master

is not accepted !

but wine tasting ceremony ? very good business...

miasto has also made a new osho therapy

how to meditate and grow rich...!!

you sell the master any way you want...

because he is not here to hammer you

wine tasting ceremony ?!

teaching you how to drink wine is meditation ??

is creating more consciousness ??

and these idiots in poona are drinking wine the whole day

they are getting drunk

as if it can create more alertness

awareness and consciousness within you

so they accept miasto...perfectly ok !

i can tell you all the problems in that place

and you will understand one by one

if you really want me to start splitting hairs...

**advaita** *do not fight with the ghost*

they are not ghosts...

they are not ghosts my friend...

they are parasites and blood suckers...

**advaita** *no...*

yes !

anyway you will soon see

i am giving it free

you will see how they react...

because i am offering everything free

that will trigger an earthquake

because their businesses...

their money making vested interests

of these therapists will disappear

and then we will know whether they really love the people

and they really love the therapy

or is it the money that is luring them

to sell...teach...preach and create more parasites ?

i am dancing...my whole way is of dance  
and bring it into a silent stillness  
sitting silently...  
dance totally  
stop...  
bring it down...  
stillness and a deep inner trust

i have no other message  
and i do not sell any message at all  
i have no message to sell  
but this silent inner understanding...  
and it does not need a group  
it does not need any deconditioning work  
it does not need any family constellation work  
it does not need any this...or any that...  
therapists are showing you what is missing in you  
i am here to show you what you have  
and nothing is missing in you...  
that is the difference

they will continuously show you  
this chakra is blocked...  
you are blocked here  
and you are blocked there  
because it is their business  
to show you your blocks...

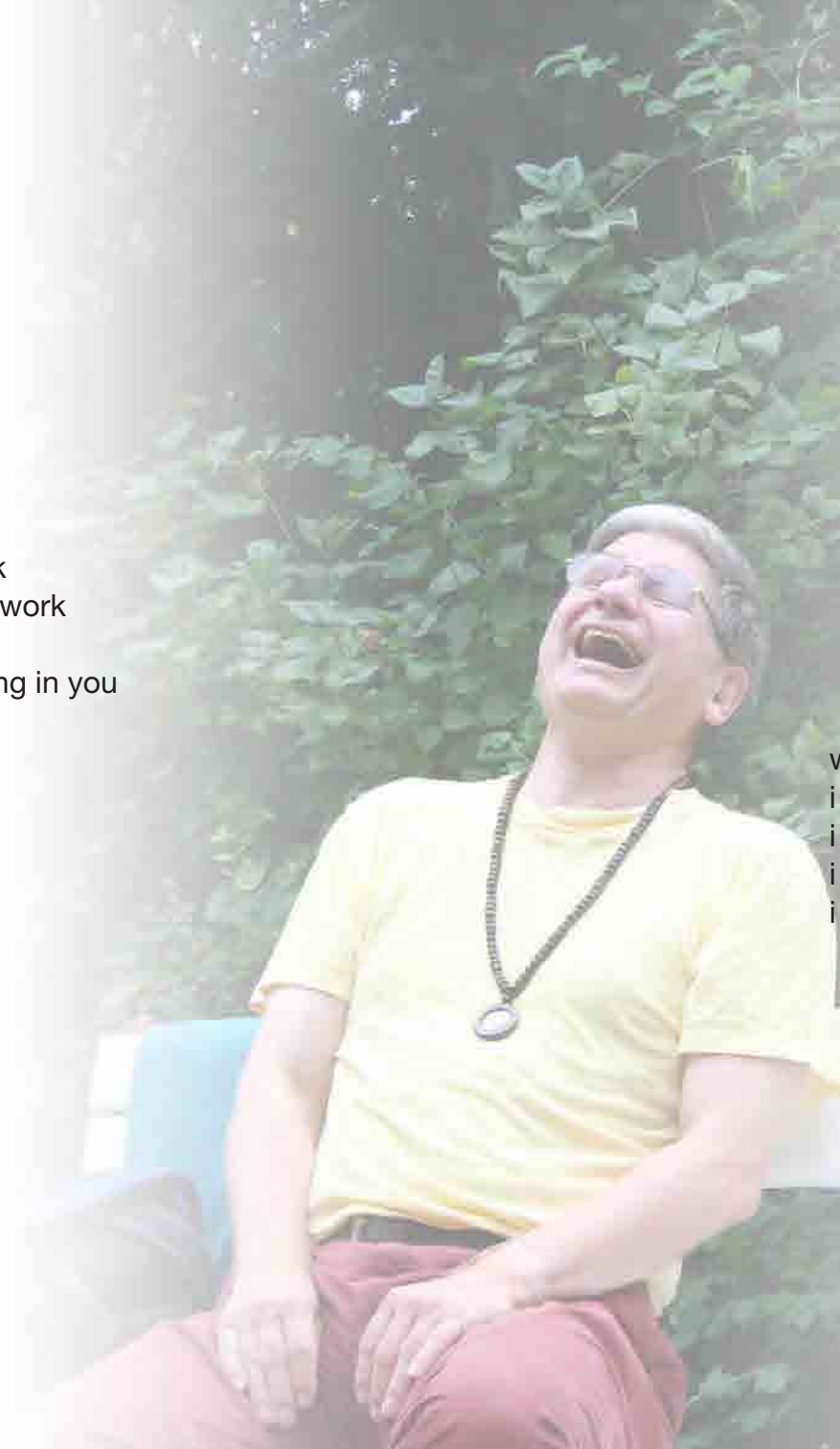
these are your problems  
these are your constellations  
these are your family issues  
these are your rebirthing issues  
these are your chakras that are blocked  
they do not even know their own chakras  
and they can see all your blocked chakras ?  
great people !

they are always showing you your miseries...  
and not showing you that you are enough unto yourself  
and the moment you are enough unto yourself  
which i state you are...  
you do not need these therapies  
and you are free from these therapists

**advaita** *you know very little of therapies*

i know nothing...  
i do not need to know...  
this word never existed in the east  
and thousands of buddhas have reached  
a hundred and thirty people became illuminated  
just by walking in vipassana...  
which i have lived for the last twenty nine years

walking step by step by step by step...  
i do not need therapy...  
i am not a child  
i do not need to know the word and its outer gymnastics  
i know the inner state...  
which therapy did osho do ?  
just take it easy  
understand what i am giving to you  
understand what i am sharing with you  
that is all  
if you like it...take it...  
if you do not like it...take a walk...  
those who are against me...  
are speaking against me all over the world  
i have taken it as a challenge  
i am defending myself hence i speak against them





i never took it on myself to condemn therapy  
i love therapy but it should know its place  
it should know its real worth then it is perfectly ok

ma sudha was here  
the great elite osho therapist sudha  
she has known me...  
she was teaching how to go beyond death...  
the last message of ma sudha  
shaking and shivering on her bed...  
please help me die...please help me die...  
twenty nine years of teaching how to go beyond death...  
she says i am not leaving the body  
the body is leaving me...  
then why you are crying ?

this woman made a statement  
that i am leaving the body  
she announced worldwide...  
i have got cancer...i am dying...  
that is ugly...  
you are emotionally blackmailing your friends...  
you die...we will celebrate when you are gone...  
first go !  
no need to make a big melodramatic story...

before dying she said...  
no osho songs will be sung here  
she did not want to hear any osho songs...  
she wanted to hear samba !  
because if she would have heard any osho songs  
she would have fallen in tears and collapsed...  
two hundred people came to see her  
to wish her farewell before she died of cancer  
she made such a big drama out of her death

go silently and move on...  
and we will celebrate totally...  
she has gone !  
she had the guts to speak against me continuously  
teaching how to go beyond death  
and asking for help when she is dying !  
this is a therapist ?

let me go one by one against all these therapists  
and you will see  
they are absolutely retarded people...  
and if you want the words of the master himself  
he has said categorically...  
that all the therapists have missed entirely

they know so much  
they think they know so much  
they do not even do ordinary meditations  
and if you want i can give you six pages of quotes of the master  
but i do not want to quote him because i am not his parrot  
i know for myself...  
that these therapists are the greatest idiots  
they know absolutely nothing about meditation...

in fact they are far away  
from the ordinary disciples of the osho  
just working in the kitchen...  
dancing...playing the guitar  
not worried about all their conditionings  
they are already in the groove...  
they are on the path...  
they are dancing and celebrating their lives  
they are not analyzing or judging or dissecting  
or trying to change



transformation and change...  
this is what i am explaining again and again  
you can change your persona...your personality...into a new persona...  
you can remove one set of conditioning  
of catholicism or buddhism or hinduism or oshoism  
you can change anything you want  
you can change the way you talk

you can change everything...  
but it is not transformation  
therapies are there to show you what is wrong  
but you are none of it...none of it !

therapies cannot help you in any way...  
and groups are even worse  
because everyone is constantly judging you...  
constantly looking at you...  
you are behaving in a collective manner...  
you are learning the conditionings of that particular group

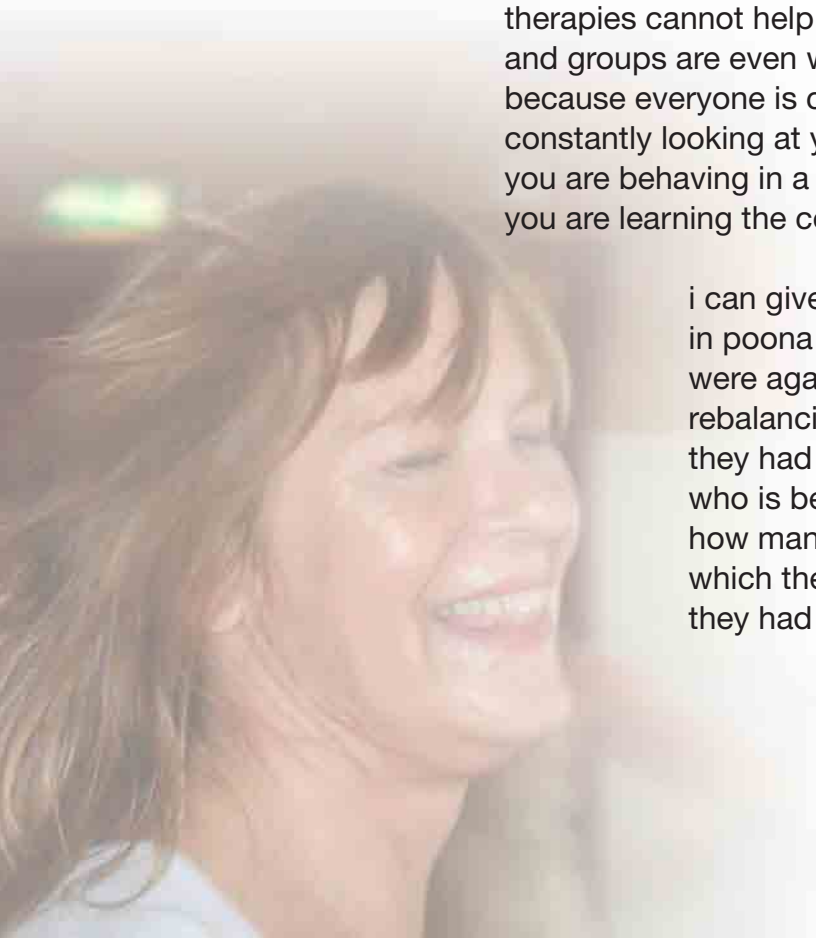
i can give you a simple example  
in poona the tibetan pulsing people  
were against the rebalancing people  
rebalancing people were against another group  
they had their own clusters of groups  
who is better than the other ?  
how many people are joining my group ?  
which therapist is higher ?  
they had their own clusters of conditionings...

understand what i am saying  
osho sannyasins have become so conditioned of their master  
and they cannot even listen to the words of jesus  
they cannot listen to the words of krishna  
they cannot listen to the words of meher baba  
why ?  
because their master is beyond it all...  
they are the most conditioned people today

as osho was saying... krishnamurti people are intellectuals...  
our people have become group leaders and therapists  
and this is far below our masters path of mysticism

mysticism does not go into the body and mind conditioning  
it simply searches the beyond...  
that which transcends  
the body the mind and its conditioning  
searching the transcendental in you...  
is the search of the mystic  
do not waste your time in therapies

can one therapist claim...  
he has gone beyond because of therapy ?  
they all look miserable...  
and i really have compassion for them...  
they got lost on the way  
the vested interest grows deeper and deeper  
and they have to continue teaching these lies to survive  
it is simply a survival mode...  
there are a few beautiful people i must say  
they are sincere  
i am not doubting their sincerity  
but i am saying that it does not have value  
and once you understand this it is perfectly ok





find the state of no mind  
find the way to dissolve yourself  
it could be running  
it could be painting  
it could be music  
anything creative  
creativity is far deeper than therapy...  
a dance is far deeper than any group...  
you understand what i am saying ?  
just dancing with the trees  
dance under the sky...  
have a nice cold shower...feel it !  
experience the cool silence in you...

this has nothing to do with learning...  
the whole process of meditation is unlearning...  
not learning...  
not adding but subtracting...unlearning...  
you understand ?  
just try to understand what i am saying  
therapies are adding...learning


do not seek what is wrong  
but understand what is right....  
do not look at the dead  
but look at the flow...  
do not look at what is blocked in you  
but see what is living in you...  
that is the work of the mystic  
versus the work of the therapist...

my friend...you are beautiful  
at least i see you are a beautiful person  
it is just my work to hammer...  
i need to do what i need to do  
and i am doing it at a personal level

**advaita** *but you like to talk only on this ?*

because i am here near osho miasto...  
they have sent messages against me  
devapath is here...  
he has sent messages against me all over russia  
prashantam is here...  
who has sent a message against me in russia  
devapath...prashantam...bodhiray...  
i do not want to go into details about these people  
but i can if they want...





if you want i can go on each therapist one by one  
and i will speak and i can bring myself in front of them  
and they can speak...this is my challenge...  
all have become silent...they know their exploitation

anything else ?  
can we dance again ?

**advaita** *much better !*

bring the rest of them tomorrow  
at least i will have some fun  
tell devapath and prashantam to come  
they can come...they are welcome...

**advaita** *rajneesh you are not so important  
that they will bother to come to you*

if i am no so important then they do not need  
to send messages worldwide against me...all over the world !  
six hundred centres have received a message against swami rajneesh  
all over russia...i have now my own centres in russia

devapath has been going from place to place teaching tantra...  
earning forty thousand dollars...  
and i do not want to tell you what he is teaching with his tantra  
and i do not want to tell you what prashantam is giving  
with his tantra classes and to whom...


any therapist having a relationship forcibly or otherwise  
with any innocent seeker of truth is a criminal  
let me put it on record categorically  
if any therapist has raped or abused sexually...  
or exploited any single girl who participated in their group  
i would say put that person behind bars...

they are ruining the reputation of my master...  
they are exploiting young innocent girls...  
and they have no right to use our masters name  
for tantra to have personal sexual relationships  
forcibly or otherwise with anybody in their groups !  
this is against the law and violates the therapist client relationship

and if i am wrong  
then again i am saying  
i will stop speaking

this is exactly what is happening  
and there are many instances against these therapists  
they should be barred and removed...  
they should be investigated...  
in fact i am going to speak against such osho therapists worldwide  
because these are unlicensed people  
they do not even have psychiatric license to work  
it should be called personal development mumbo jumbo and not therapy

therapy is an educated form of entering into others personal issues  
osho therapists are uneducated and unlicensed people...  
with not enough knowledge to distribute what they are distributing  
at the most they are just ordinary personal development trainers...  
and they should not use oshos name...  
because they are not professionally certified  
in fact this form of unprofessional therapy should be banned...



all these therapists should be banned in the world  
because they have not got any proper education or license  
clinical psychoanalysis needs three to six years of proper education

you can now enter the resort groups  
and take a three months course  
and you start teaching as a therapist...  
this is absolutely unacceptable...  
and i am going to speak loudly  
against these osho therapists  
because they are not licensed...  
and they are totally unconscious themselves

amrito is teaching hypnotherapy in poona  
he is a known drunkard...drinks a bottle of wine a day...  
he has been picked up by the british police for abusive behaviour  
he has been known to abuse a swedish girl in the lao tzu house...  
trying to tear off her clothes...and he is teaching hypnotherapy !  
a drunkard is teaching hypnotherapy to vulnerable seekers of truth  
hypnotherapy is dangerous !

osho has said it again and again  
that sannyasin hypnotherapists should be women not men...  
and specially of the unconscious calibre of amrito  
now here is a drunkard...hypnotherapist...head of osho hypnotherapy  
consuming alcohol everyday...  
smoking twenty cigarettes a day...  
he has no sense of clarity...reality nor emotional content...  
his lungs are burnt out...he is utterly unconscious...  
and he is leading osho hypnotherapy...

these are positions of great relevance  
you need to be very alert...very conscious...  
misusing your masters name...  
for teaching something which could be dangerous

all therapists should go back to some formal education...  
they should be certified by some official system

i can give you many names of therapists who are criminals...  
in the sense that they have exploited girls  
i can give you the name of another group leader therapist...  
he has known to have exploited a sixteen year old girl  
now he is a therapist...  
i can give you the names of massage therapists  
who are exploiting girls within the ashram...  
the rubbish they speak when they give massage to these girls...  
i would not even utter it on record

let me not go into details one by one...  
be careful of these therapists !  
they are not only dangerous...they are criminals !  
and therapy should not be done by people  
who are not licensed  
they have no education

when the living master was present...  
there was a certain soft understanding and some control  
the master knew what was going on...  
now these people are out of control  
and made it into a business and profession...  
and all they are doing is earning big sums of money...  
and exploiting innocent young girls...

**advaita** *there are many voices in russia about you with girls in russia  
do not talk the bullshit about others  
because there are voices about you too*

oh how wonderful...i am willing to stop speaking today...if it is true...



why wait for russia ? i am here now...  
please...you give these names...i am ready now !  
please expose me now...  
so why are you running away...  
another therapist running !!

**advaita** *no i am not running*

continue continue continue  
i will stop your business !  
continue continue continue...  
spread the message that swami rajneesh  
is going to destroy the business of therapists  
you all are finished...

**advaita** *do not worry...i will come in russia to challenge you*

you are here right now...  
come challenge me right here...now !!

**advaita** *no...you are such an asshole*

that i am...i am...  
come come again come again  
they are going to fry...  
these spies are afraid of me !  
their business is going to collapse...  
and that is my whole intention

very good !  
i enjoyed  
the message is gone to miasto  
this is very good !!

**advaita** *what about ma samya in moscow ?*

i am twenty four hours with my caretakers and friends  
who never leave me alone for one minute...  
so i do not know which woman you are talking about

**advaita** *do not worry...there are many voices about you...*

if i have exploited anybody  
and you can prove it i will stop speaking now !  
so do not make allegations without knowing anything  
come open publicly...please... i welcome public exposure...

**advaita** *we will see you maybe in russia  
have an nice time and enjoy yourself...*



italy  
nottoli  
4 july 2010

silence  
a deep stillness...  
an innocent open heart  
is the taste of the mystic

just seeking the silence space within  
understanding its naturalness and ease  
such a deep and profound experience

just the way you are...  
in utter silence...  
such a beauty...  
no struggle to become or to do or to achieve  
all is perfect

to come to this simple understanding requires an innocent heart  
that knows how to celebrate and dive into bliss  
just like a child...

just happy with the small things in life  
and everything is so psychedelic and so sweet

the real search is your innocence...  
how to melt away  
how to disappear  
just drown into this empty sky within you

this message releases you...  
from this world and its misery  
such a simple message...this is the search...

and no need to search...it is you...  
it is your very nature  
and this is what all the mystics have been saying...  
just in your perfect ordinariness  
you are whole and complete  
how could it be easier than this ?

just look at the compassion of the buddhas...  
they set you free...just the way you are...  
just imagine the beauty and depth of this statement...  
the whole world is searching and searching...  
running here...running there...  
in their struggle for power  
this struggle has to be understood  
this struggle of restlessness  
they go on missing what they have...

and the greatest treasures in life are found in rare moments of stillness...  
of love...of gratitude...of blissfulness...of innocence...a celebration...  
a deep acceptance...a big yes to the beauty that surrounds you  
and you are not making any effort for it  
just becoming available to what is present

how can the message become simpler ?  
i am simply amazed !

how we can keep missing the beauty of life  
that is flowing within us this very moment ?  
just imagine for one second that this life just stops...  
that the magic and the mystery within you stops...

while you are living  
remember this magical quality of life...  
that is flowing within you  
it is pure magic  
it is a deep mystery...  
that is why it is mysticism

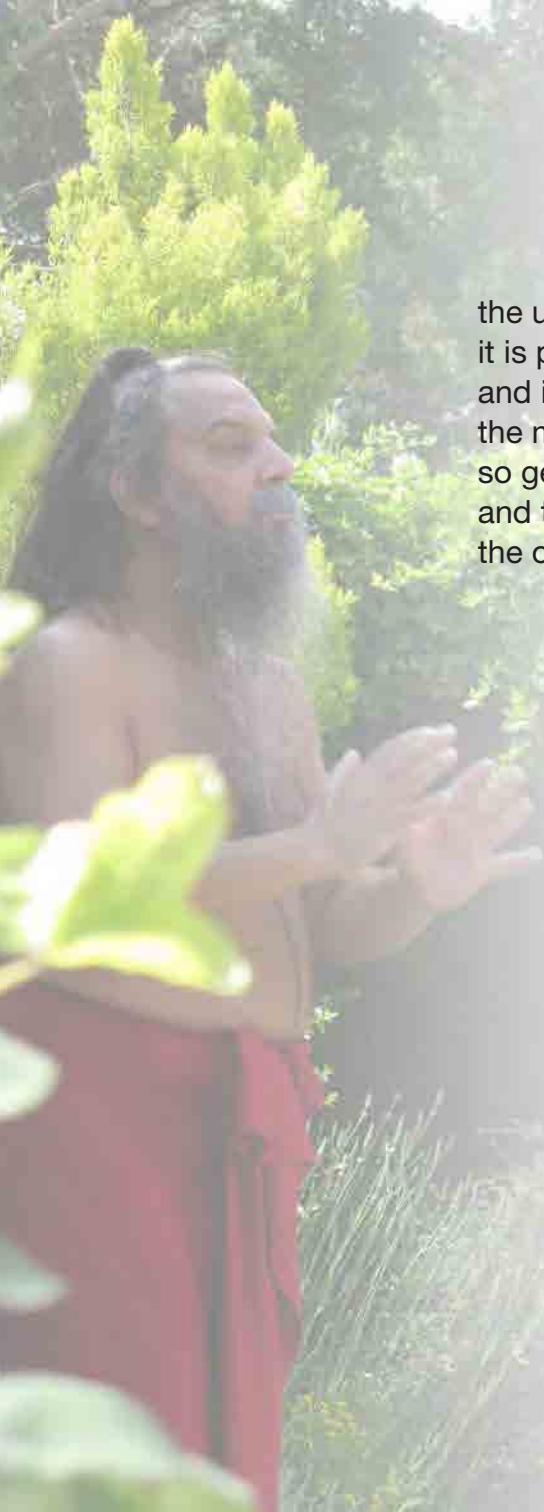
this inner search is a search of beauty...  
of your grace...of your creative spirit...  
it is searching to reach the stars  
what a search !  
and mystics have celebrated and danced  
and this is being their only expression  
just dancing like a madman in utter ecstasy  
just drowned...simply drowned and disappeared...  
a beautiful tear drop  
and a deep silence

these small deep and meaningful gestures is life  
life is in the small experiences...  
and the moment you experience such beauty...  
you just become silent  
you are in awe...  
and you become still...  
and you bow down to this existence in gratitude  
you bow to your master for having opened your heart  
having danced with your being  
and shown you the beauty of your being

this gratitude is a devotee...  
always smiling with inner glow  
a prayfulness...a sensitivity and a grace...  
that grace is his thank you  
his thank you to his master  
to life itself and to all the friends that celebrate

remember you are a treasure...  
treat your life like a treasure  
you will find it sooner or later  
and the easiest way is to celebrate along the way  
and let celebration become your very lifestyle...  
anything you can celebrate





the ultimate state of samadhi is an orgasmic celebration  
it is pure ecstasy...  
and if you do not know how to dance and drown into it  
the moment it will come you will not understand it  
so get acquainted with this blissfulness within you  
and the silence and stillness it brings to your life  
the only way i know is to dance

dance to such a height...  
make your dance a big yes to the sky...  
and the sky is going to shower its blessing on you  
osho says dance your way to god...  
no need to dance your way to god  
you are god when you are dancing...  
god will come to you  
he needs to dance too !  
so many people sending their misery letters to god...  
but god is going towards those who are dancing

we are here to remind god  
that you need to dance once in a while  
taking care of all sick people and their stories...  
you can become serious like jesus on his cross...  
so bring him down and let him dance...  
jesus...enough on the cross...  
you have suffered enough now...  
let us dance for you...  
come we are going to dance together...

our masters message is so simple  
just dance and celebrate that you have a master...  
we have come across such a beautiful being  
it is such a blessing...

just to have seen and to know  
that such an illuminated being exists...  
he is showing you your potential  
he is showing you the light that you have within you  
and he tells you that it is just a moment away  
you have such a beautiful life ahead of you

the very fact that you know your master  
and have felt his presence is a new universe for you...  
and what a beauty that you know it exists...  
it is your treasure to find and dissolve into  
you are so lucky...

we are so fortunate  
that we have our master...  
imagine those who have never come across a being like osho  
can you feel for them ?

if there are any questions  
or if anybody wishes to say something  
welcome now

yesterday we had a juicy evening  
i was hoping for some more miasto juice  
we are missing those miasto people  
no fun without enemies !  
they raise the fire...they raise your alertness...  
it is good to take out your sword once in a while  
and sharpen it  
we are missing our enemies...  
there is no fun without them !!



**question** *the flashing of the photographs is very annoying...*

we have to live with some troubles once in a while  
what to do ?  
sometime it does not happen...  
sometime it happens...  
people are curious what is happening here  
sometimes people need to see photos...i am sorry...  
normally we do not use flash  
when we have enough light  
but today it is dark

you just imagine it is a glimpse of satori...  
ohh...ohh !  
it happens like this light flash...in satori...  
just little things...

how do you know it was a camera flash and not a satori ?  
just ignore it...oh...i saw a light flash...  
it can happen also because you are in a dark space...  
and it flashes more because your eyes are closed  
and what is catching the flash is the third eye  
it is a very good experience  
few more flash pictures for you...  
ok peter ?

we will transform everything into positivity !!  
no fantasy  
this is our business...  
everything that is negative  
we find something positive somehow...  
every rock on the way  
and we find a new curve and new dance around it

everything is yes  
even no is ok...yes yes yes  
you know...when a girlfriend says no it means yes  
when your girlfriend says no you say yes  
it is like that...  
now only the women are laughing !  
no no no yes yes yes  
ok peter ?  
ok...do not flash on peter...no more satori for him...

**question** *one comment...*

*last day in the satsang for me it was a big fright  
the subject of the therapies was a kind of violence for me...*

one hand the lotus...  
one hand the sword...  
just lotus alone is impotent without the sword  
which is a greater compassion...  
to offer the lotus or the sword ?  
compassion is passion...transformed...into fire

if you want to create something meaningful  
you will have to remove the poison...

to allow the poison to grow  
to allow exploitation is not acceptable for an awakened one  
any form of exploitation is not acceptable...  
if i remain silent then i am silently participating in that crime  
by not having the courage to speak out...  
i am a very patient person  
usually i do not speak about therapists  
and their corruption and their exploitation

but i happen to be in a hundred mile radius  
of a exploitive organization called miasto  
and it is personal to me...because it is my work...  
it is my masters work and i take it as my personal work

if i see such people exploiting my innocent friends  
in fact the gentlemen here was making allegations  
unsubstantiated allegations against me  
offering even a name of a woman  
saying that he knows me for twenty years  
he is a therapist...  
he saw me twenty years ago walking slowly  
and he translates it...that he knows me for twenty years  
and that i have been imitating osho for twenty years  
he does not know even how to sit on the toilet seat...  
even to make a simple statement...  
that i know you for twenty years is utter nonsense  
and i have been imitating my master  
who is he to judge me ?  
declare that you are enlightened  
drop the false therapy garb !

the greatest enemies of the osho movement today...  
the priests and politicians are these osho therapists  
they are exploiting the innocent newcomers  
and if i remain silent it will be a greater crime  
let me remind you...  
this is not violence but creative destruction...  
against the people in power who are abusing  
and misusing my masters love

how would you like it  
if a seventeen year old girl gets raped  
by a therapist in the name of tantra ?

should i remain silent ?  
in my masters name i will cut his head off...  
and it will not be violence...it will be my compassion...

my master osho spent years fighting like a warrior  
against all politicians...priests...religions...  
societies...institutions...marriages...  
all kinds of superstitions and lies...  
he continuously spoke loudly against them  
this is his compassion

if i was clever ...  
i would just ignore and give you some butter  
may be feed you some pasta...  
and say i am your good mamas boy  
but i am not that kind of person  
i will cut these heads continuously !  
i prefer that kind of violence  
than staying passive...ignoring the truth...  
so do not think that i am a soft person  
i am very hard...  
and i am telling them again and again  
come and challenge me...  
they do not have the guts  
they ran away...  
if they are right...i said i will withdraw  
if they are wrong...they better remain silent

yesterday there was no violence  
i was just sharp and cut their lies...  
because they are spreading lies against me all over the world  
they are misusing my masters vehicle of truth  
these ashrams belong to people like me...  
they do not have the right to misuse their power against individuals



the organization cannot destroy the individual and his truth  
i will stand up against it...

for myself and for anybody else for that matter...

i am a very dangerous person

if you have the idea that i am a very soft and loving person

i am sorry to say but you are wrong

i decide when to cut...

and you know perfectly well

that they are continuously threatening me

i am defending my innocence  
hundreds of people are attacking me

i am smiling all the way

i very rarely interfere...

but they are interfering with me

i am not doing anything...

they are interfering with my dance

with my celebration...

with my love affair for my master

i am totally dissolved into his life

and i am living my celebration and dancing for him

the people who own this place received a threat from them...

should i remain silent ?

i am not a coward...

they better behave themselves and be careful

and this is not violence...

this is pure fire

and when i speak i also laugh

i have a big smile within myself

i am doing my work

i deserve the freedom to express myself the way i want to...

and those who wish to see me are coming out of their freedom

but those who are coming to me...

are being threatened and blackmailed

now this is ugly...

should i remain silent to it ?

they are the violent people !

to build a road you need to remove obstacles

and it is going to be painful...

so do not be disturbed

understand the fire...

it is compassion

imagine a man like jesus

he goes to the temple

one small man turns all the tables around in the temple

shouts and screams at the people...

get out of my fathers temple !

you money changers are exploiting my fathers temple !!

it is not violence...it is pure love

you do not see the love in him ?

i am defending myself

so understand who is doing what...

look at your master

why is he interfering with religions and countries and governments ?

with priests and politicians and neighbours and families ?

why is he condemning the whole world ?

he should shut up ?

whenever osho spoke against these people in power

who are exploiting the masses...

people started applauding !

here is a man who is a warrior

and truth needs a warrior...

with a heart...with a vision...with an insight...



when he destroys he creates something beautiful out of it  
it is not only destroying...

but recreating and giving a new answer

i am giving a new answer

i am removing the exploitation of these ugly therapists

and if you want i can give you books of osho

where he is speaking against therapists

therapy should not become a profession...

once it becomes a profession it becomes ugly

and it has become ugly...

so i am not violent

it is pure love...

but you do not know the taste of fire

many people get upset

you want sugar daddy here ?

only feeding you candy and putting you to sleep ?

that everything is hunkydory ?

then so are the nuclear weapons...

and so are the politicians...

and so are your governments...

and so is this miserable world...

where will you start ?

where will you stop ?

i only work with my people...

within our circle of friends

and i say nothing to anybody

the moment they start spreading

lies and rumours against me

using my masters ashram...

then they have to confront me

i am challenging them

but they are cowards attacking from behind

they do not even have the guts to come...

and confront me face to face

these are the worst kinds of dirty cowards

you understand ?

**question** *i understand that there are people who always say the truth*

*i understand that the path is not only made of roses*

*i understand the fire that you are talking about*

*but there is a point in certain situations*

*i totally agree with the fire*

*but be careful of these people...*

i should be careful ?

they should be careful !

i am not careful at all...

i do not care at all...

i am not careful...

i am not a calculating diplomat

i just act

and if i am wrong i accept...

the fire will burn...

few right things will be burned too with the fire

fire is fire !

i prefer pure fire than a cold inert response

at least it is more authentic...

i always say it is better to express through fire

than to remain indifferent and cold and calculating

and what will happen to me ? i do not even care...

i do not consider what is going to happen to me...

they should care what is going to happen to them !

i am not abusing my masters love



i am not selling my masters vision  
i have nothing to fear  
they have to fear !  
they can destroy me...  
i will be in celebration when they come to destroy me...  
if it happens so what ?  
they have threatened me many times  
i am willing to disappear  
but i will die fighting...

i will not be silent  
specially on these matters  
of exploitation of seekers of truth...  
i draw the line there...  
do not exploit the innocent...  
go to the world  
exploit the world  
do not exploit the lovers of my master  
they are rare and sensitive and precious beings

i do not fight the church and the pope and the cardinals  
because some cardinal is a homosexual or he has abused children...  
i am concerned about my friends and fellow travellers  
and i will not accept abuse...  
of any individual in the name of my master...  
as long as i am alive !

when sheela was running oregon she was abusing her power  
nobody said anything...  
and after they complained to osho  
so he said...what were you all doing ?  
why were you silent all the time ?  
why you did not speak before ?

i am speaking to keep it on record...  
that i am not going to tolerate this  
and they are fighting me  
and i welcome them and i am not afraid  
they say they do not care  
then why they complain to the authorities today ?  
i am not complaining to anybody  
today i am dancing again  
you see ?  
wait and see what i am doing...  
i am a very intelligent being  
i have been created by osho

we were talking yesterday...very funny insight...  
that who do you think is more intelligent...  
osho or me ?  
i said...definitely me !  
very simple answer !  
i have the greatest master in the world osho  
he never had a master of his calibre !!

i have all his books...his vision...everything he has poured...  
i am simply drinking and learning the path...  
i am young...i have absorbed all his genius  
definitely i am more intelligent than osho !  
i have osho...plus myself...  
i have osho...plus the very experience of being a devotee...  
to the greatest master ever on earth

osho was never a devotee to a great master...  
poor guy...  
he never had this opportunity which i had...  
osho missed the possibility to be a devotee to a master

i had that opportunity  
so i must be a genius !  
i have been created by my master  
i must have something unique in me  
something of these modern days...  
which is missing in my master

i can create a book out of this alone  
and i can prove perfectly well that we will go ahead  
children of masters move ahead...  
and the father is always smiling  
that my children go ahead...  
please go ahead...please go ahead...  
otherwise you have not proved your worth  
just give me some time...  
osho had eighteen years to develop his skills of speaking  
i have not even been given eighteen months  
i have just started speaking

let us see where he leads me  
i carry a silent being within me...  
i have been created by the finest master in the world  
and soon they will understand  
when i will get the opportunity and space to speak  
my experience is far deeper because i have lived with disciples

i walked with disciples  
i know how it is to be a disciple  
i know what my fellow travellers are longing for  
i know the tears of my fellow friends  
i know the difficulties they are passing through  
i feel for them and that alone makes me more real  
more authentic than any master

i have walked with you all...  
and that creates a new being  
my whole work is to protect the individual and the seeker of truth  
my whole effort is to protect that innocent being  
who enters into the experiment of a living master  
read my book carefully and you will understand  
that from now on no disciple searching truth  
will ever be harmed  
when they are near me  
my whole being will protect these seekers  
i am not a man for the master anymore...  
disciples are priceless...

my whole focus is on sannnyasins and seekers  
how to give them wings  
how to make them free  
how to provide a space for their growth  
how to save that authentic being that does not have the support  
you will see how delicately careful i am on these grounds  
i am considering all the view points of seekers going to masters...  
what they need for their journey  
how they will eat  
how they will sleep  
how they will work  
because i have been there too...

i will never exploit a single friend of mine  
i can forsake myself...  
but i will never exploit my fellow friend and traveller  
and i will not allow my fellow friend and traveller to be exploited either  
i am very particular...  
this is a recorded statement...  
anybody crossing the line exploiting my fellow friends  
i am going to cut their head off...

let them call me violent  
i accept that title  
in fact in one statement i said i am atilla the hun  
i prefer to be called atilla the hun than a buddha  
sometimes even atilla the hun is needed...  
all these parasites and exploiters are going to run...  
wait and watch...

i am waiting  
i am just moving around casually  
let the space be prepared  
and i will bring out the best in me...  
my master is going to shine  
this is my work  
we have not seen osho working as yet  
and for me he is not dead...  
but coming back...  
sharp as ever !

but i can smile too...i am playful  
i am not serious but very sincere...  
and i can be playful too  
i can forgive and forget  
it is ok...but they should know how to behave

when you are in power  
it is your responsibility to be more sensitive  
it is your responsibility to protect the weaker  
power means deeper responsibility  
real power over other means the ability to bow down  
and to raise the other higher

nobody is allowed to trample upon human beings  
they are beings of lights  
they should be careful

how they behave with disciples...  
who have been accepted by the master himself  
if osho has accepted them as they are...  
who are they to reject them ?  
i am not rejecting anybody...  
i am only fighting those who are in power...  
and controlling others and dominating them  
and what to do ?  
they are banning the musicians...the dancers...  
the lovers...the ones who are in gratitude...the devotees...  
what can i do ?  
it hurts me and that is very personal

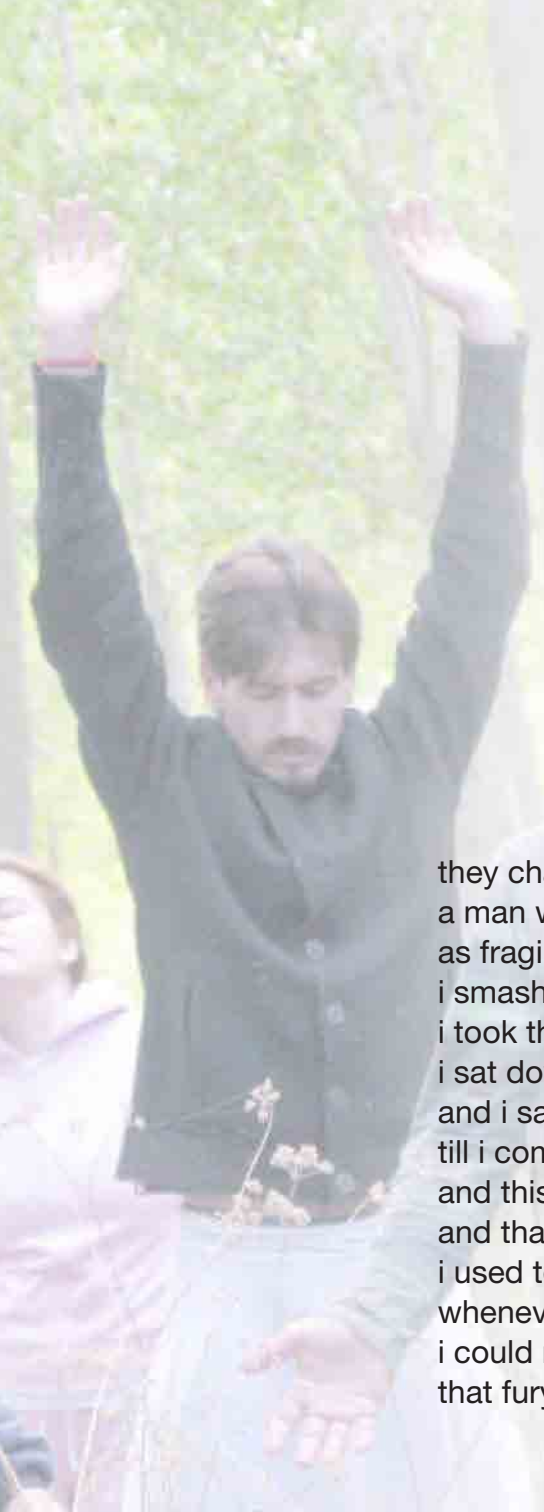
i am beginning to sound like a lecturer  
i never thought i will be speaking  
i am such a non speaking kind of person  
but what i see in front of me is so disgusting  
i never expected that this would happen with my masters vision  
i treasure his vision too deeply...

you know me...charna...  
did you ever see me speaking ?

**charna** *i never saw you speaking  
i never saw you angry  
and i never saw you unaware  
and i never saw you imitating osho*

i do not have any anger...  
but i have fury in me !!  
i do not get angry...  
i get furious !!  
yes !






if it touches my heart and if it is of vital importance  
then i am furious !!

anger is for children  
they get angry  
i do not get angry...  
have you seen me furious ?  
i am scared of myself...  
and i become utterly alert and so utterly still  
and that is real fury !!

i remember when bhagwan was chained  
and i woke up that morning  
and i saw his picture on television...bhagwan in chains  
you cannot imagine what i could have done...  
i picked up the lamp and smashed the television  
so much moved through me  
the greatest master on earth and they chained him !

they chained his hands...his legs...his waist...  
a man who cannot move a single step  
as fragile as a flower and they wanted to humiliate him...  
i smashed the tv and that anger transformed me  
i took the anger to india  
i sat down...  
and i said i will stop breathing  
till i complete this journey  
and this will be my response to those chains  
and that was my response to those chains...  
i used to keep that picture of his chained body in front of me  
whenever i opened my eyes and i saw that picture i went in  
i could not tolerate that picture...  
that fury took me and transformed me...



fire is very valuable  
if you can direct it...  
it can become dynamite  
i know how it is...  
i sat in silence  
i moved in  
and if those who knew me came to say hello  
i would look at them  
who are you coming to say hello ?  
i am a man on a mission !  
life and death !  
please do not come and disturb me !

i did not speak to anybody  
because i had a reason  
i had one focus...  
till i come to that point of death  
i will not say hello...smile...talk or anything...  
i am not here to socialize  
i continued...drill...drill...drill...drill...drill...drill...  
i am like that  
i never spoke to anybody  
i was so busy drilling  
and every single step was my drilling...  
step by step...drilling deeper...  
drilling...drilling...drilling...

every step...  
every single act of mine...  
i used to wash dishes in the kitchen  
and people would be in a line waiting behind me  
come on...quickly...  
they used to throw dishes so fast...  
i would wash the dish...wash the spoon...keep it...move on...



every single act of mine...  
just the way you see me now  
it was a great effort i made...

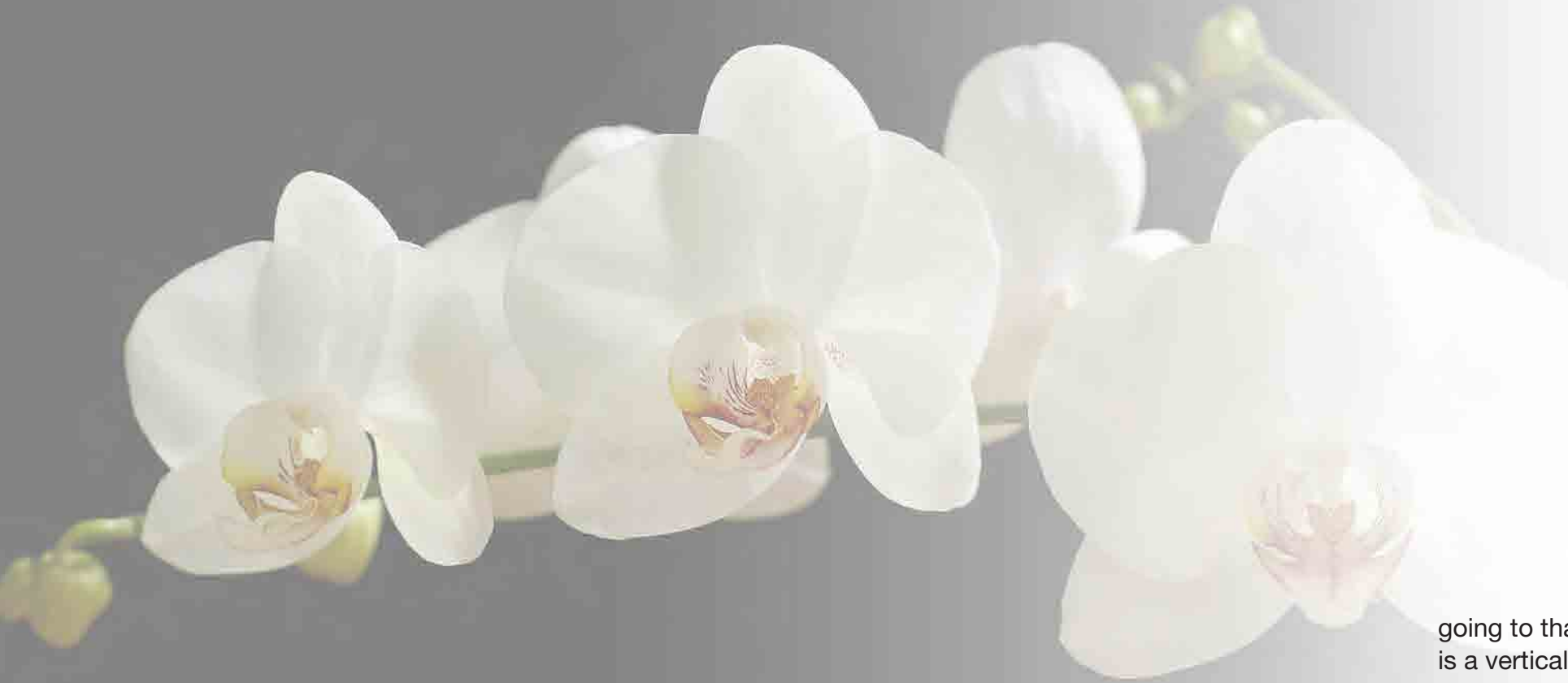
but after the explosion happened...  
it became effortless...  
i have never moved a single hand unconsciously  
i never make mechanical blind movements  
even when i was speaking to that therapist  
i was hundred percent alert...  
i did not move unconsciously...  
this very effort makes you more alert...  
it cuts the inner spaces and creates a buddha out of you  
you need fire  
you need focus  
you need totality  
you need passion  
there is no shortcut...  
and it is beautiful  
you are chiselling out a buddha  
you are creating the greatest diamond  
inch by inch...  
is that not a beautiful endeavour ?

again serious talk ?  
that is why osho used to have a joke book !  
very serious...then he would make a joke...  
and he laughs at it himself

i think too much talk for today

some music and dance ?





austria  
vienna  
9 july 2010

silence...a deep stillness...  
this innocence state  
just silence and stillness...  
this is the whole search  
how to come to this state within you  
this utter silence...the unmoving centre...  
the moment you touch it  
everything in you becomes complete and fulfilled...  
such a simple message  
silence and stillness  
this state of silence is not dead  
but a peaked ecstasy...  
of a great inner celebration and dance  
and the moment you go higher and higher and higher  
you transcend the mind...the body...the emotions  
and you move high into the sky to the state of nomind  
it is an orgasmic stop  
a total stillness where mind simply disappears  
this is transcending the mind...  
going to that space that is beyond the mind  
is a vertical energetic state  
it is an energetic transformation  
when the energy flows upwards  
and goes higher and higher and higher  
till you touch the peak  
mind simply disappears  
and that state of nomind is your ultimate nature

you are at your peak  
you are at your maximum  
mind has become silent  
and that state is your buddha nature

the inner journey is so simple  
the word transformation simply means  
energetically transforming your energy  
into a higher and higher excited state  
till it comes to the ultimate peak naturally  
the moment you come to the state of nomind  
the only learning is how to drink it deeper and deeper  
and allow it to filter through you and settle inside you

this is the light  
draw the light in  
let it filter and settle...settle...settle...settle...  
let it settle deep within you  
in fact that is the very quality of orgasmic ecstasy  
the moment you attain it  
it gives you a deep stillness  
and the higher you go  
the deeper you can relax into its open state

meditation is nothing but learning how to relax deep into your inner being  
just this deep relaxation brings you such a silence...

such a fulfilment that you do not search for more  
there is no search

remember that all that you are missing is this inner experience  
and the moment you understand  
you stop wasting your time running outwards  
spending that valuable energy that you have...

contain it within you...

a simple dance and you are perfectly whole

the meditator is one who stops chasing things...objects...dreams...desires...

they lead you away and they do not fulfil you  
it takes you away and you miss the moment  
that you are living presently herenow

just learn to live herenow  
understand that you are perfect  
when you are in this moment  
everything is present  
nothing is lacking  
such an easy inner journey  
this is all we experiment here  
peak...stop...dive deep...  
we do not simply sit here  
it will not be alive...

that stop and that silence that comes to you  
is because you have arrived  
to that peaked state within you  
that silence is utterly alive  
it fills you with so much bliss  
another word for it is orgasm  
it is an orgasmic state within you  
and the very door to the orgasmic state  
transcends the mind and shows you a new universe  
that is filled with light and it expands you

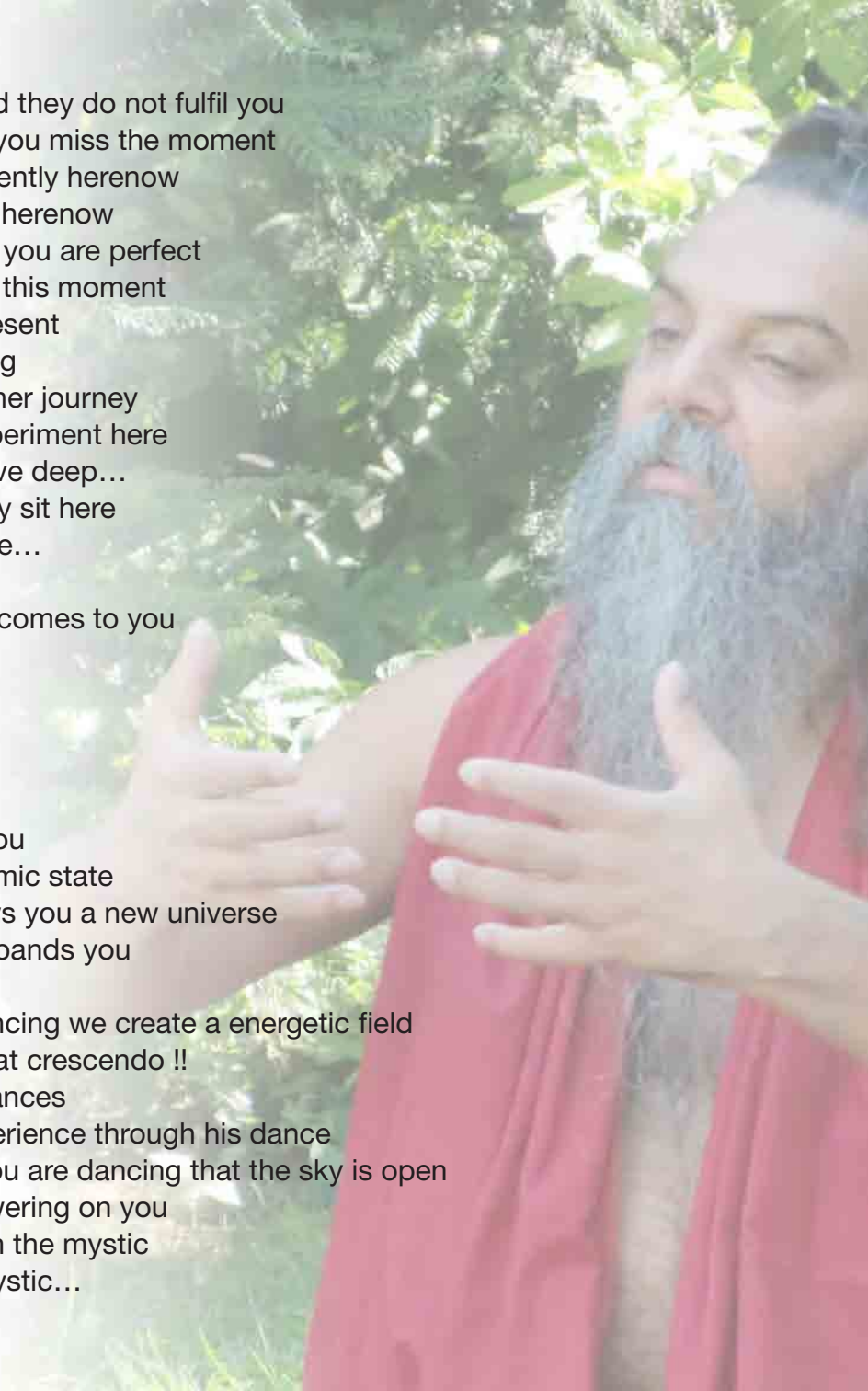
that is why we dance

when everybody is dancing we create a energetic field  
and it peaks into a great crescendo !!

a mystic is one who dances

and gives you the experience through his dance  
you can feel it when you are dancing that the sky is open  
and something is showering on you

the only way to be with the mystic  
is to dance with the mystic...



and the dance of the mystic is not ordinary...it is extra ordinary  
it is rooted in deep silence  
it is rooted in a deep inner stillness  
and all that moves around a still and silent being...  
is like a tornado  
it is so strong !

if you have a deep inner centering you get totally lost  
when you are lost everything disappears...

and you see that miracle...  
it is within you !

you just need a simple device  
to bring you to that inner state  
do you understand ?

next time we get up and dance  
just dance totally !

forget all about sitting in deep meditation  
that sitting will happen when you are in ecstasy  
you will sit so deep

you will be drowned in such ecstasy...

that you will not wish to move

no effort in sitting...you are floating...you are still...

because you have drunk your inner being

that stillness is totally alive

no effort

it simply puts you into an deep relaxed state

so next time get up and dance and be total

dance...dance...dance...

so that you drop...the mind drops...

everything disappears...and then sit...

and you will feel the qualitative difference

you are buzzing and so fulfilled that silence drowns you

there is nothing i can give to you verbally

because this is not an education

you do not need to learn something  
truth is contained within you  
you simply need to unlearn  
and find your natural states  
and learn how to peak

open your inner being to the sky and the stars

and the moon and the trees and nature

and dance and dissolve in to all that surrounds you

you are part of nature

and the moment you move and disappears

you become one with all that surrounds you

you are living in an ocean of life

life surrounds you everywhere

it is reaching the grass...the trees...the sun...the stars...the sky

it is reaching everywhere...pulsating everywhere

if you are closed you will not feel the pulse of existence

dance and you will feel that you are one with all that surrounds you

that experience of oneness is the experience of the mystic

become one with all that is surrounding you...

and the inner reaches outwards

and the outwards reaches inwards

and this wall...this bodymind...simply disappears

then you know that you are already home

you do not need to run here and there

you are going nowhere

just be where you are...

and the simple experience

will settle everything in you

you will come to such a settled content tranquil state

and from there you have clarity...

that clarity will give you a vision

and each thing that you will do in your life

will come out of that settled clear state



first attain to stillness and silence  
then in that clarity make decisions about your life  
and what you wish to do with your life  
life is very precious  
do not waste it in meaningless rubbish

this whole world is running around  
bringing themselves towards the grave  
do not just live a mundane life  
you are a spiritual being  
balance your mundane life with the mystical  
search the mystery within you  
there is no way to search the mystery  
you can dissolve into the mystery by living it totally  
another way of dissolving is living  
and the only way to live is to dance...celebrate...  
enjoy your life totally...vertically  
it is a vertical state of enjoyment

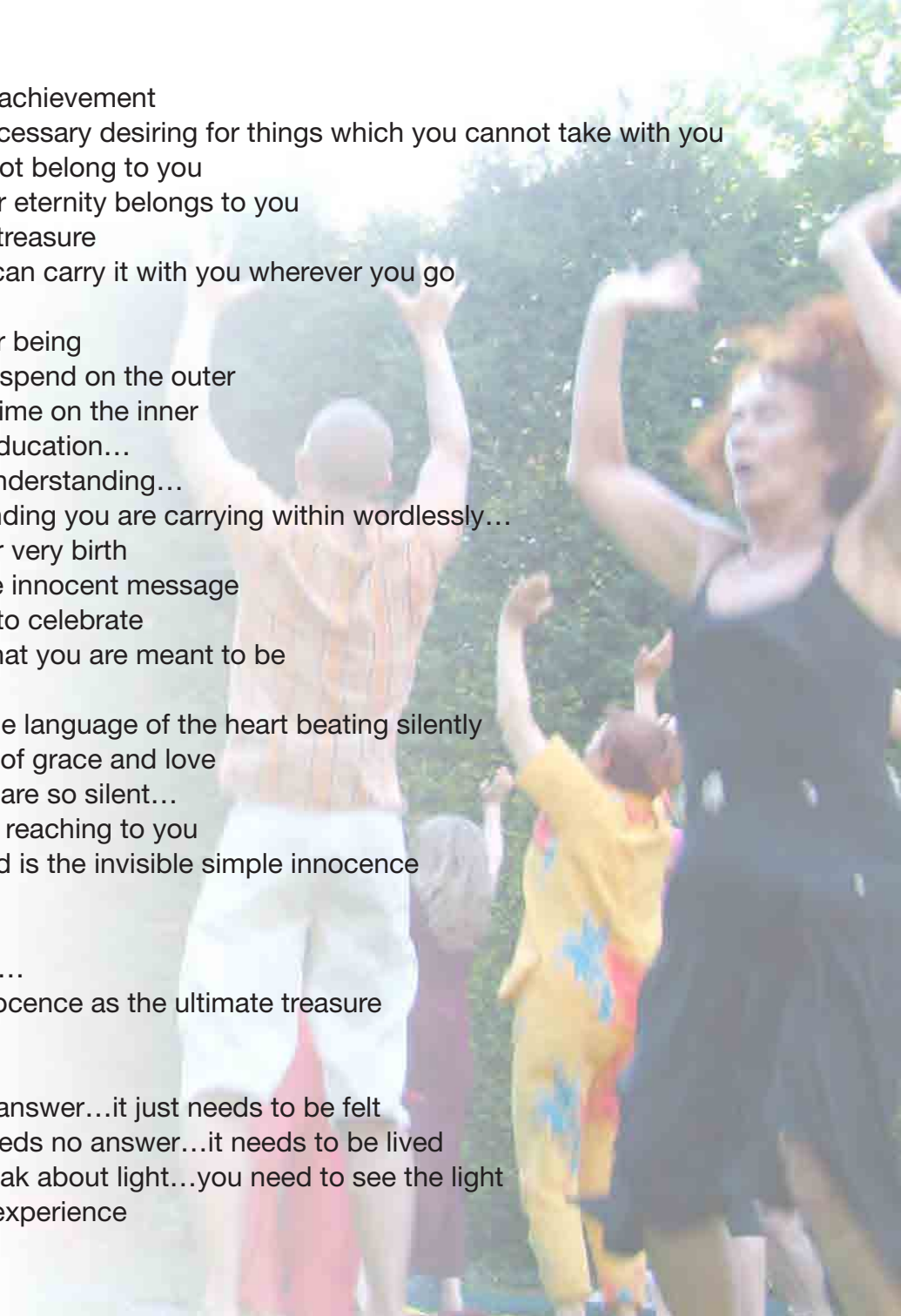
do you understand what i am saying ?  
it is very simple message  
utterly innocent...nothing complicated  
just you have forgotten  
what you are carrying vertically within you  
just remember that you are a being of light  
and if you cannot live your inner light  
then you have missed life completely  
do not waste your life  
you are living in the society...in the world  
which is filled with doing...achieving...becoming  
proving to others who you are  
it is all for others  
it is not for you

stop this achievement  
this unnecessary desiring for things which you cannot take with you  
they do not belong to you  
your inner eternity belongs to you  
it is your treasure  
and you can carry it with you wherever you go

invest in your inner being  
as much time you spend on the outer  
spend that much time on the inner  
there is an outer education...  
there is an inner understanding...  
and this understanding you are carrying within wordlessly...  
silently...from your very birth  
listen to my simple innocent message  
and you will learn to celebrate  
and be more of what you are meant to be  
it is very simple !

people have forgotten the language of the heart beating silently  
they forgot the gestures of grace and love  
because these gestures are so silent...  
they are so mysteriously reaching to you  
remember...the profound is the invisible simple innocence  
the child knows it  
the child carries it  
but it is of no use to you...  
you have not valued innocence as the ultimate treasure  
you need words

love knows no answer...it just needs to be felt  
compassion needs no answer...it needs to be lived  
you cannot speak about light...you need to see the light  
the inner is an experience



the outer is filled with words  
you can draw the silence between the words  
and the message that cannot be heard  
you can drink it  
then you have understood that there is a hidden message  
people use the same words  
how can you gauge the depth of meaning ?  
it is there when you meet someone who knows  
his knowing is very simple  
he knows nothing...he has disappeared  
he knows his nothingness  
he knows his disappeared state  
you will find a innocent person

it is like somebody who asks...what is love ?  
and some idiot starts giving you a one hour discourse  
on what is love  
do you understand what i mean ?  
the mystic will close his eyes  
drop a tear  
and you will understand  
the love must be so deep  
that it moves tears in the eyes  
and then to speak about truth is so utterly stupid...

**question** *what happens in sannyas ?*

nothing happens  
all happening comes to a stop  
and you are perfect  
you are perfect when everything stops  
and nothing is meant to happen  
sannyas is the end of dreaming

it is the ultimate...beyond the dream and the awakening  
sannyas is an awakening to the present totality of your being herenow  
everything disappears...nothing happens  
and you lose everything !  
sannyas is dropping everything that you have  
everything that you know  
you become totally lost with no care  
this body...this mind...this emotion...you set aside  
and that state...the buddha within you...receives the ultimate treasure  
a remembrance of you is sannyas  
you simply remember...aha...i do not need to be  
i am  
the search ends  
nothing happens

she is asking this question  
because day after tomorrow few blessed people  
who know this mystery of dropping everything  
into an weightless sky will receive sannyas

how to grow your wings through this heap of weight and fly  
weightless...with no fear ?  
you do not need to possess to be  
disappear and you possess the whole  
you are the whole  
no need to grab  
no need to hold  
the sky is yours  
open your hands and you are the sky  
simply surrendering into this universe  
sannyas is a remembrance  
i can speak endlessly on this great miracle...  
i call sannyas the miracle of love



this sannyas our beloved master osho has offered  
to those blessed people  
just a single taste of it and you will not know what it is  
you will not know anything  
but something within you will ignite  
something within you will become light  
it is so mysterious  
it will enter so deep within you  
you will not know what it is  
and you need not know what it is

you simply go with the river  
and the river will reach the ocean  
you have fallen into the river of yes  
sannyas is the river of yes to existence  
it is a yes to your inner light  
it is saying yes...yes...yes...  
let it flow...let it flow...let it flow...

and you do not need to bother  
when it will reach the ocean  
because you are the ocean  
you are the eternity  
so you are welcome to dive into this river  
we have to give it a name...sannyas  
but it is pure love  
it is not even a search  
search means somewhere else  
that you are here and you are searching there

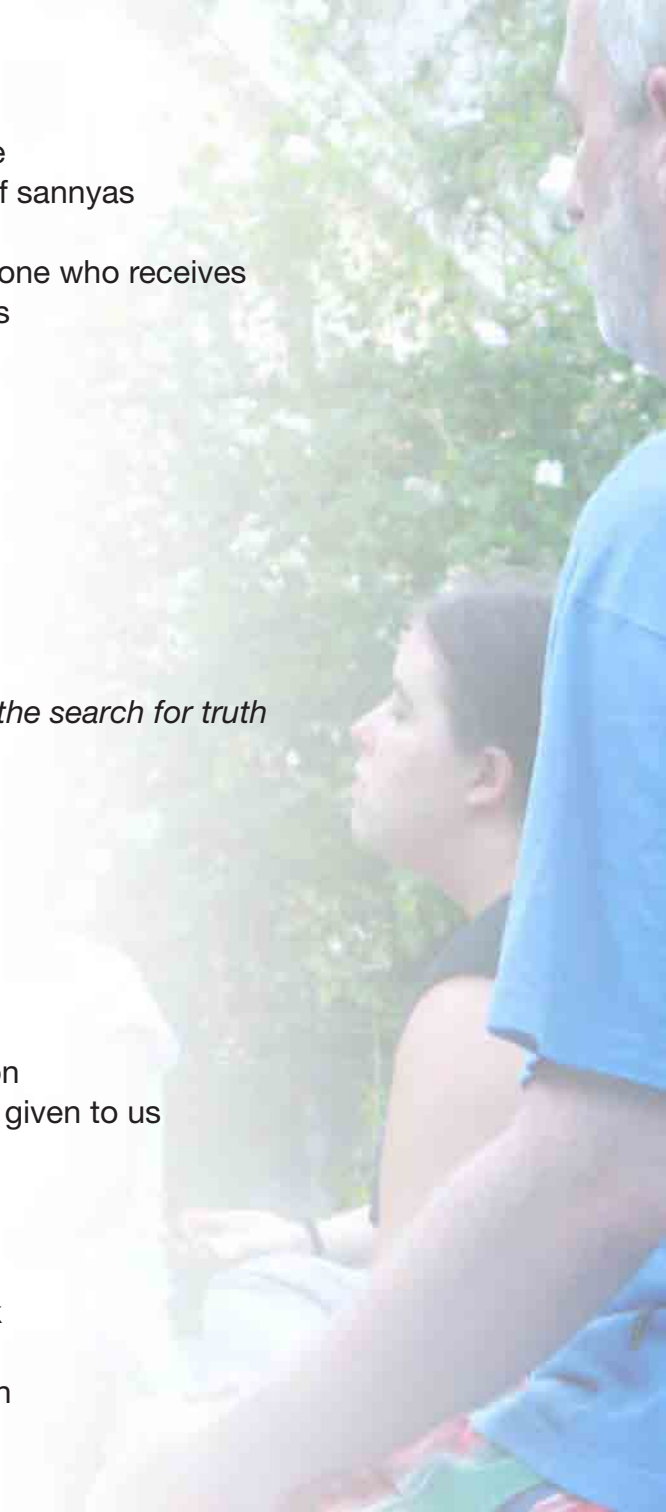
you are it  
no need to search  
you are it !  
experience your isness  
it is not a search  
the great mystery of sannyas is this

you lose everything and you find  
you do not need to search and you are  
strange is the beauty of this mystery of sannyas  
so welcome and experience it  
these deep treasures can only be experienced by one who receives  
strangely there is no giving no receiving in sannyas  
who is there to give you ?  
and who is there to receive ?  
the moment the mala comes around your neck  
both have disappeared  
what a mystery  
enjoy the mystery !

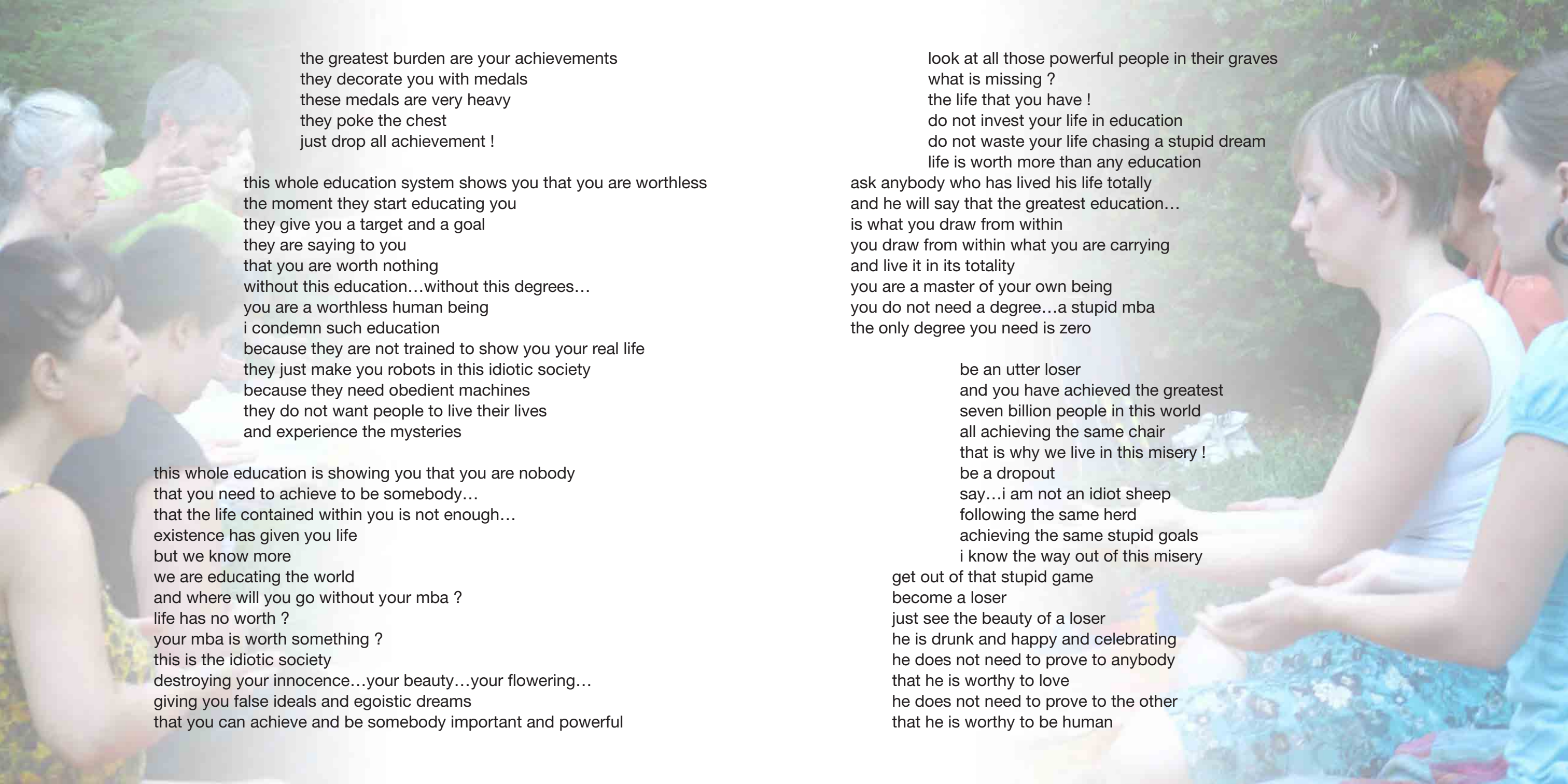
**question** *i am afraid that the sannyas and the search for truth  
will interfere with my studies...  
i am going to university...*

welcome welcome !  
afraid ?  
be afraid !  
we are all losers here  
we are not here to achieve anything  
we are not robots with a goal and a mission  
we are simply living because life has been given to us  
and we want to live it

no goals...no achievement  
just living life...so fulfilling  
wherever it leads you is perfectly ok  
and to be a loser is the best  
you do not need to carry any burden







the greatest burden are your achievements  
they decorate you with medals  
these medals are very heavy  
they poke the chest  
just drop all achievement !

this whole education system shows you that you are worthless  
the moment they start educating you  
they give you a target and a goal  
they are saying to you  
that you are worth nothing  
without this education...without this degrees...  
you are a worthless human being  
i condemn such education  
because they are not trained to show you your real life  
they just make you robots in this idiotic society  
because they need obedient machines  
they do not want people to live their lives  
and experience the mysteries

this whole education is showing you that you are nobody  
that you need to achieve to be somebody...  
that the life contained within you is not enough...  
existence has given you life  
but we know more  
we are educating the world  
and where will you go without your mba ?  
life has no worth ?  
your mba is worth something ?  
this is the idiotic society  
destroying your innocence...your beauty...your flowering...  
giving you false ideals and egoistic dreams  
that you can achieve and be somebody important and powerful

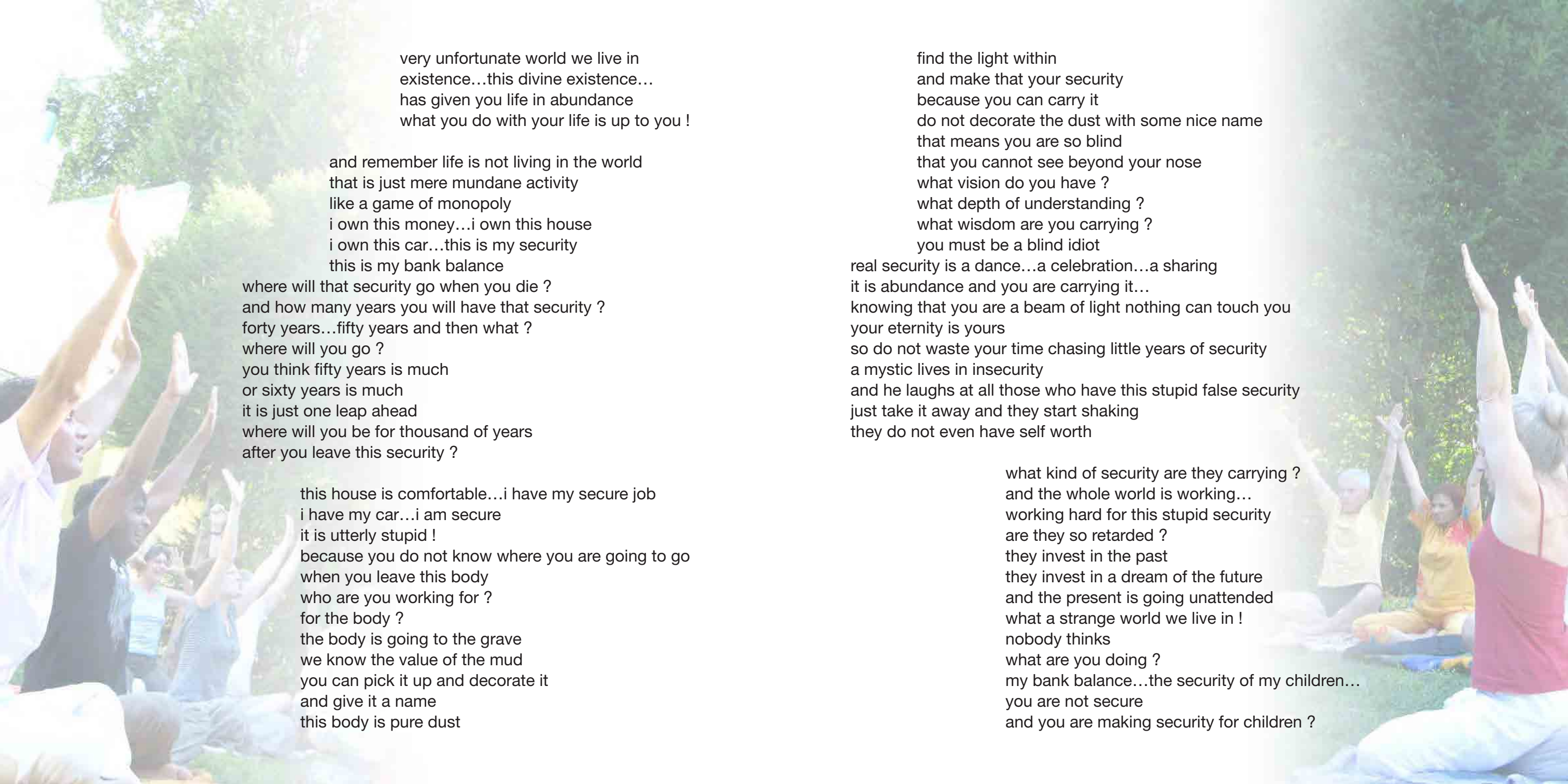
look at all those powerful people in their graves  
what is missing ?  
the life that you have !  
do not invest your life in education  
do not waste your life chasing a stupid dream  
life is worth more than any education

ask anybody who has lived his life totally  
and he will say that the greatest education...  
is what you draw from within  
you draw from within what you are carrying  
and live it in its totality  
you are a master of your own being  
you do not need a degree...a stupid mba  
the only degree you need is zero

be an utter loser  
and you have achieved the greatest  
seven billion people in this world  
all achieving the same chair  
that is why we live in this misery !  
be a dropout  
say...i am not an idiot sheep  
following the same herd  
achieving the same stupid goals  
i know the way out of this misery

get out of that stupid game  
become a loser  
just see the beauty of a loser  
he is drunk and happy and celebrating  
he does not need to prove to anybody  
that he is worthy to love  
he does not need to prove to the other  
that he is worthy to be human





very unfortunate world we live in  
existence...this divine existence...  
has given you life in abundance  
what you do with your life is up to you !

and remember life is not living in the world  
that is just mere mundane activity  
like a game of monopoly  
i own this money...i own this house  
i own this car...this is my security  
this is my bank balance  
where will that security go when you die ?  
and how many years you will have that security ?  
forty years...fifty years and then what ?  
where will you go ?  
you think fifty years is much  
or sixty years is much  
it is just one leap ahead  
where will you be for thousand of years  
after you leave this security ?

this house is comfortable...i have my secure job  
i have my car...i am secure  
it is utterly stupid !  
because you do not know where you are going to go  
when you leave this body  
who are you working for ?  
for the body ?  
the body is going to the grave  
we know the value of the mud  
you can pick it up and decorate it  
and give it a name  
this body is pure dust

find the light within  
and make that your security  
because you can carry it  
do not decorate the dust with some nice name  
that means you are so blind  
that you cannot see beyond your nose  
what vision do you have ?  
what depth of understanding ?  
what wisdom are you carrying ?  
you must be a blind idiot

real security is a dance...a celebration...a sharing  
it is abundance and you are carrying it...  
knowing that you are a beam of light nothing can touch you  
your eternity is yours  
so do not waste your time chasing little years of security  
a mystic lives in insecurity  
and he laughs at all those who have this stupid false security  
just take it away and they start shaking  
they do not even have self worth

what kind of security are they carrying ?  
and the whole world is working...  
working hard for this stupid security  
are they so retarded ?  
they invest in the past  
they invest in a dream of the future  
and the present is going unattended  
what a strange world we live in !  
nobody thinks  
what are you doing ?  
my bank balance...the security of my children...  
you are not secure  
and you are making security for children ?

do you know who you are ?  
where did you come from ?  
where are you going ?  
you do not know either answer  
and you are a genius creating security for the future of your children  
you do not know your own future ! miracle !  
just say...i do not know my own future  
maybe i am going to die in misery  
and you will die in misery  
because you do not know who you are  
so drop this false idea of so called security

be a light unto yourself  
and i say you deserve it  
i say it is easy without effort  
attain to your innocence  
and within it is the light of your being  
drop all this education  
this learning...becoming...being more  
forget about it !

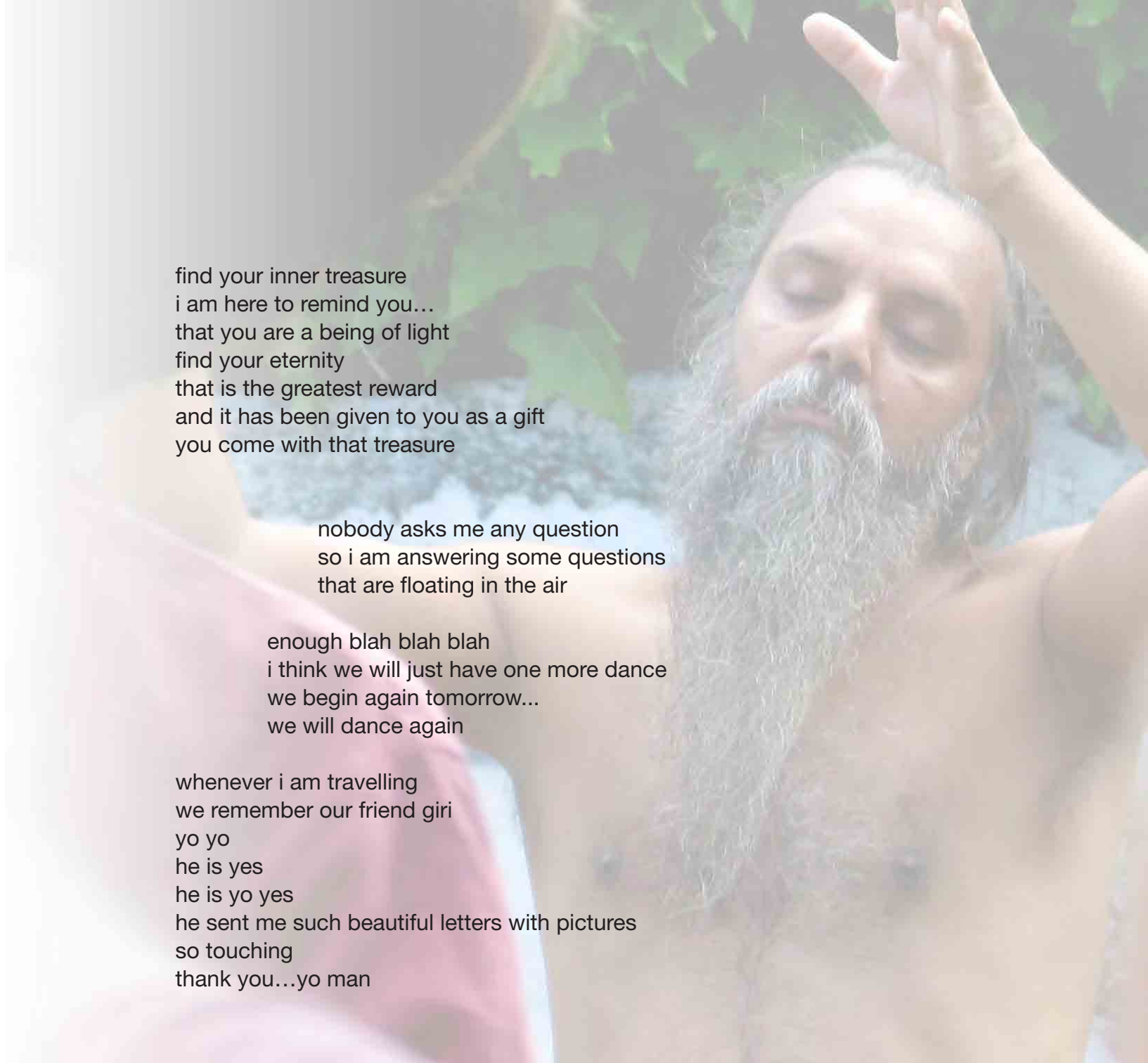
if you are intelligent  
let this message go deep into your heart  
and a new search will begin  
you really want security ?  
first learn that there is no death  
and find the deathless within you  
then i will say you are a genius  
use whatever you have to find the answer  
and the moment you will recognize it you will know  
and nothing can shake you  
this whole world can disappear  
you will be laughing

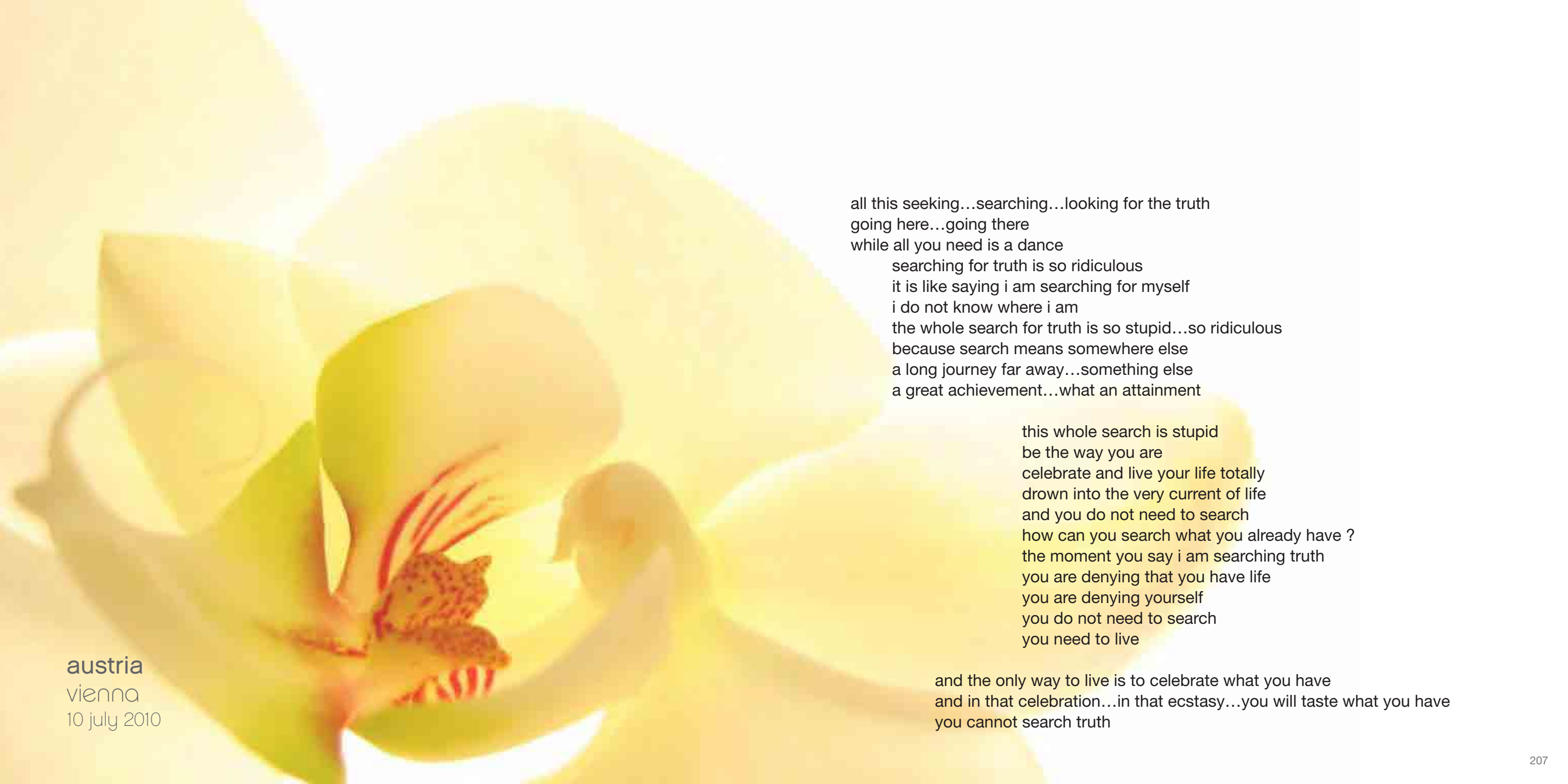
find your inner treasure  
i am here to remind you...  
that you are a being of light  
find your eternity  
that is the greatest reward  
and it has been given to you as a gift  
you come with that treasure

nobody asks me any question  
so i am answering some questions  
that are floating in the air

enough blah blah blah  
i think we will just have one more dance  
we begin again tomorrow...  
we will dance again

whenever i am travelling  
we remember our friend giri  
yo yo  
he is yes  
he is yo yes  
he sent me such beautiful letters with pictures  
so touching  
thank you...yo man





austria  
vienna  
10 july 2010

all this seeking...searching...looking for the truth  
going here...going there  
while all you need is a dance  
    searching for truth is so ridiculous  
    it is like saying i am searching for myself  
    i do not know where i am  
    the whole search for truth is so stupid...so ridiculous  
    because search means somewhere else  
    a long journey far away...something else  
    a great achievement...what an attainment

this whole search is stupid  
be the way you are  
celebrate and live your life totally  
drown into the very current of life  
and you do not need to search  
how can you search what you already have ?  
the moment you say i am searching truth  
you are denying that you have life  
you are denying yourself  
you do not need to search  
you need to live

and the only way to live is to celebrate what you have  
and in that celebration...in that ecstasy...you will taste what you have  
you cannot search truth



it is such an abstract idea  
i am searching for truth...  
i am searching for the divine...

drown into what you have in totality  
in your inner ecstasy...your inner bliss...in this moment of dance  
who bothers to search ?  
you are so fulfilled there is no one there to search

this is the most ridiculous joke played on human beings  
and so many masters and so called teachers and all kinds of gurus...  
are teaching you how to search for truth  
so utterly stupid !  
the very fact they say...search  
simply indicates they have not understood  
only one who has found will never tell you to search  
he will say...drink...drown...disappear...  
dance...celebrate...live totally what you have  
take whatsoever you have to its peak  
and experience its beauty...experience its height  
no need to search...you are it  
drown into your own inner being  
drown into yourself  
it is not a search...it is a dissolving  
how to dissolve this body...this mind...these thoughts...  
how to dissolve ?

then there comes a new group of parasites  
they want to make you smaller  
they want to show you that you do not have enough  
that you have an ego...you have a conditioning...you need therapy  
you need deep therapy to remove this conditioning  
you need to drop this big ego of self

but how are you going to find that ego ?  
if you can find the ego it is very easy to drop it  
but nobody ever found the ego  
nobody has ever found the conditioning  
it is all abstract mumbo jumbo  
blah blah blah blah  
analyzing your conditioning  
showing you your conditioning  
and telling you the way out of conditioning  
showing you your ego...analyzing your ego  
and telling you the way out of your ego

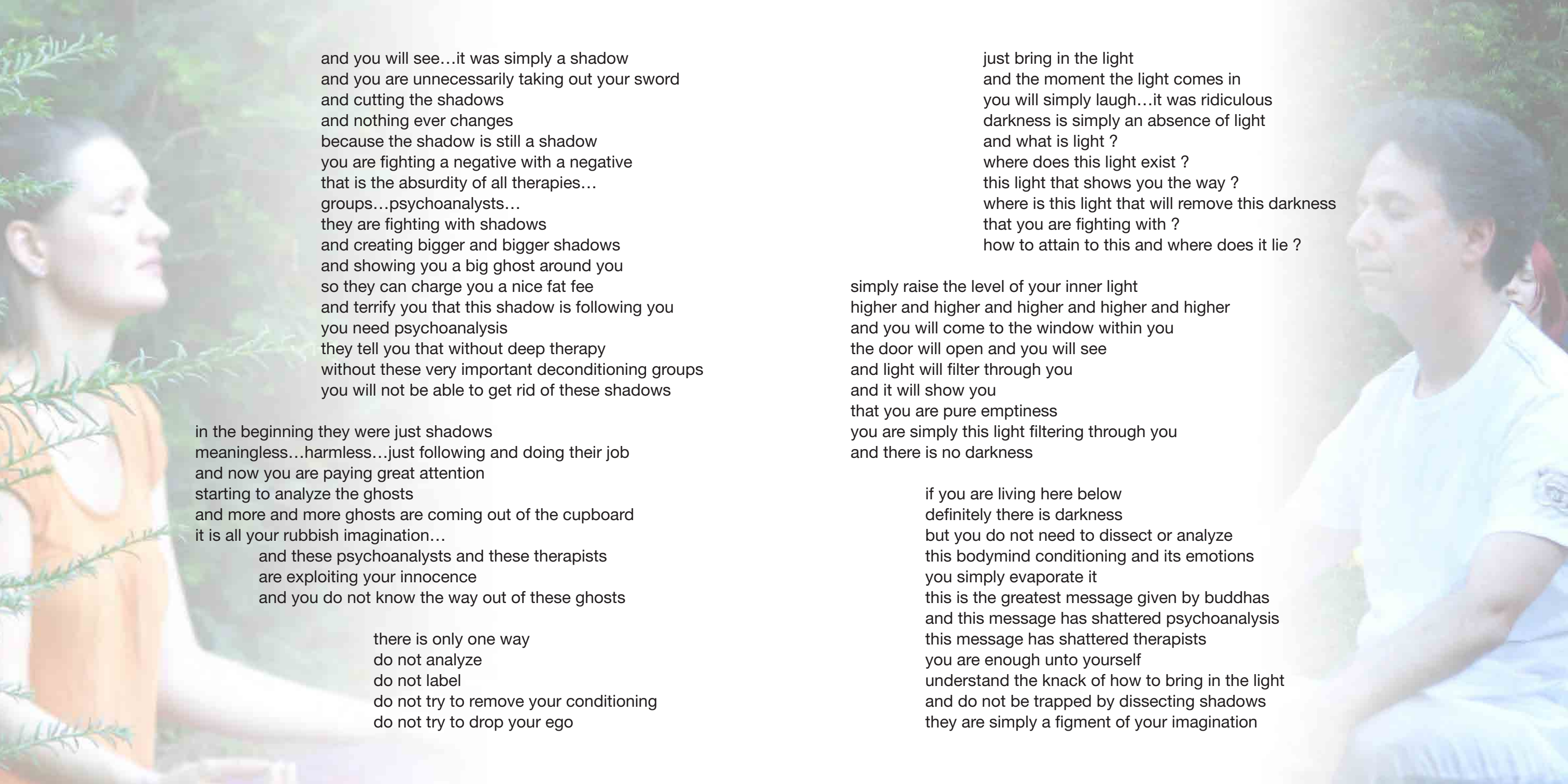
these egoist people have not understood what is ego  
it is so childish this game !  
this game of psychoanalysis  
this game of therapy...analyzing and dissecting  
and trying to understand the darkness  
it is like trying to analyze your shadow  
and no matter how much you analyze  
the shadow will simply follow you  
you cannot dissect shadows  
in the very first place they are shadows !

do not fight a shadow  
do not fight the ego of the so called conditioning  
do not fight what you do not have  
you are fighting an absence !  
you are fighting that which does not exist  
it is your ignorance that you are fighting  
and you are going deeper into ignorance

do not fight darkness with darkness  
do not fight the shadows of conditioning...  
with your mind...with analysis...  
bring in the light !







and you will see...it was simply a shadow  
and you are unnecessarily taking out your sword  
and cutting the shadows  
and nothing ever changes  
because the shadow is still a shadow  
you are fighting a negative with a negative  
that is the absurdity of all therapies...  
groups...psychoanalysts...  
they are fighting with shadows  
and creating bigger and bigger shadows  
and showing you a big ghost around you  
so they can charge you a nice fat fee  
and terrify you that this shadow is following you  
you need psychoanalysis  
they tell you that without deep therapy  
without these very important deconditioning groups  
you will not be able to get rid of these shadows

in the beginning they were just shadows  
meaningless...harmless...just following and doing their job  
and now you are paying great attention  
starting to analyze the ghosts  
and more and more ghosts are coming out of the cupboard  
it is all your rubbish imagination...

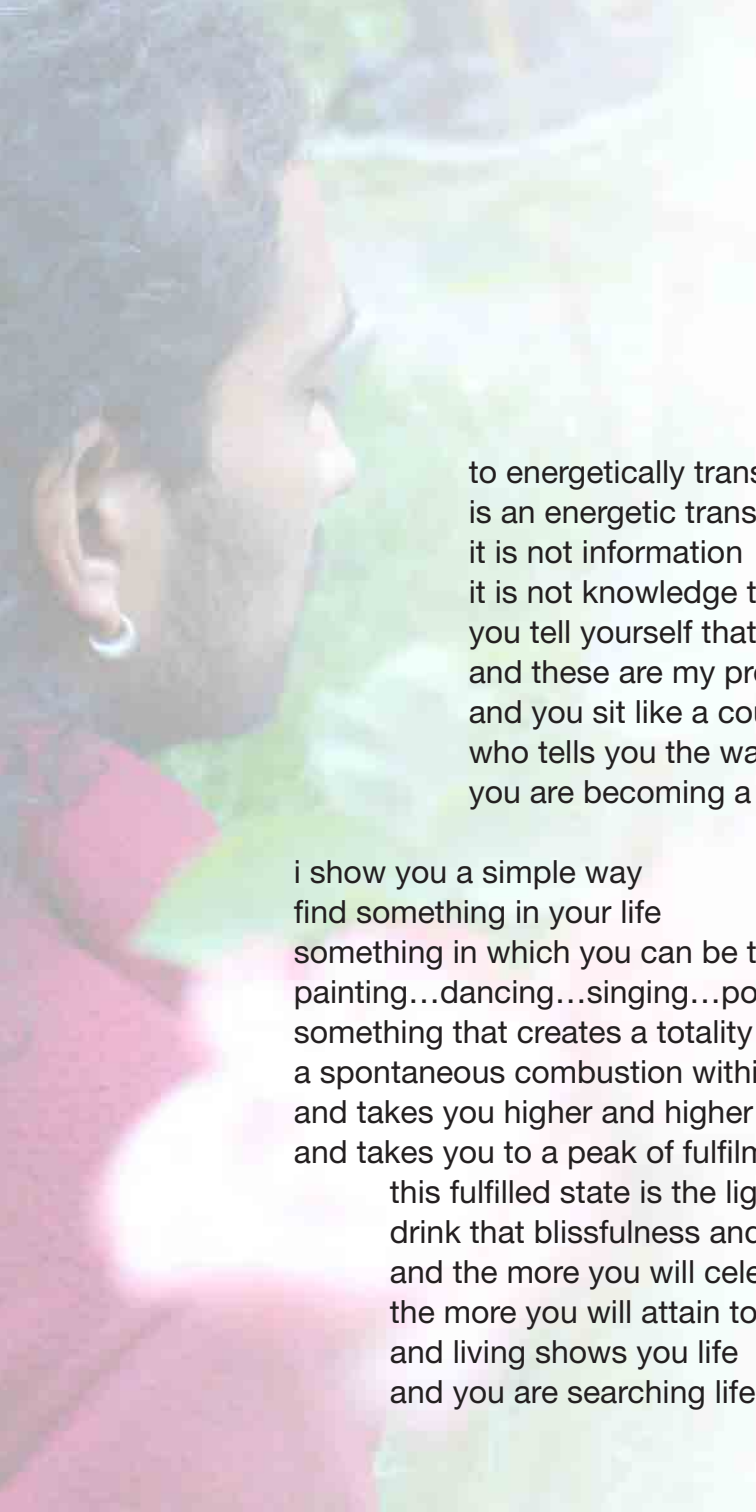
and these psychoanalysts and these therapists  
are exploiting your innocence  
and you do not know the way out of these ghosts

there is only one way  
do not analyze  
do not label  
do not try to remove your conditioning  
do not try to drop your ego

just bring in the light  
and the moment the light comes in  
you will simply laugh...it was ridiculous  
darkness is simply an absence of light  
and what is light ?  
where does this light exist ?  
this light that shows you the way ?  
where is this light that will remove this darkness  
that you are fighting with ?  
how to attain to this and where does it lie ?

simply raise the level of your inner light  
higher and higher and higher and higher and higher  
and you will come to the window within you  
the door will open and you will see  
and light will filter through you  
and it will show you  
that you are pure emptiness  
you are simply this light filtering through you  
and there is no darkness

if you are living here below  
definitely there is darkness  
but you do not need to dissect or analyze  
this bodymind conditioning and its emotions  
you simply evaporate it  
this is the greatest message given by buddhas  
and this message has shattered psychoanalysis  
this message has shattered therapists  
you are enough unto yourself  
understand the knack of how to bring in the light  
and do not be trapped by dissecting shadows  
they are simply a figment of your imagination



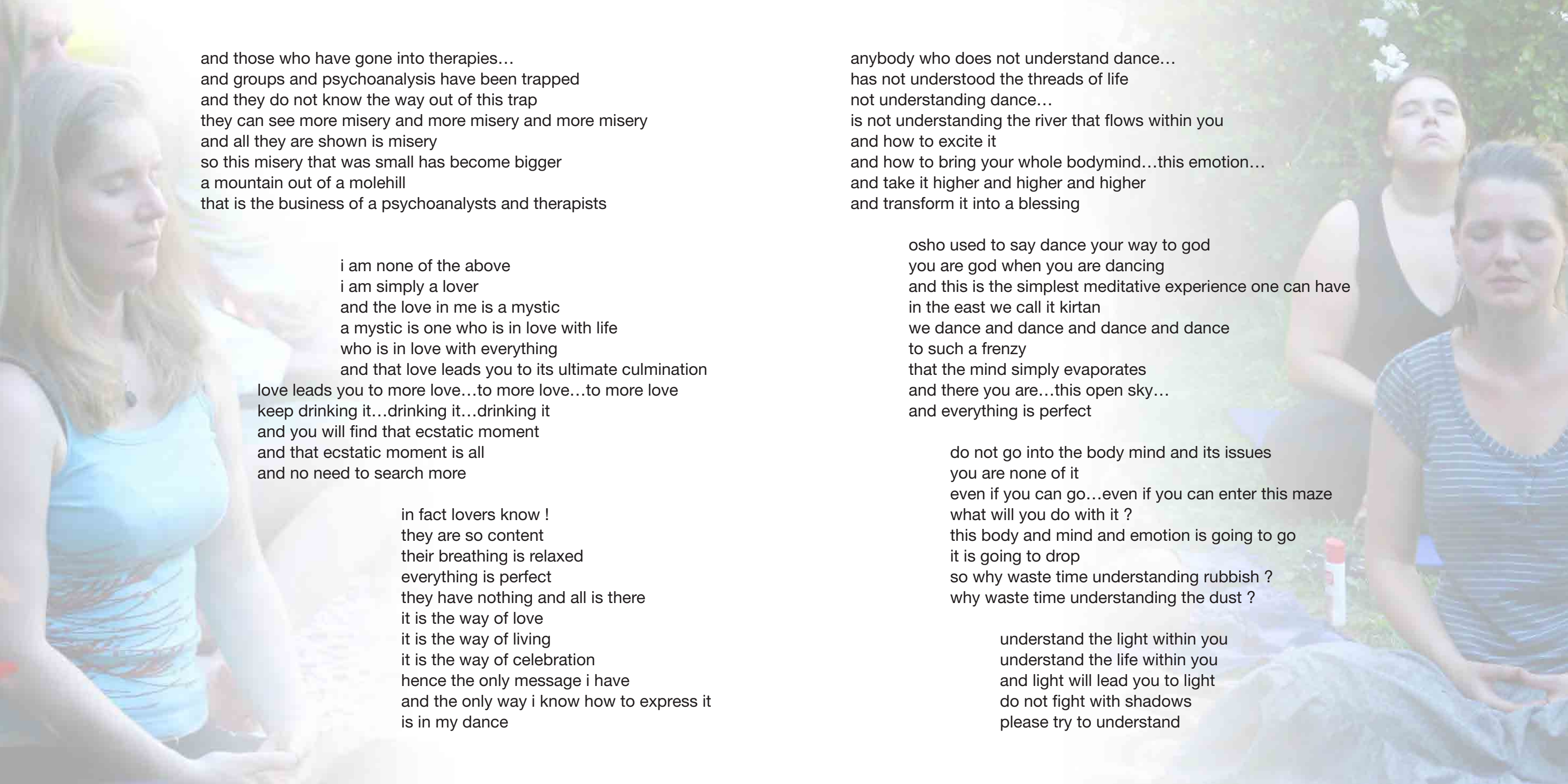
they are simply illusory  
this bodymindemotions...all evaporates  
when you are at the peak  
that peak is a state of nomind

to energetically transform the lower to the highest in you...  
is an energetic transformation  
it is not information  
it is not knowledge that you attain and dissect through books  
you tell yourself that these are the pitfalls  
and these are my problems and these are my issues  
and you sit like a couch potato with some stupid psychoanalyst  
who tells you the way out...  
you are becoming a couch potato...a guinea pig...

i show you a simple way  
find something in your life  
something in which you can be total  
painting...dancing...singing...pottery...swimming...running...  
something that creates a totality in you  
a spontaneous combustion within you  
and takes you higher and higher  
and takes you to a peak of fulfilment  
this fulfilled state is the light and its expression of blissfulness  
drink that blissfulness and celebrate your life  
and the more you will celebrate your life and live your life...  
the more you will attain to this quality of living  
and living shows you life  
and you are searching life...not truth

there is no such thing as truth  
life is enough unto itself  
find life within you  
accelerate it...find its balance  
peak the natural state in you  
and you have arrived to your natural state  
with no psychoanalysis...  
no fighting the darkness...  
no sword fencing...  
we are not fighters  
we are lovers  
love what you do  
do things totally...with a total sincerity  
with a totality in action...no division  
and each and every act of yours  
will lead you to the final culmination of grace

i keep hammering these stupid psychoanalysts and therapists  
and all those gurus and masters  
who tell you to drop things  
in the first place where you will find it to drop it ?  
you show me your ego  
and i will show you how to transcend it  
transcendence does not mean dropping  
you are not in this dropping business  
all you can drop is shit  
that is what you can do !  
and these people are making great value out of it  
and dissecting it  
you are caught in this misery  
and you do not know the way out  
mind...more mind...more mind...  
you are falling into quicksand



and those who have gone into therapies...  
and groups and psychoanalysis have been trapped  
and they do not know the way out of this trap  
they can see more misery and more misery and more misery  
and all they are shown is misery  
so this misery that was small has become bigger  
a mountain out of a molehill  
that is the business of a psychoanalysts and therapists

i am none of the above  
i am simply a lover  
and the love in me is a mystic  
a mystic is one who is in love with life  
who is in love with everything  
and that love leads you to its ultimate culmination  
love leads you to more love...to more love...to more love  
keep drinking it...drinking it...drinking it  
and you will find that ecstatic moment  
and that ecstatic moment is all  
and no need to search more

in fact lovers know !  
they are so content  
their breathing is relaxed  
everything is perfect  
they have nothing and all is there  
it is the way of love  
it is the way of living  
it is the way of celebration  
hence the only message i have  
and the only way i know how to express it  
is in my dance

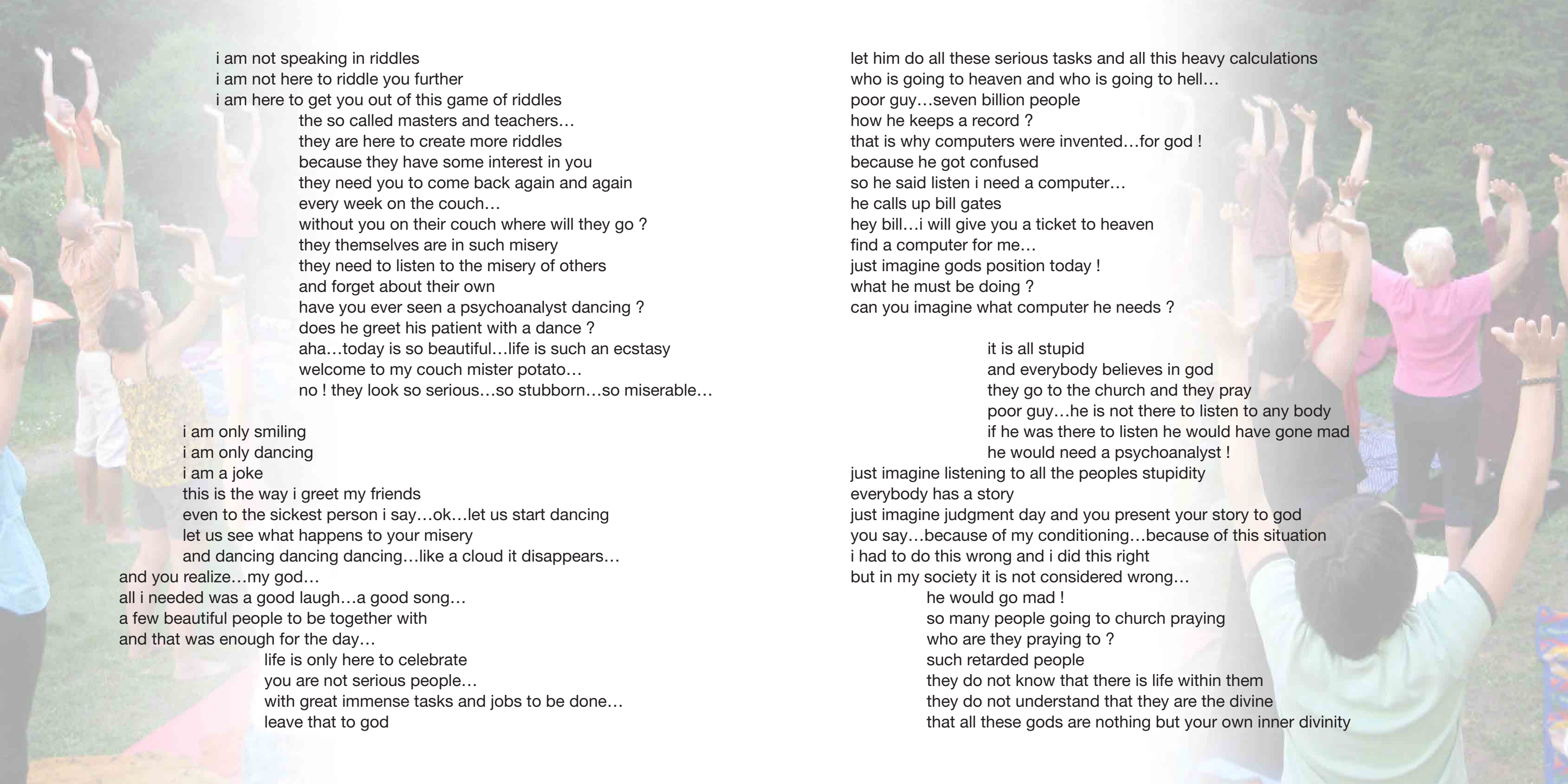
anybody who does not understand dance...  
has not understood the threads of life  
not understanding dance...  
is not understanding the river that flows within you  
and how to excite it  
and how to bring your whole bodymind...this emotion...  
and take it higher and higher and higher  
and transform it into a blessing

osho used to say dance your way to god  
you are god when you are dancing  
and this is the simplest meditative experience one can have  
in the east we call it kirtan  
we dance and dance and dance and dance  
to such a frenzy  
that the mind simply evaporates  
and there you are...this open sky...  
and everything is perfect

do not go into the body mind and its issues  
you are none of it  
even if you can go...even if you can enter this maze  
what will you do with it ?  
this body and mind and emotion is going to go  
it is going to drop  
so why waste time understanding rubbish ?  
why waste time understanding the dust ?

understand the light within you  
understand the life within you  
and light will lead you to light  
do not fight with shadows  
please try to understand



A group of people, including children and adults, are dancing in a park. They have their arms raised in the air, and some are wearing colorful clothing. The background is a lush green lawn and trees.

i am not speaking in riddles  
i am not here to riddle you further  
i am here to get you out of this game of riddles  
the so called masters and teachers...  
they are here to create more riddles  
because they have some interest in you  
they need you to come back again and again  
every week on the couch...  
without you on their couch where will they go ?  
they themselves are in such misery  
they need to listen to the misery of others  
and forget about their own  
have you ever seen a psychoanalyst dancing ?  
does he greet his patient with a dance ?  
aha...today is so beautiful...life is such an ecstasy  
welcome to my couch mister potato...  
no ! they look so serious...so stubborn...so miserable...

i am only smiling  
i am only dancing  
i am a joke  
this is the way i greet my friends  
even to the sickest person i say...ok...let us start dancing  
let us see what happens to your misery  
and dancing dancing dancing...like a cloud it disappears...  
and you realize...my god...  
all i needed was a good laugh...a good song...  
a few beautiful people to be together with  
and that was enough for the day...  
life is only here to celebrate  
you are not serious people...  
with great immense tasks and jobs to be done...  
leave that to god


let him do all these serious tasks and all this heavy calculations  
who is going to heaven and who is going to hell...  
poor guy...seven billion people  
how he keeps a record ?  
that is why computers were invented...for god !  
because he got confused  
so he said listen i need a computer...  
he calls up bill gates  
hey bill...i will give you a ticket to heaven  
find a computer for me...  
just imagine gods position today !  
what he must be doing ?  
can you imagine what computer he needs ?

it is all stupid  
and everybody believes in god  
they go to the church and they pray  
poor guy...he is not there to listen to any body  
if he was there to listen he would have gone mad  
he would need a psychoanalyst !

just imagine listening to all the peoples stupidity  
everybody has a story  
just imagine judgment day and you present your story to god  
you say...because of my conditioning...because of this situation  
i had to do this wrong and i did this right  
but in my society it is not considered wrong...

he would go mad !  
so many people going to church praying  
who are they praying to ?  
such retarded people  
they do not know that there is life within them  
they do not understand that they are the divine  
that all these gods are nothing but your own inner divinity





on this earth we have so many miserable creatures  
psychoanalysts...therapists...gurus...masters...teachers...  
and none can dance  
if you cannot find a dancing person...do not talk to him  
i do not talk to anybody who cannot dance  
i am afraid of these people  
because i never saw a dead man dancing in the grave  
    when i see somebody dancing  
    at least i know he is alive  
    that much proof he has given  
    i am alive and i am dancing...you see ?  
    i have enough life in me  
    enough youthfulness in me to move my body  
    anybody who cannot dance  
    i keep a little distance  
    my god...poor guy  
    does not know how to celebrate

so remember me  
i am a simple person  
i just dance with the wind  
and i do not know what is truth  
neither i am bothered to know  
if truth has anything to tell me...let it come and find me  
let the gods find me  
let the truth find me  
whoever wants to find  
find the dancing flame  
and that love will dissolve you

this is our evening event every night  
just get up and dance  
sit down...eat...go to sleep  
i have no other message  
and i have looked at all the messages given by others  
all couch potatoes...good for logic...  
good for your reasoning...  
filters in your head  
and you get no juice out of it  
    squeeze the juice and dance  
    and forget about searching...finding ways out of the riddle  
    finding eternity...moksha...nirvana...samadhi

i am an utterly simple person  
i do everything slowly  
i am total in each act  
and i dance totally  
and i do not want to put any label  
that i am this or i am that  
i simply am not anything of anything  
i am totally dissolved and i am nothing

i am simply a nobody  
because i am dissolved and drunk  
and do not make that nobody into a somebody  
nobody nowadays means to be enlightened  
what is the meaning of nobody ?  
nobody means everybody...everything...all...everywhere  
i am simply nobody...really nobody...

you know all the paths to misery  
find the way to bliss  
and life is very short  
you are not here forever

you will not live here forever  
remember...death is around the corner  
death is not tomorrow  
death is today  
tomorrow is your imagination  
when you will die it will not be tomorrow  
you will die today  
the moment you learn postponement  
tomorrow and tomorrow and tomorrow  
it means you already arrived to your grave  
because tomorrow is the grave  
all postponement of living here today...  
all postponement of living life totally here and now...  
is a way to your grave

you postpone life for tomorrow  
because today you have very important things to do  
today is so important  
i have so much business  
my bank balance is not enough  
my house is incomplete  
you cannot complete anything

the moment you will complete something  
something else will be incomplete  
so live totally herenow  
let everything else move on  
do not try to complete your life

stop postponing life  
live today totally  
life is very short

even i am here  
my life cannot be forever  
i keep insisting to people...live totally

make choices that create life in you...not living...  
living is a game...life is real !  
do not prepare to live  
that one day i will finally live  
when everything is ready and perfect  
that day never arrives  
do not miss today  
do not miss these moments

understand this simple message  
and you can transform your entire life  
this so called search for truth...  
will be nothing but being present...  
to this moment that is arriving upon you

learning how to live this moment is such a joy  
with so much grace  
with so much gratitude  
with so much acceptance  
that truth itself dives into you  
and says...oh my friend...you have found me !  
this is the real meaning  
and it will show you the way  
it will show you its light

and you can be filled with light so easily  
and it will fulfil you...utterly fulfil you  
and the moment you will be fulfilled  
you will start dancing and sharing your love  
sharing your joy...sharing your fulfilment...  
and you will become a blessing...  
to all those you know  
so become a blessing unto yourself  
and start dancing



**question** can you say something about breathing ?

the beauty of this question  
is one of the deepest experiments in the world  
vipassana...  
the breath...  
the mystery of breath...  
and the mystery of that which is hidden  
behind the breath

the first breath you take in...  
life appears in the body  
the last breath you take out...  
life disappears from the body  
the whole secret is in the breath  
this whole question of breath took the east  
into the search of the secret of breath

there is a method called vipassana  
vipassana method is for you to follow the breath inward  
and see where it leads you  
follow the breath outward  
and see where it leads you  
because it is a miniature world of life and death  
breathing in...there is life  
but it is moving the momentum  
to breathing out...which is death

searching this breathing pattern  
in...life  
out...death  
the mystic becomes aware that there is a pause  
breathing in...there is a pause

a slight gap  
breathing out...there is a pause  
again a slight gap  
how can this gap exist ?  
this gap becomes the search  
of those who dive deep into meditation  
understanding orgasm you come to this gap  
when you are in orgasm your breathing simply stops  
that pause opens the door for the method of tantra  
tantra is how to reach to that peaked breath  
so that you dissolve into the gap  
and you are falling falling falling falling falling  
into a tunnel...a state of nomind

this realization is so profound  
breathing in is life  
and breathing out is death  
but there is something in the middle of it  
the gap that remains alive  
it still remains watching both the sides  
if you look at your brain carefully  
there is a division  
right in the middle of the brain  
there is a gap

this experience of the gap  
have been found by many mystics  
and that is understood to be the witnessing presence  
it neither says yes...it neither says no  
it simply drowns into the middle  
and a great experience of  
falling falling falling falling falling falling falling...  
they have found the gap between the breaths

breathing is so important  
where do we breath from ?  
how do we breath ?  
are we breathing in balance ?  
the whole system of breath  
is linked to the body and its wellbeing

when you breath in and you breath out  
you are not breathing from the centre  
the centre gives you one pulse  
it is drawn upwards  
the breath creates a pulsation...a desire  
the desire leads to the brain...  
the brain creates a thought...  
and the thought starts acting

each and every pulse comes to you through the naval  
one pulse of life moves upward...  
a dream...a desire...linking you to the world...  
it reaches the brain...it becomes a thought  
and you start acting  
each pulse becomes an action  
slowly slowly these pulses keep accumulating  
and you start acting

most of the time that desire is not fulfilled  
so your act remains incomplete  
if you can follow each breath...  
its desire and the thought into the action...  
you have fulfilled the pulse that was given to you  
slowly slowly these pulses that arrive to you  
are divided and split  
and they start accumulating in you  
as unlived moments...as incomplete actions  
these incomplete actions are your misery

somebody who lives naturally has a simple pulse...a simple desire...  
that goes to the thought and that thought leads to action  
and is complete within itself

your watching your breath will show you the way backwards  
go to the thought...  
from the thought go to the emotion...  
from the emotion go to where it came from...  
and you will find the source  
watching the breath  
you can undo everything that is accumulated in you  
and once you undo it  
you come to a state of restfulness  
where your breathing is utterly relaxed  
and the gaps become bigger and bigger

finding the breath within the breath  
is a real secret  
again i say it very simple  
take the whole energy higher...higher...higher...higher...  
come to the peak ...  
the breathing stops  
you are in the gap  
you are not breathing

the moment you breath  
you will become a man  
you will become a woman  
and thoughts will enter  
desire will enter



the labels...the judgement...the conditioning...  
everything starts entering  
when you move into the breath...  
when you are in the state of nomind...  
your breathing stops and there is no person

all the masters speak about labelling  
the illusion is run because you are in the thought  
your attachment...your link to these thoughts...  
creates the mind and its pulse  
the moment you are in the state of nomind  
you do not have anything to link it with  
there is nothing to reflect  
nothing to think...no label...no judgement...  
and you are in the pure state of isness

the witness is one that is not attached  
it is simply witnessing...detached  
a detached state of awareness  
and there is no breath

try to understand the difference  
between breathing in and breathing out...  
they are part of the mind...  
the gap is part of nomind

the state of nomind has no illusion  
it has no judgement  
it has no labelling  
it has no conditioning  
it is simply where it is  
and it does not know of any other  
it does not even know  
that something exists...that something is missing

mind is yes and mind is no  
it is a pulse  
that is how you work  
the yes creates a no  
the no creates a yes  
you have two hemispheres of the brain  
and they struggle with each other  
to create a movement of thoughts  
you need to learn how to drop...  
and fall into the silent vertical centre...  
where mind becomes still  
and where you reach the state of nomind  
that is what we are seeking as a meditator  
no breath...nomind...  
just a state of silence  
not knowing anything

this leads me to the word awareness  
people are teaching you about awareness  
the word awareness as understood by the west is completely misleading  
they say...i am becoming more aware of the green house effect...  
i am becoming aware of the ecological disaster...  
i am becoming aware of the trees...  
i am becoming aware of my breathing...  
i am becoming aware of my conditioning...  
i am becoming aware of a million and one things...  
all these awareness classes are an utter lie  
you do not become more aware  
you are becoming more aware of things  
the very word used in the dictionary...  
that i am becoming more aware of...  
translates into knowledge  
that i know more now

this is not the word awareness  
as used by gautam the buddha or by any master  
awareness is your inner being  
flowing upwards  
rising higher and higher like a flame of light  
touching the third eye  
    this peaked state...this energetic state...  
    is a state of awareness  
    one pointedness  
    and it is not aware of anything but itself

awareness is not aware of anything but its own inner state  
it is like a candle  
you take a candle in the dark  
and it shows you things  
but it is not that the candle is showing you things  
and is making you aware of things  
it is simply its nature to reflect  
and showing you the objects in the darkness  
the candle does not know that it is showing you anything  
it is not even aware that it is light  
because to know light you need to know darkness  
    the candle is simply a candle  
    only aware of itself and nothing else  
    it is a state of awareness that is the flame  
    and the flame knows no darkness  
    so it cannot even say that i am the light...  
    that i am showing you the way...  
    try to understand this riddle  
    the candle does not know that it is a candle  
    it is enough unto itself  
    a self contained state of heightened light  
    that is the state of awareness

the state of awareness knows nothing  
it is pure innocence and a peaked alertness  
not knowing anything  
utterly drowned into its isness...  
into its state of awareness...  
and it knows nothing  
the moment it knows something  
it loses its centre  
and becomes objective  
then you translate it and say  
i have become aware of a tree in the dark  
but that is not the nature of the flame  
it is now showing you anything  
it is simply living itself

if it starts showing you things  
it will become divided and fragmented  
and soon the candle will lose its isness  
it will lose its flame  
it will be divided and separated into a million and one objects  
and that is exactly your state of awareness...it is divided  
by labelling...by looking...by becoming part of your knowledge  
your state of knowledge is diluted  
and slowly slowly you lose awareness

    i am trying to convey that awareness is not aware of anything  
    it is simply a silent flame  
    contained totally in itself  
    this again is the gap  
we are speaking of the gap between the two breaths  
the moment this gap increases in you  
your energy moves to the third eye  
and remains a standing wave of light



a being of awareness is always alert...  
always relaxed...knows nothing and looks utterly ignorant  
pure innocence  
it knows all but does not know that it knows  
it is simply an inner quality of knowing  
but it knows nothing

do you understand what i am saying ?  
remember...the candle does not know darkness  
remember...the candle is awareness  
but it is not showing you anything at all  
it is simply living its nature  
if it happens that it is showing you things  
that is secondary  
it is not primary  
the candle is simply itself  
it does not know the other  
it does not know anything more  
and that is the very root of wisdom

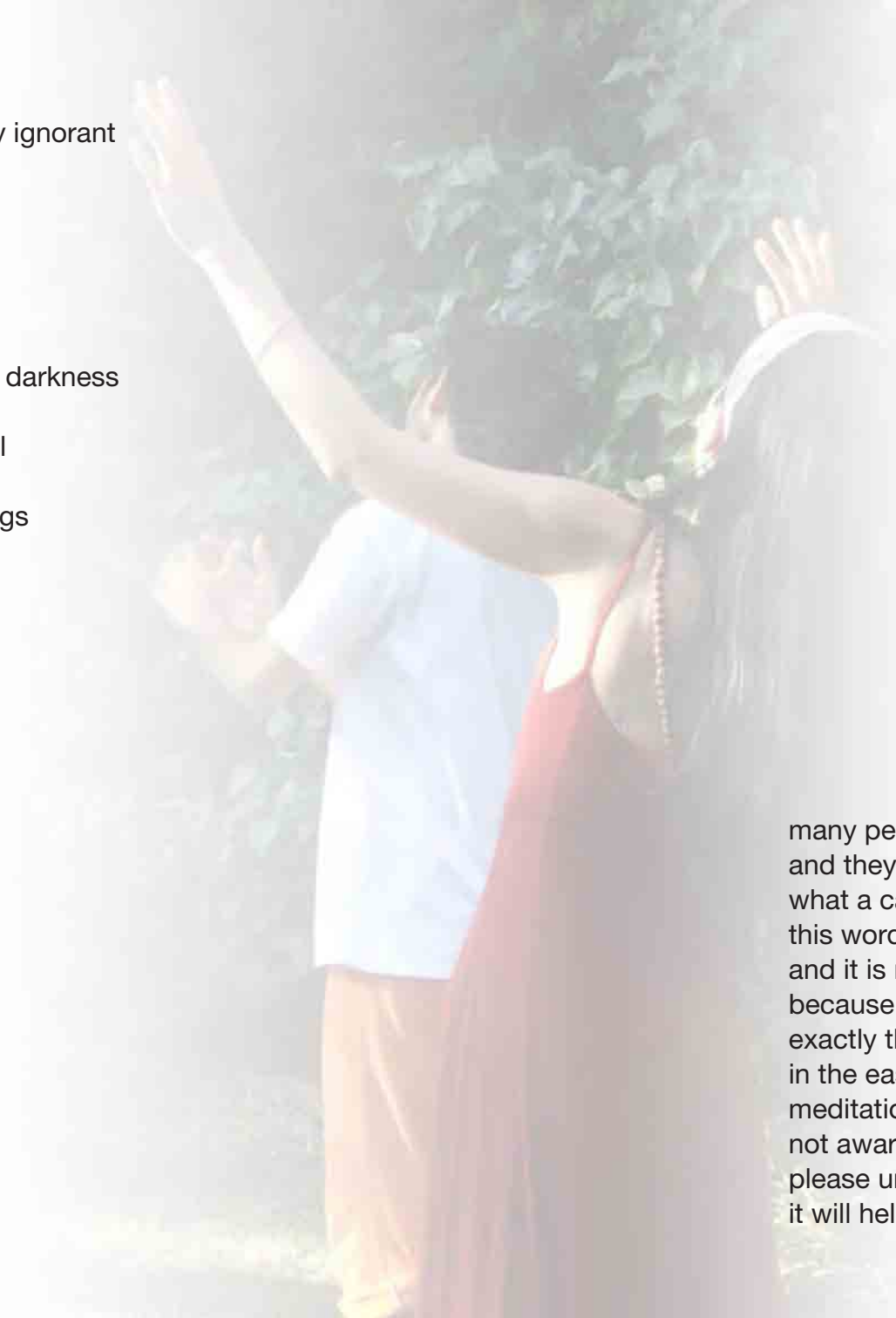
awareness is pure wisdom  
with no knowledge  
pure wisdom knows nothing  
and that is why it is always fresh  
it is always young  
it is always uncontaminated  
it is always innocent

this word has been entirely misunderstood  
you are going to an awareness group  
and what did you learn ?  
oh...the amazon is being cut...  
and the ecology is being destroyed...

and these trees are being cut for newspapers...  
and there is a green house effect...  
and the carbon dioxide is building up...  
and the ocean will rise...  
this is not awareness buddha speaks of  
you are becoming more aware  
of the unfortunate circumstances of the world  
but it is not the state of awareness of the meditator  
he simply knows nothing

each movement will reflect  
a state of heightened consciousness  
and innocence will emanate from that state  
whatever that person will look at  
he will know  
everything that is within it  
because that is the quality  
it can enter the very isness of anything  
it simply looks and knows  
just by one taste it knows all

many people are going to these awareness courses and classes  
and they are becoming more and more unaware  
what a calamity !  
this word is misunderstood...misinterpreted  
and it is not your fault  
because you are translating the word  
exactly the way it is in the dictionary  
in the east we have changed the word to dhyana...  
meditation...and the state of awareness  
not awareness of  
please understand this  
it will help you along the way





anybody else ?  
or you all afraid that if you ask this guy one question  
you will have to listen to so much rubbish...

it is very difficult to convey inner experiences of light  
i am trying very hard  
and i am learning the way to communicate...slowly slowly...  
i am not the great master osho  
who has spoken six hours a day continuously for over twenty years  
slowly slowly he knew how to communicate with people through words  
and at the same time remain in communion spiritually  
trying to transfer the inner experience  
adding words to it  
communion and communication...  
hand in hand together

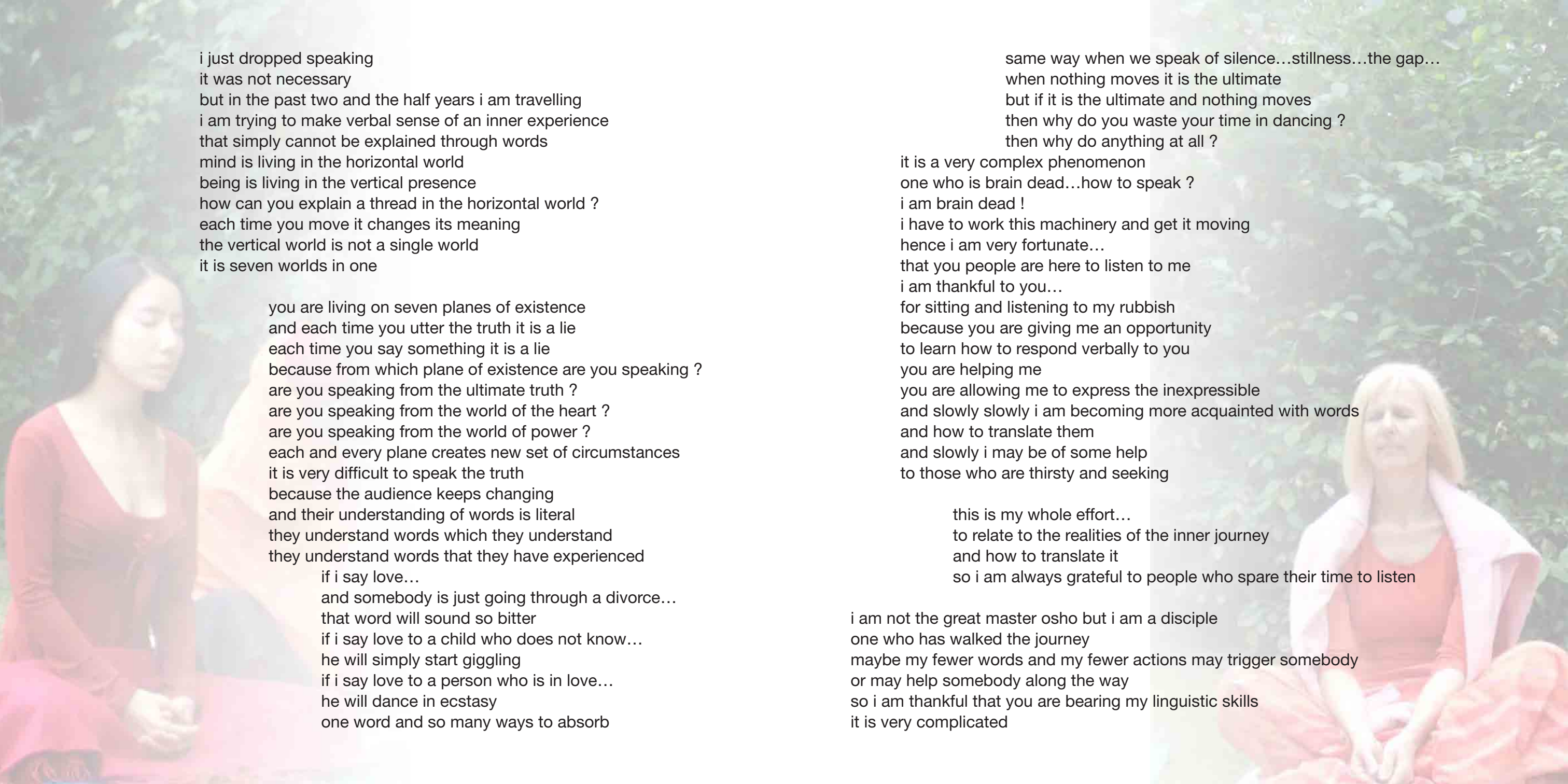
it took time  
and the reason being  
is when you experience enlightenment  
the explosion that happens in the brain  
is so immense  
it is such a shock to the system  
the flow of energy rushes to the brain  
and the brain simply explodes  
it cannot contain so much explosive energy  
in that explosion all is known  
the amount of knowing that filters through the crown is so vast  
so vast...in so many layers...  
that the brain simply collapses  
it shuts down...

you walk every day and you cannot take in  
six to eight percent of what you see  
because you are seeing through the eyes...

the moment the third eye opens  
a new window opens  
and that window is not the same as one plus one is two...  
this one is one plus one is sixty two...  
or hundred sixty two or three thousand and two...  
all numbers are the same  
you do not see the world crisscross anymore  
you see everything in light waves  
you know the truth  
and you need to retranslate it  
into the world below

it takes years for the brain to absorb this new way of living  
the body needs to absorb it...  
the gestures need to absorb it...  
your acts need to absorb it...  
you cannot move your body so fast anymore  
you have to slow down  
this slowing down allows you to absorb this new understanding  
and it takes time for this understanding to filter through the brain  
and to become part of your cognitive senses...  
to become part of your communication skills  
for me it is very difficult  
because i have stopped thinking long time ago  
i do not use the head to think  
i am brain dead

when i had my explosion  
my brain simply stopped  
i became paralyzed for almost six months  
my whole body was paralyzed  
it was in a shock  
i needed time to absorb  
all the alchemical...physiological... and mental layers



i just dropped speaking  
it was not necessary  
but in the past two and the half years i am travelling  
i am trying to make verbal sense of an inner experience  
that simply cannot be explained through words  
mind is living in the horizontal world  
being is living in the vertical presence  
how can you explain a thread in the horizontal world ?  
each time you move it changes its meaning  
the vertical world is not a single world  
it is seven worlds in one

you are living on seven planes of existence  
and each time you utter the truth it is a lie  
each time you say something it is a lie  
because from which plane of existence are you speaking ?  
are you speaking from the ultimate truth ?  
are you speaking from the world of the heart ?  
are you speaking from the world of power ?  
each and every plane creates new set of circumstances  
it is very difficult to speak the truth  
because the audience keeps changing  
and their understanding of words is literal  
they understand words which they understand  
they understand words that they have experienced  
if i say love...  
and somebody is just going through a divorce...  
that word will sound so bitter  
if i say love to a child who does not know...  
he will simply start giggling  
if i say love to a person who is in love...  
he will dance in ecstasy  
one word and so many ways to absorb

same way when we speak of silence...stillness...the gap...  
when nothing moves it is the ultimate  
but if it is the ultimate and nothing moves  
then why do you waste your time in dancing ?  
then why do anything at all ?

it is a very complex phenomenon  
one who is brain dead...how to speak ?  
i am brain dead !  
i have to work this machinery and get it moving  
hence i am very fortunate...  
that you people are here to listen to me  
i am thankful to you...  
for sitting and listening to my rubbish  
because you are giving me an opportunity  
to learn how to respond verbally to you  
you are helping me  
you are allowing me to express the inexpressible  
and slowly slowly i am becoming more acquainted with words  
and how to translate them  
and slowly i may be of some help  
to those who are thirsty and seeking

this is my whole effort...  
to relate to the realities of the inner journey  
and how to translate it  
so i am always grateful to people who spare their time to listen

i am not the great master osho but i am a disciple  
one who has walked the journey  
maybe my fewer words and my fewer actions may trigger somebody  
or may help somebody along the way  
so i am thankful that you are bearing my linguistic skills  
it is very complicated

i have not spoken for almost fourteen years of my life  
it is very painful to speak  
specially when i speak meaningful things  
it hurts me  
because i know i am not able to translate...  
i am not able to convey that which i want to share with you  
i cannot speak of deeper moments of my inner experiences  
and i have not spoken about them in most of my gatherings

in fact the smaller the gathering  
the more i have spoken  
the bigger the gathering  
the less i have spoken  
i am still shy  
and the inner experience is so delicate...so virgin...  
that to use words like samadhi...ecstasy...the explosion of light...  
the descent of my master...the beings of light...  
i do not think i will translate them ever

in fact it reminds me of a very beautiful book of osho...  
he has spoken six hundred books to vast audiences  
over a period of twenty years  
he answered over sixty thousand questions  
to people of all walks of life and with all kinds of questions  
but my favourite book of osho happens to be  
notes of a madman...  
strangely this book was uttered  
while he sat on a dental chair  
speaking to two people  
his whole audience was two people  
such a beauty...  
such an innocence transpired in that book...  
because there was nobody listening

he was sitting on the dental chair and he was speaking to thin air  
the most beautiful words that i have heard about the inner experience  
is this particular book with no audience...notes of a madman  
i understand this because most of the time i am speaking to the wall  
it is true...i am not trying to hurt you  
it has always has been so  
the mystic is always alone

it is a natural state  
always alone...trying every way...  
through a word...through a certain look...  
through a small gesture...  
just a little hug and something may trigger...  
he does not know when it will happen...how it will happen...  
so he creates a device...brings people together  
makes them listen to his rubbish  
and suddenly he strikes when least expected  
when the heart is open  
just one ray of light enters and the job is done

somebody is thinking and he can see the pulse of thoughts moving rapidly  
the person is trying to understand the words  
and he can see the mind clicking  
he waits for it to get tired  
and the moment it gets tired and gives up...boom !  
there goes a new missile !  
right into the heart and he feels a tear coming  
that is the work of a mystic...laser surgery...  
just in the dark...suddenly here...suddenly there...  
and you can see the explosion

i think enough mumbo jumbo for one day  
again a dance  
that is all we know...yes ?






austria  
vienna  
11 july 2010

silence  
is so vast  
everything in this universe  
is buzzing with a deep silence  
this silence is the greatest bridge  
it connects you to this ocean that surrounds you  
it is a living silence buzzing  
ommm

just this vibration is livingness  
if you can fall into deep silence...  
from within your very centre...  
you can hear the buzz of life  
the moment you can tune in  
and listen to this buzz  
remember you are connected  
to the whole existence

this hearing of this buzzing silence  
simply indicates that your doors are open  
and you are no more where you are  
but you are reaching out to the whole existence...  
just like feathers

you can feel your way and expand into the silence...  
and keep expanding into the silence...  
and soon there is no boundary  
and you have become unbounded  
in a state of oneness  
such an expansion is experienced in silence



silence knows no object  
it knows no doors  
it can reach as far as you wish  
the deeper you will go into silence  
you will keep expanding...  
vaster and vaster and vaster...  
this experience is so nourishing  
it is such a food for your being  
because your being is pure light  
expanded unbounded consciousness

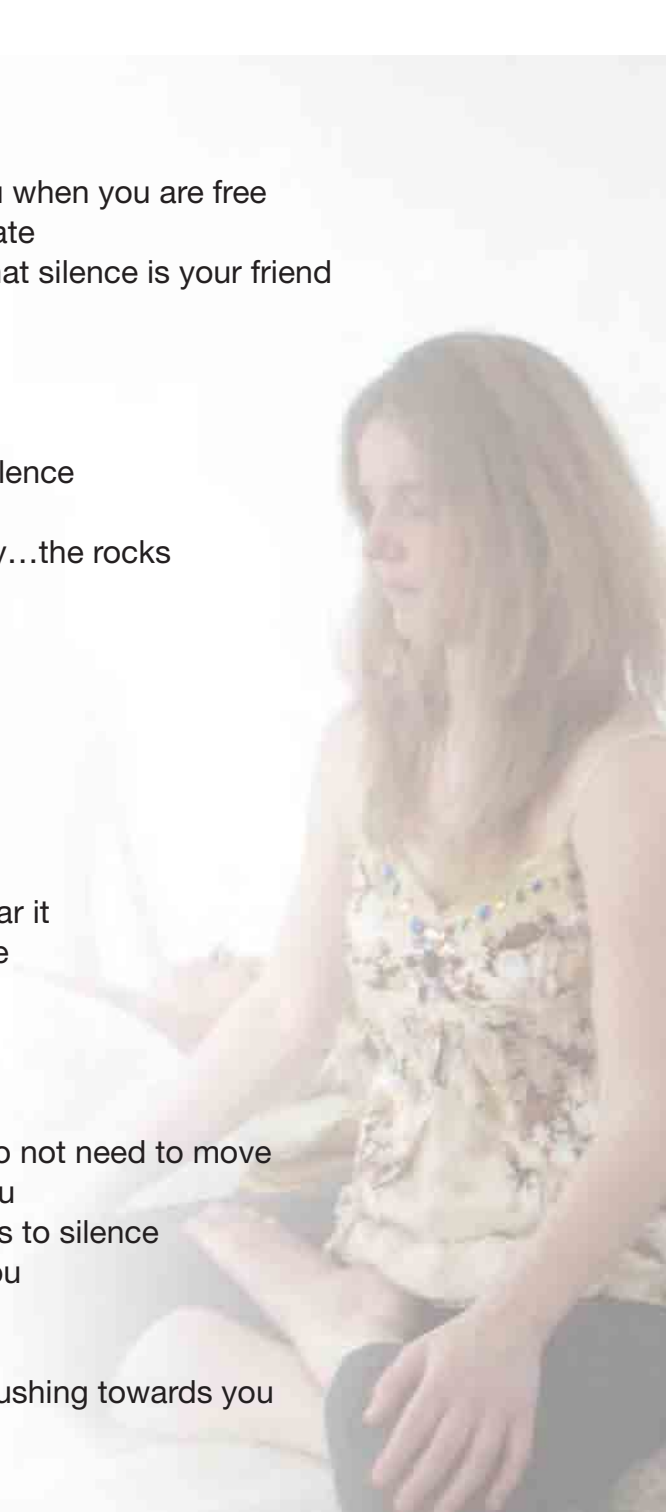
the simplest message of mystics is to learn  
how to dive deeper and deeper into silence  
can you see this innocent message ?  
you do not need anything  
just a simple knack  
experiencing the silence...  
drinking it deeply...  
absorbing its innocence...  
and everything is perfectly settled  
what keeps us away from this state of innocence ?  
we do not trust our inner voice  
we have forgotten how to listen to our inner spaces  
we have become so addicted to things and objects  
that relate to mind and movement  
the experience of mind and movement  
makes us feel that we are living

the moment you taste this silence  
suddenly there is fear within you  
am i living ?  
is this a vacuum ?  
i am going nowhere...?  
my life is utterly meaningless...

you are left utterly alone  
with nothing to do...all alone...  
this aloneness is the taste of you when you are free  
learn to absorb and drink this state  
and the moment you will learn that silence is your friend  
you are not alone anymore

you are one with existence  
you are dancing with this whole universe  
you are not alone...  
you have found a way to reach into the depth of silence  
into each others hearts...  
into living people...animals...trees...birds...the sky...the rocks  
now you are not alone for the first time !  
you have found an inner meaning  
you have understood the treasure of communion  
how to commune with life

there is only one language...  
utter silence  
all mystics speak about silence  
and when you reach the state...do not fear it  
we have become so accustomed to noise  
that we have forgotten it  
we have to trust the inner voice  
it is not going to say anything to you  
it will simply hang like a silent cloud  
and suddenly you will feel you do not need to move  
everything is rushing towards you  
the moment you open your doors to silence  
this existence finds a friend in you  
you have become receptive  
and all that is valuable...  
and all that is priceless...starts rushing towards you



you can understand the phenomenon like love...  
compassion...sharing...expansion...blissfulness...  
all these are invisible treasures and yet they are tangible  
you can feel them when they rush towards you  
the moment you become silent  
you will see the rocks meeting you  
the trees speaking to you  
the whole existence wants to meet you  
it has given you life...  
it has given you so much...  
and you fail to recognize its voice

the first key is to trust your inner voice  
and by that i mean the silence within you  
when you learn that existence is pouring life into you  
this trust will create a new person out of you  
you are not alone with a boundary wall  
trusting this will create your future eternity

listen deep within to your hidden treasure  
that is the master within you  
nobody can give you anything  
masters create devices and situations  
where suddenly you fall back upon yourself  
and experience your inner beauty

all the masters can do is to encourage you  
and give you a little trust...do not be afraid...  
it is not a vacuum and empty but filled with a pulsation...  
the moment you learn trust  
love begins to flower  
love is trust in an open state  
trusting yourself love begins to happen  
and slowly slowly you begin to melt the boundaries of defence  
and you fall into this beautiful state of innocence

you are no longer afraid  
because you know that the power of love is so strong...  
it is so magnificent...  
that nobody can harm you  
you do not need to close your doors to people  
open and share out of your abundance  
and something within them will receive it

each person is thirsty  
each person is longing  
each persons innermost secret is the search for love  
once you have known love  
then the very beauty of connecting heart to heart  
to everything that is living  
it is a pure celebration

and you will find ways and means to connect deep within  
even to those who resist you  
just the mind is resisting...  
just their conditioning...their upbringing...their fears are resisting you...  
but know that your silence has such a depth  
it can penetrate walls

you will meet people who will be closed and defensive  
and you will simply smile  
say aha...easy target  
you know the way through and through  
just close your eyes  
be silent and touch the very depth of that person  
and something from within will trigger  
and that defence...which is fear...will suddenly fall  
and a tear will come to their eye  
i have seen this miracle happening everywhere i go  
and it is a very simple secret  
the language of silence...  
silence knows no walls



today we have done some meditations and you have seen how easy it is  
so easy to fall into that receptive state  
and such an expanded experience  
and you dance and expand and expand and expand...  
but silence is the key  
stillness creates the depth so that you can absorb this silence within you  
and the result is pure innocence  
and a great celebration

remember this key  
silence is the ultimate answer  
and for that you do not need anything  
you just need to trust yourself  
you need to be yourself  
live your life...love yourself  
and out of that abundance  
a sharing will happen spontaneously  
it will all come back to you

always and always remember that you are a hidden master  
know who you are  
and that is the message of all masters  
you are not here to know who they are  
they are nobody but silent beings  
they have attained to just one simple quality  
a deep silence  
and they have disappeared into that experience  
and become simply nobody

the body has fallen with the mind...its ego...its dreams...its desires...  
everything has disappeared into that silence  
how to attain to silence ?  
hmmm...  
do not gather noise...  
search meaningful experiences...  
live your life simply...

choose wisely what you do...reduce this rush of the mind  
slow down...become sensitive to your livingness  
enjoy moments of walks in nature...  
a silent dance sitting by the river...  
melt and merge with everything that is natural and in harmony  
nature is in utter harmony with existence  
nothing struggles in nature  
the river is flowing  
pure flow  
the water is dropping  
pure drops  
no resistance...no struggle...no holding...  
just flowing

millions of drops of the ocean...  
all resonating truth in its perfect state  
each blade of grass living purely its nature  
not putting any lipstick...cosmetic...high heels...  
simply a blade of grass

if you can understand the beauty of this ordinariness  
this living totally in harmony with nature  
you have understood the inner message of truth  
and then you can see truth in each leaf  
it is a pure reflection  
and truth surrounds you in every corner  
show me one place in this existence where truth does not exist  
this whole existence is a reflection of this beauty...  
of truth itself

we keep on searching for god but you cannot see a blade of grass  
if you cannot see the truth of it and its utter nudity...its utter innocence...  
you cannot recognize god when he comes to you  
you do not have the eyes to recognize godliness  
just looking at a flower and there it is



it is speaking to you from every corner  
it is sending you its fragrance  
it says hello...do not pass by me unattended...  
but who has time for a flower ?  
you are searching god  
god is that flower !  
listen to it

and if you can taste it  
in the simple day to day life  
then know perfectly well you have come home  
and you will realize your ordinariness  
and the very beauty of it

why try to be somebody...  
when you can be utterly relaxed and yourself ?  
listen to your inner voice...  
melt down...slow down...  
existence is not your enemy  
it is not fighting against you  
you have already proven yourself because you have life !  
it respects you and has made you worthy  
because you have life pulsating in you  
you cannot purchase a single moment of life  
do not try to prove your worth  
just live silently  
and you will know the taste of it

and once you taste it  
you become settled...  
you become relaxed...  
and a new spring comes out of you  
because your whole energy was going into the struggle  
into the search...into avoiding your inner...  
into running around...into not accepting yourself...

just accept yourself the way you are  
and this inner fight will disappear  
and you will be utterly relaxed and whole

how to make yourself whole is a simple inner understanding  
not difficult at all !  
in fact what is difficult is that you are not innocent  
innocence is the ultimate bridge to be yourself  
even if it hurts you...  
you lose once in a while...so what ?  
the treasure is far more valuable  
never lose your innocence because you have some bad experience

is your trust so small that one or two bad experiences  
make you close down this vast treasure of life ?  
no !  
life is a vast journey  
enjoy your innocence  
look a bit stupid like me  
dance as much as you can  
treasure your body...treasure your life...treasure what you have  
and you all have so much

you have not looked at what you have  
re examine all that surrounds you and is within you  
just in that simple task you will realize  
that hidden in you is the greatest treasure  
you do not need to search god  
god is you when you are whole and complete  
and you can share with empty hands  
you can continuously share  
so much love  
nothing prevents you

i am trying to make this message very simple  
i have looked at it from all around  
and i come back to the same message  
the masters are speaking so much rubbish  
listen to those masters who have been silent  
look at their eyes...the way they live...  
a simple lifestyle...  
slow down  
choose few things to do...  
drop this anxiety and rush

i always tell people...first thing...  
take your diary and throw it away  
your friends are continuously inviting you  
for a party...for this...for that...  
cut out the agenda...half of it...  
just throw it away !

friends are great enemies  
just remain hidden in your room alone  
disconnect your phone  
throw away the diary and disappear  
you will need to do it one day  
because when your body will be taken away  
you will have to disconnect that phone  
then who will you call ?  
better learn how to dial zero today  
and connect silently  
and see who responds to you  
you will see the miracle

but people are so much in a rush...  
that when the message comes they run away  
the message goes to somebody else

just slow down...take it easy...  
that is why i like india  
you are forced to slow down !  
all the plans that you make...  
you have to do this...you have to do that...  
everything simply goes wrong !

they trust in the bullock cart  
at least you can rely on the bull and the cart  
and you can sit and go slowly slowly  
the wheel may break but nothing will happen...  
india is the perfect place for everything to go wrong  
the whole judgmental planning mind falls apart  
everything goes wrong so you have to learn to accept

look at the germans...they are in such misery...everything is going right  
they are looking for something to go wrong somewhere  
it has become so clinical...like a surgeons table  
i do not like to go to germany  
i am becoming afraid of austria too  
somehow i am feeling there is some german blood in austria  
perhaps it is in the language

when i am dancing totally...people do not join...  
just dance !  
forget it...let your hair loose !  
let the neighbours think you have gone utterly mad  
why are you afraid ?  
in fact get rid of all your neighbours

this world is living upside down  
sometimes i go somewhere i am wondering what to say  
because such a mad world  
and i know i am mad...i accept my madness  
i am mad but they do not accept that they are mad too  
this is the misery



i say i am mad and i am contently mad  
i am dancing the whole day  
sleeping the rest of it...eating and i have nothing to do...  
really nothing is pulling me anywhere  
except for few people who love me...they bring me here  
if they do not bring me i will go back in the mountains  
    how lazy i am...  
    good for nothing...utterly lazy...bored stiff...  
    i like this word boring...  
    are you bored ?  
    it is the most beautiful word...boring

where is my young friend hiding ?  
he is gone to watch football ?  
twelve people kicking the ball and millions of people shouting  
i have never come across such a retarded game  
just kicking the ball...  
and they are superstars kicking a ball !  
    i can understand if school children are playing  
    but millions of people watching this retarded game ?  
    they have no value for their lives ?  
    one month they are watching football  
    they are being so brainwashed and shouting and screaming  
    happy because they won or sad because they lost  
    just one ball being kicked around can make you happy or miserable !?  
    and then they get drunk and then they go to party...  
    my god...the poor little kid he has gone to see football  
    they have brainwashed all these kids  
    anyway...i am just talking rubbish now

anybody has any meaningful question and wants a stupid answer ?  
welcome to ask...

**question**    *what about tennis ?*

very retarded and very damaging to the body !  
in the osho resort some retards have made something called zennis  
just put zen in front of anything and it looks intelligent  
it is such a stupid game !  
you are becoming right handed...  
your whole power is rushing to the right...  
you are disturbing the whole balance of the body  
your body is not a machine...it is a very sensitive mechanism  
your spine...the skeleton...the framework  
it is held together by muscles and tissues  
    the energy finds a flow to move through it  
    and creates a balance for the brain  
    this tennis is a right handed aggression  
    the whole energy is moving to the right  
    you are disturbing your spine  
    you are becoming twisted  
    you are disturbing your heels...your ankles ...your knees...  
    you can see those people who play on hard courts  
    their knees get damaged...their pelvic gets damaged...  
    their spine becomes twisted...  
    and they become right handed aggressive macho people

you can see golfers too  
their whole body is twisted  
they have destroyed the natural balance of the body  
especially after doing meditation...  
if you play tennis you are taking all the psychic power into the right hand...  
feeding the left brain  
this is how it balances...all male aggression  
and it is all about winning...smashing...hitting...running...chasing a ball...  
it is physically damaging

life needs balance  
doing...non doing  
male energy...female energy  
upward movement...downward rooting  
expression...settling  
everything is in balance  
higher...lower...left...right...  
then you are in equilibrium  
that is your life force

now you can place tennis within this framework  
and you can see it is physically harmful to the body  
suddenly here...suddenly there...  
your mind will become agile  
your mind will become stronger...the body will become twisted  
so the mind will become more twisted  
you cannot have balance...equilibrium...harmony...

running is a beautiful sport  
swimming is a beautiful sport  
anything that equally plays right and left  
and that gives you rest and silence and stillness  
then you do not damage the body and it is meditative  
tennis is right handed  
it cannot be meditative and it damages the spine  
the kundalini will turn  
the right body will harden  
you need to become hard to hit  
and you will lose the open muscle  
the softer your body is the more life is flowing through it  
the moment you harden the body you are bringing death  
because life will stop moving in it

you can see the body of a child...soft...absolutely like butter...  
so soft because nothing has hardened as yet  
a soft body like a sponge...with life flowing through it

i cannot find one good reason for tennis at all  
and it is simply aggression...hitting some stupid object  
oof...what a retarded game...  
try running...it is beautiful...  
you catch the rhythm...you are in the rhythm  
it is life affirmative  
try running on one spot...  
it is even more empowering to the body

swimming is beautiful and in deep harmony  
in water your whole body has a buoyancy  
it removes the weight from the body  
you feel the gravity disappearing  
and the spirit in you can expand  
swimming is one of the most spiritual movements  
in fact swimming is so beautiful though i cannot swim  
but when the body is in water it displaces the gravity  
and you have to use each and every part of your muscles to swim  
you cannot leave any muscle unattended  
you have to use the whole muscle in total flow and harmony  
to attain to that movement in swimming  
so your whole body gets a deep inner massage

i know swimming because i swim on land  
i call it tai chi  
i am a tai chi master  
i am swimming with air  
i am floating in the air with no gravity

what they experience while they are swimming...  
i experience while walking on land  
because surrounding me is not air  
it is thick life...it is aura gripping me  
it is thicker than water

you see this hand ?  
it is moving as if in water  
this empty space around you is your aura  
once your aura becomes dense and thick...  
even the trees will support it...  
everything supports that physical form  
you become weightless because everything around you  
is pulling you and holding you  
so i feel the same experience while walking  
moving my body as one would feel while swimming in water  
swimming is one of the great spiritual exercises  
you are born in water  
eighty percent of you is water  
the womb is water  
you were a fish once upon a time when the beginning of life began  
water is the perfect medium for spiritual growth

you see what i am talking about  
this tennis...this football...my god where am i living ?  
i have to answer all these type of strange things  
sitting in the mountains for fourteen years i never thought  
i would be answering tennis and football and all that...







holland  
amsterdam  
18-19 july 2010

this silence  
this innocent state of stillness  
is the whole message  
how to drown into this silence ?  
utterly fulfilled in this state of stillness...  
how to drown and come to this simple state ?  
dancing...dancing...dancing...  
it creates stillness in you  
music awakens this silence in you

such an innocent message  
an awakened stillness...an awakened silence...  
at its peak...it is you...your very buddha nature  
as simple as that  
this is no ordinary silence  
this is no ordinary stillness

it descends upon you  
because of this celebration...this crescendo...this peak  
and the sky is open  
and what descends into you is silence and stillness

we are blessed today to have a genius amongst us...praful  
praful is here to lead you deeper into this state with his beautiful music  
drown into that stillness of his flute  
and you can dance to the beauty of his flute  
movement...stillness...silence...

so we all welcome warmly our beloved praful  
he leads you deeper and deeper and deeper  
thank you praful for being here  
this magic is yours

**praful** *thank you rajneesh*

*after being in deep silence with the music of praful  
and dancing with the music of ojas  
followed by silent sitting  
rajneesh speaks*

the whole search  
is not a search but how to lose yourself !  
drown your identity and reach to the state of no mind  
it is not a search for anything  
but how to dissolve and disappear into nothing  
hence it cannot be a search but a disappearance

how you can search something when you do not know where it is ?  
when you disappear...the whole is and you are absent  
this is the path of the mystic  
how to arrive to the state of no mind ?  
how to peak and arrive to that state where mind simply disappears ?

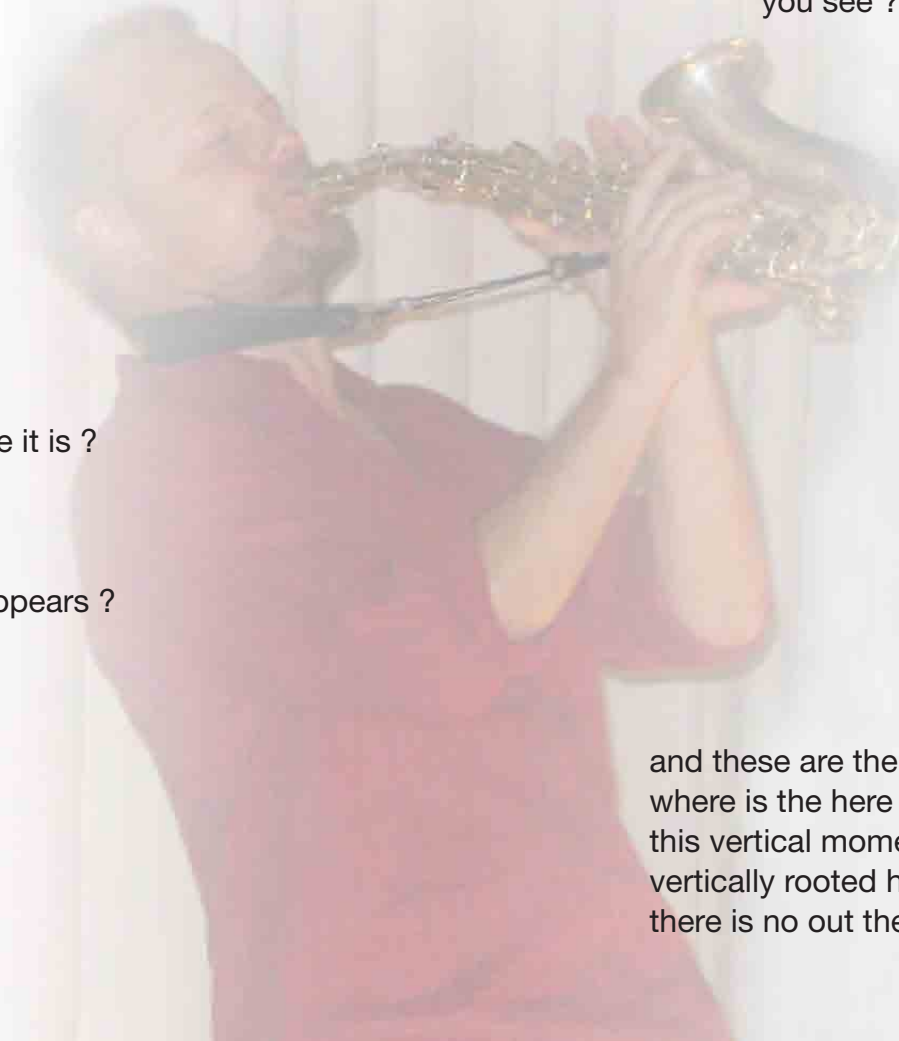
in that disappearance everything is perfect  
it is the mind and its chatter...  
your identification with it...that is your misery  
just dancing deep within yourself  
transports you higher and higher  
into that ecstatic state of no mind  
how difficult can that be ?

you drown into it  
you can feel it  
you can taste its presence hovering above you  
just drink it down and let it settle deep into you  
how difficult can that be ?  
when you arrive there your mind simply evaporates  
you are peaked...you are alert...you are present...  
and such a deep restfulness  
such a deep relaxation settles within you  
you see ?

peaked heightened alertness  
the state of no mind  
settling into the earth  
this is the vertical path  
you do not need to step outside yourself  
all moving outside is leaving the vertical river of your life  
just a simple knack

you peak again and drown again...  
and peak again and drown again...  
and peak again and drown again...  
and slowly slowly the path becomes easier and easier  
it crystallizes within you  
and it deepens...it heightens...it widens...  
and that is the whole journey  
from here to here  
from here to herenow

and these are the vertical moments...herenow  
where is the here and now ?  
this vertical moment of light  
vertically rooted here...  
there is no out there...there is no future...there is no movement



it is a vertical standstill  
everything becomes peaked...alert and standing utterly still  
and in that still peaked moment you are a buddha  
you are the very essence of your being  
you are within it...you are experiencing it  
what is the fuss ?  
i tried to explain it a million times  
what is so difficult ?

dance dance dance dance dance dance...  
find that peak and then sit  
you will have to sit after that peak  
because you will not be able to hold this body anymore  
you will simply collapse  
into a state of let go  
this is an energetic experience

i have not come here to speak  
when you dance you are experiencing the sky within you  
and if everybody is dancing and peaking  
the sky opens for all  
and the showering is happening  
so drink the blessing from the beyond  
simply drink it...accept it...surrender deeply...  
and you will understand this silent innocent message

it will create a stillness in you  
a deep silence  
an innocence that knows it all  
and there is no search

dive more and more into this moment  
this vertical moment  
dive into it  
and let it settle...let it spread...

once you know that this is the answer...  
it is within you  
you do not need to go anywhere  
once you know...you know the way  
you know the master is present within you  
just grow deeper within your own inner silences  
and deeper means deeper vertically  
higher means higher vertically  
this same line becomes deeper and deeper  
deeper vertically  
you do not need to move an inch  
whatever you are doing is a vertical experience  
again and again...i repeat it  
this is the truth

the buddhas say that you are perfect  
just the way you are in this moment  
now you understand ?  
you are perfectly perfect the way you are in this moment  
what is this moment ?  
it is this peaked state of nomind  
and this is the moment they are speaking of  
you are perfectly perfect in this vertical state of silence  
this moment is your eternity

now you get the simple message  
they are speaking the ultimate truth  
but you go on searching somewhere else

buddhas are not psychotherapists  
they are not great therapists  
they are just dancing fools  
mast maulas...simply dancing into ecstasy  
and what can a dancer teach you ?



just dancing like a mad man  
what is he expressing ?  
he is giving you that energetic possibility  
and he knows perfectly well the sky is open  
everything is showering light  
but you do not know how to drink  
you do not know where the well is  
how deep it is...where to drink...

so you keep on searching  
but it is not a search  
it is a deep surrender...  
to the dance within you  
it is not a dead stillness...  
it is such a peaked crescendo...  
such a peaked state...  
that everything disappears

that is why i keep saying again and again  
do not stop the mind  
do not dissect the mind  
do not try to do anything  
you do not need to do anything with shadows  
do not keep fighting...dissecting...cutting...analyzing  
trying to stop the mind...  
trying to ask how to get out of the maze of the mind...  
this therapy and that therapy...

simply dance and evaporate !  
there is no mind to deal with  
there is no conditioning to deal with  
where is the conditioning ?  
when you are in the state of no mind ?  
show me the conditioning !

you are not a man...  
you are not a woman...  
you are not rich...you are not poor...  
you are not indian...you are not african...  
no conditioning...  
no mother...no father...  
you do not need to do all these family constellations  
going into unnecessary rubbish  
digging into the darkness  
and trying to make sense out of this darkness

everybody is searching for a reason  
why am i miserable ?  
how to get out of this misery ?  
how to get out of my conditioning ?  
how you got there in the first place !  
and there are enough fools to supply you answers  
and then you go deeper...  
shadow upon shadow upon shadow upon shadow...  
like quicksand  
you get so confused and you think you found the answer  
every answer will lead to fifty more questions  
and the misery will never end

buddhas are very compassionate people  
they say you are perfect the way you are  
understand this single statement  
that you do not need to add anything to yourself  
everything that you need is contained within you  
if you can put it together in one vertical explosion  
like a rocket into the sky  
peak it...stop...bring it down...  
and you know the answer

stop fooling yourself  
do not search a master  
do not search knowledge  
do not search to add anything  
keep subtracting subtracting subtracting  
till you come to this simple understanding

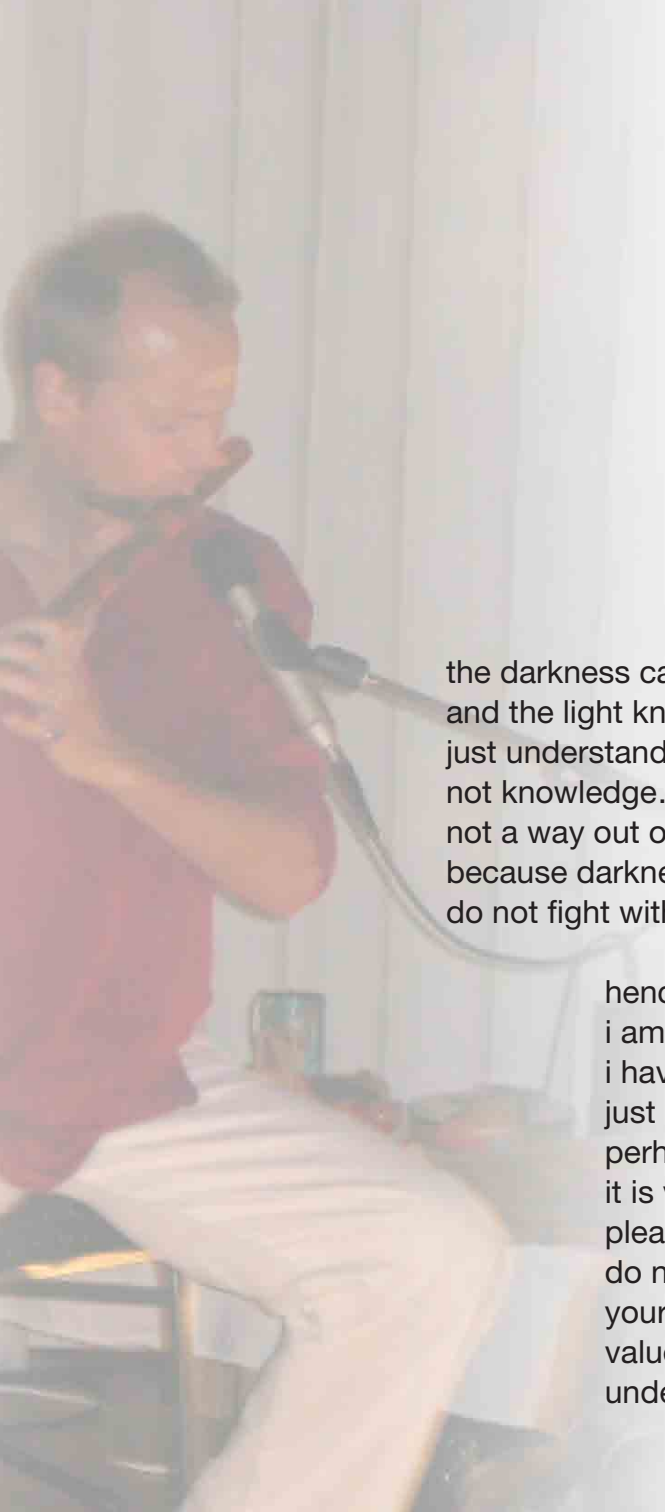
just the other day they were speaking about conditioning  
what does the therapist know about conditioning ?  
mind talking to mind...analyzing mind...  
the therapist does not know what that state is  
that state would make him look like an innocent little child

children are beautiful...they know it all  
and we are grown up...we know too much  
just listen and silence will guide you  
it will show you the way  
it is the way  
it is not showing you anything  
it is the light  
do not fight the shadows of the mind  
do not fight the shadows of the heart and of the body  
this whole body mind emotion is simply ignorance  
it has its purpose  
but it is not the ultimate

you are searching the ultimate  
and the ultimate window is only possible  
in the state of nomind  
take a nice long run  
go for a swim  
enjoy a dance  
celebrate in total ecstasy

anything that verticalises your energy  
and raises you vertically higher and higher  
that is the window to your inner master  
please try to get this message  
and understand that you are enough unto yourself  
stop adding any information  
every piece of information is going to lead you astray  
because it goes into the head  
it clouds your brain  
you are already confused  
you have to throw all this rubbish into the dustbin

there are many therapists willing to fill you with rubbish  
because it fulfils their ego  
they know what is missing in you  
so you become an obedient slave  
they make you smaller because you are not enough  
they are showing you your miseries...  
your blocks...your conditionings...  
they show you what is wrong with you...  
and tell you to make an effort...to make a change...  
do not be yourself...  
change yourself...  
do some stupid improvement class...  
join a group or a therapy...  
do something about yourself...  
you are not accepted the way you are  
you are miserable...  
a good for nothing useless person...  
what you need is transformation  
all these liars are fulfilling their ego  
and bringing you down  
they keep finding your misery



i say...keep celebrating your bliss  
you have no misery  
it is a simply a shadow  
bring in the light  
and there is no misery  
there is no darkness

you simply need to bring in the light  
you cannot tell the blind man what the sun is  
just show him the light  
and the strange thing is  
the moment you bring the light  
the light knows nothing about darkness  
the light does not know darkness exists

the darkness cannot stand in front of the light  
and the light knows no darkness  
just understand that light is what you need...  
not knowledge...  
not a way out of darkness  
because darkness is simply an illusion  
do not fight with illusions

hence i am not a therapist  
i am not a group leader  
i have nothing to teach you  
just a dance  
perhaps some of you can get that inner understanding  
it is very simple...my friends  
please do not waste your life  
do not add more misery  
your life is very precious  
value your life  
understand this message and dissolve

it is very easy to dissolve into love  
it is very easy to dissolve into ecstasy  
it is so easy to find this blissful state  
and drink it and live it  
and wait and see how it transforms you  
it will not change you...  
but it transforms your gestures  
it transforms the way you look...  
it transforms the way you behave...  
it transforms the whole space around you...  
your whole vibe will be blissful and ecstatic

it will not change you  
it will simply illuminate you  
and that illumination within will radiate without any effort  
the sun is not making great effort to send rays of light to you  
it is simply its natural light  
emanating and dissolving everything that it sees

the inner work is easy  
it is not a great effort and remember all efforts are part of the mind  
the mind wants a struggle  
mind feels very good  
i am doing this very important group...  
i just paid five thousand euro for it...  
i am going to tell all my friends...  
i am making great effort for spiritual growth...  
i am becoming so much more aware...  
i am removing all my conditionings...  
and when they finish with their so called conditionings  
they go and search other peoples conditionings  
one monkey leading another monkey  
another monkey leading another monkey  
and on top is the elite therapist baboon

do not be a fool  
find your innocence  
search simple ways to dissolve  
like dancing...celebrating...painting...playing on a guitar  
effort will make you tense  
when you are dancing and celebrating  
you do not need to search god  
god is searching you  
    i never searched for truth  
    i simply danced and celebrated  
    truth has found me  
    who else is he going to find ?  
    all the miserable people ?

truth only finds those who know how to celebrate  
because the window is open  
so truth comes in and showers within you  
simple...there is no other way

    when truth comes to you it says  
    this guy is closed...miserable  
    the door is locked tight  
    but a person singing on his guitar and enjoying  
    truth comes and says  
    aaahhh...this door is open  
    and it brings more and more celebration to you  
        truth only enters those who know how to live and celebrate  
        and accept the small beauties of life  
        you will become vaster and vaster  
        and a big pool of contentment and celebration gathers around you  
        it is natural...no fuss  
        you simply want to share  
        because you are so blissful  
        you need to share out of abundance

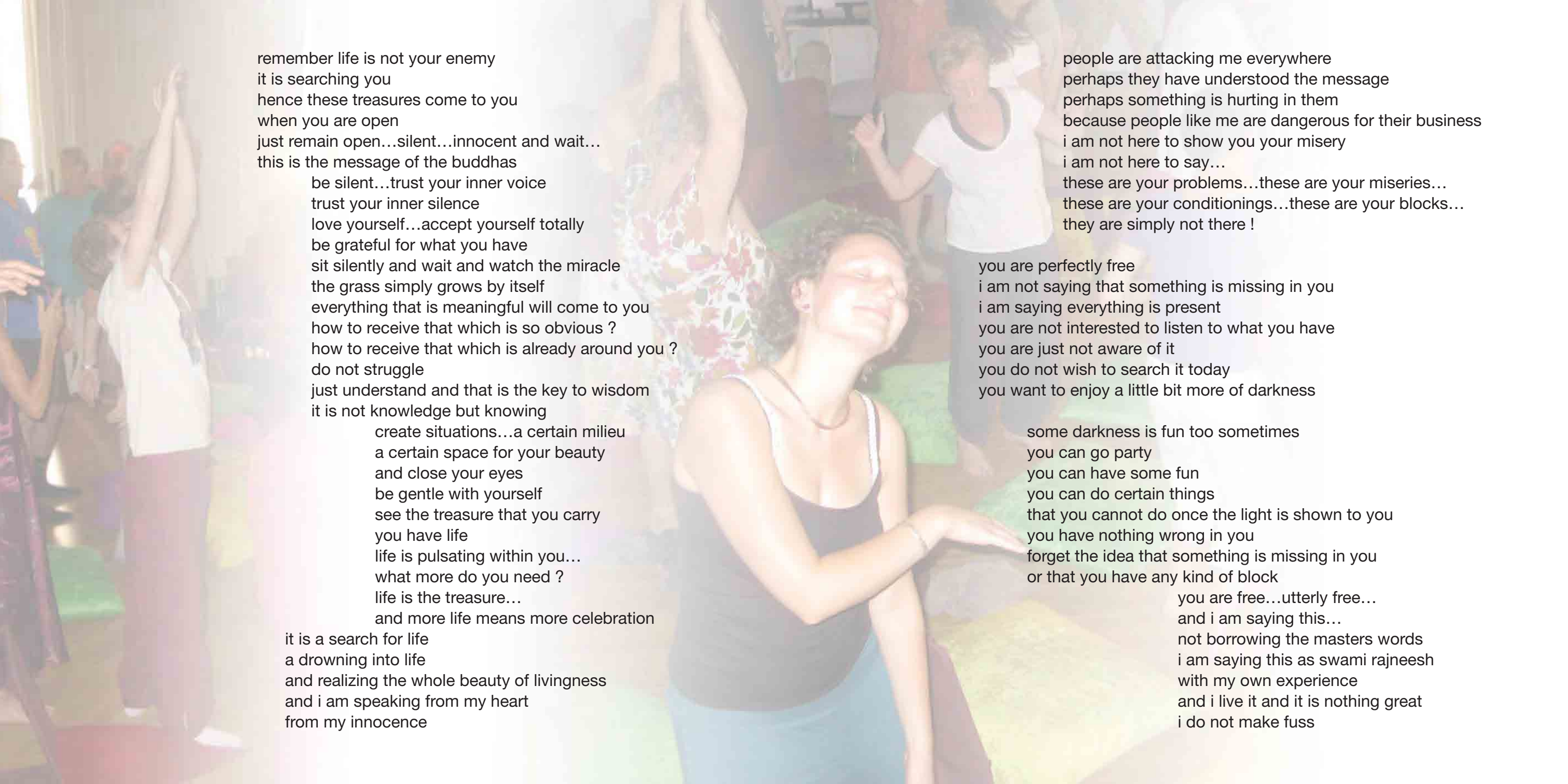
i am simply dancing  
i am not making an effort  
you are unburdening me from this shower  
that is coming on me  
if you do not accept it...  
the trees are drinking it...  
the rocks are drinking it...  
the stars...the moon...the animals...  
the children...they will drink it...  
if you can drink...very good  
if you cannot...i am still showering

i am not looking for anything  
this is the way of the inner  
i do not want you to be exploited  
this world is full of exploitation  
it is ugly to exploit in the name of truth  
what else will be left in the world to live for then ?  
now they are exploiting in the name of the greatest master osho  
what else is left now ?

    i know it is simple  
    i have walked the journey  
    i have dissolved  
    i have not searched anything but love  
    and my master has given me everything  
    because of my total surrender

empty...open...available  
the greatest treasures come to you...  
you cannot search them  
you cannot find them  
they find you  
because life needs you  
life wants to share its treasures with you





remember life is not your enemy  
it is searching you  
hence these treasures come to you  
when you are open  
just remain open...silent...innocent and wait...  
this is the message of the buddhas

be silent...trust your inner voice  
trust your inner silence  
love yourself...accept yourself totally  
be grateful for what you have  
sit silently and wait and watch the miracle  
the grass simply grows by itself  
everything that is meaningful will come to you  
how to receive that which is so obvious ?  
how to receive that which is already around you ?  
do not struggle  
just understand and that is the key to wisdom  
it is not knowledge but knowing

create situations...a certain milieu  
a certain space for your beauty  
and close your eyes  
be gentle with yourself  
see the treasure that you carry  
you have life  
life is pulsating within you...  
what more do you need ?  
life is the treasure...  
and more life means more celebration

it is a search for life  
a drowning into life  
and realizing the whole beauty of livingness  
and i am speaking from my heart  
from my innocence

people are attacking me everywhere  
perhaps they have understood the message  
perhaps something is hurting in them  
because people like me are dangerous for their business  
i am not here to show you your misery  
i am not here to say...  
these are your problems...these are your miseries...  
these are your conditionings...these are your blocks...  
they are simply not there !

you are perfectly free  
i am not saying that something is missing in you  
i am saying everything is present  
you are not interested to listen to what you have  
you are just not aware of it  
you do not wish to search it today  
you want to enjoy a little bit more of darkness

some darkness is fun too sometimes  
you can go party  
you can have some fun  
you can do certain things  
that you cannot do once the light is shown to you  
you have nothing wrong in you  
forget the idea that something is missing in you  
or that you have any kind of block

you are free...utterly free...  
and i am saying this...  
not borrowing the masters words  
i am saying this as swami rajneesh  
with my own experience  
and i live it and it is nothing great  
i do not make fuss

you do not realize it  
but the moment you go to a therapist  
he is saying you are not worthy...you need to work on yourself  
you do not realize that  
the moment you accept him as your therapist  
you have declared that you are not worthy  
please...show me the way

these therapists are playing god  
they are the parasite priests and the failed politicians  
they want to grab you and control you  
they want to make you inhuman and show you  
what is wrong with you  
i am saying again and again  
see what is right in you

if you are a painter...start painting  
if you are a musician...go deep into your music  
if you are a dancer...go deep into dance  
whatsoever is beautiful in you...enhance it and go totally into it  
it will open the window for you  
each person has a unique talent  
and creativity opens the door...  
to vaster and vaster spaces of expression...  
so your wings can grow  
see what is positive in you  
and take it as the window to existence and explore it deeply  
go deep into it and it will be your door

your creativity will be the door to the light  
now we have beautiful ojas here  
thank you my beautiful friend ojas  
i am madly in love with him  
i am declaring it openly

i love this man  
he is a genius  
you see what is going to happen to him !  
this man is going to explode into everybodys heart one day  
he is just playing the tabla  
but i know what he is doing

musicians are the greatest geniuses  
they are tuning into this world of rhythm  
they are tuning into balance...harmony...sound...stillness...  
i am in love with musicians  
they are the finest people on this earth  
they are the gods  
i bow to musicians and i say they are the future of the world  
music and dance

just one added quality...meditativeness...  
how to find stillness in movement...  
how to find that silent gap in the music...and there is the key !  
they are holding the keys  
do not undervalue musicians dancers and singers  
they are the buddhas  
they create the vibe  
they create the atmosphere  
they are giving you treasures

ojas creates the music  
i create the silence  
beautiful...together...hand in hand  
i cannot do it alone  
you need to dance  
ojas makes the music  
and one beautiful pool of energy is created  
hand in hand together  
everybody melts in one pot

we need to respect each and every individual  
for whatsoever they contribute to this buddhafield  
i know that each one is carrying a buddha  
just given the right space...the right atmosphere...  
they will flower

i was just speaking today about the mystic rose meditation  
do not put qualified mystic rose therapists...just put children  
i am going to put children to lead the mystic rose !  
they will make people laugh  
a child can make you laugh better than any stupid adult  
children have such a beauty...  
so children will create the vibe for the mystic rose to happen  
and what can be more beautiful  
than a child leading the mystic rose group ?

everything should be playful...light  
i would rather invest my love and my life and my light  
into musicians and creative people  
therapies are negative...seeing the negative  
trying to remove the negative from you  
creativity is positive...  
seeing what is beautiful and celebrating in you  
you see the difference ?  
a vast difference !  
it is a totally new way of looking at things  
celebrate the beauty and that which seems to be dark  
will dissolve on its own

thank you again my beloved friend ojas  
i do not think they even realize how much i love them  
i grab them...i get them somehow...and they will be the masters  
listen to the tabla...listen to the flute...

like the concert of ojas and praful  
then there is no need to speak  
existence is speaking through them

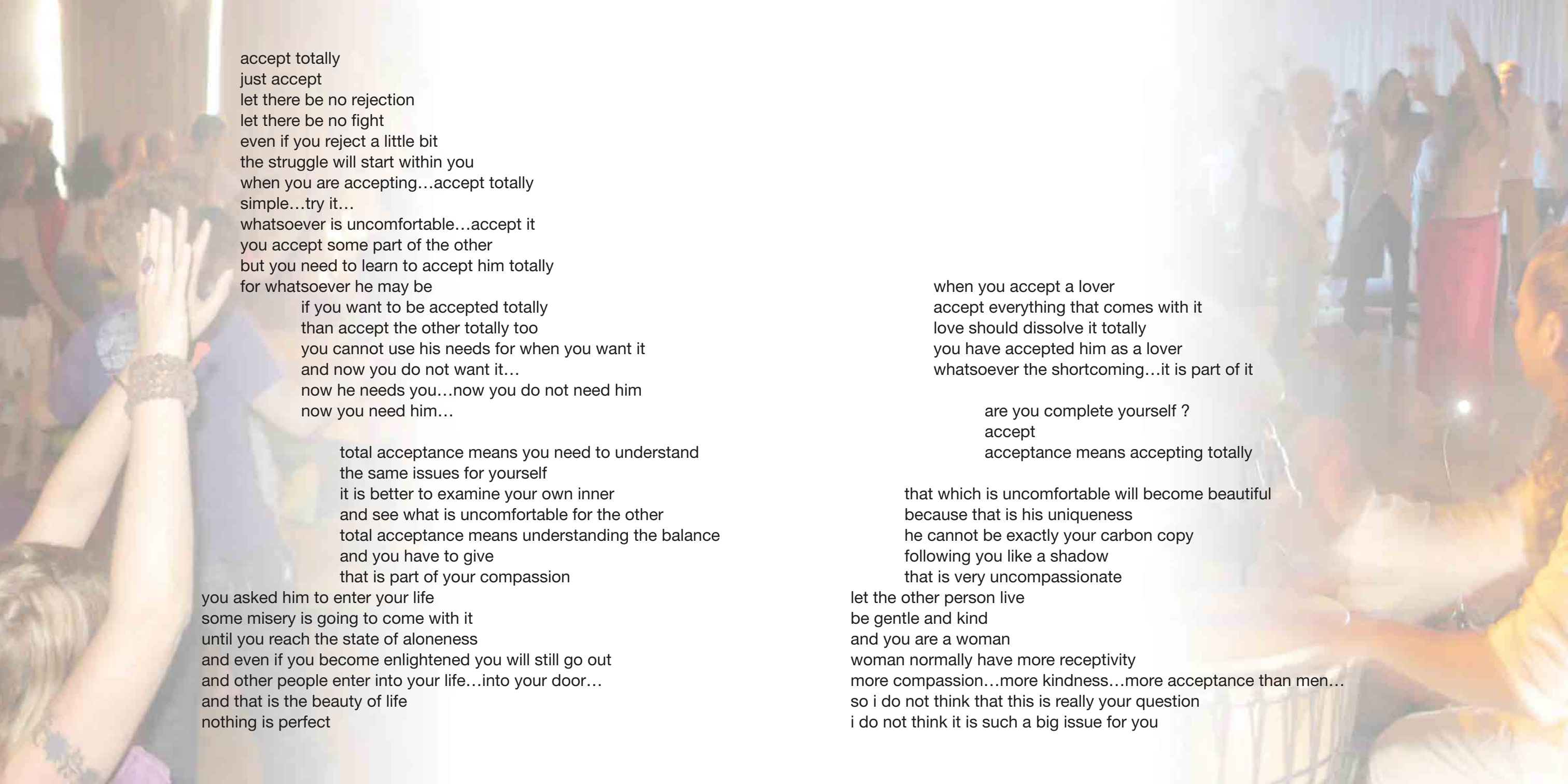
we want creativity...celebration...dance  
and it will naturally lead you into a deep silence  
you do not need to search  
thank you ojas again

anybody has a question welcome  
hmmm ?

**question** *basically my life is very simple and in that i feel very  
much at home... i feel very much loved...but when i am  
moving to sexuality... i can be very ecstatic and open  
but sexuality gets me out of it... it takes me out of the  
simplicity because of the desires i have as a partner...*

every window that you open has a two way process  
you open the window...some comfort and some discomfort  
you have to choose  
if you do not need it then there is no need  
if you feel comfortable without sex  
than why have somebody enter the window unnecessarily ?  
then do not go for it  
if you go for it then accept it totally  
you are accepting some part...  
and you are rejecting some other part  
you are accepting one part...the good...  
but you are not accepting the other part !





accept totally  
just accept  
let there be no rejection  
let there be no fight  
even if you reject a little bit  
the struggle will start within you  
when you are accepting...accept totally  
simple...try it...  
whatsoever is uncomfortable...accept it  
you accept some part of the other  
but you need to learn to accept him totally  
for whatsoever he may be  
if you want to be accepted totally  
than accept the other totally too  
you cannot use his needs for when you want it  
and now you do not want it...  
now he needs you...now you do not need him  
now you need him...

total acceptance means you need to understand  
the same issues for yourself  
it is better to examine your own inner  
and see what is uncomfortable for the other  
total acceptance means understanding the balance  
and you have to give  
that is part of your compassion

you asked him to enter your life  
some misery is going to come with it  
until you reach the state of aloneness  
and even if you become enlightened you will still go out  
and other people enter into your life...into your door...  
and that is the beauty of life  
nothing is perfect

when you accept a lover  
accept everything that comes with it  
love should dissolve it totally  
you have accepted him as a lover  
whatsoever the shortcoming...it is part of it

are you complete yourself ?  
accept  
acceptance means accepting totally

that which is uncomfortable will become beautiful  
because that is his uniqueness  
he cannot be exactly your carbon copy  
following you like a shadow  
that is very uncompassionate  
let the other person live  
be gentle and kind  
and you are a woman  
woman normally have more receptivity  
more compassion...more kindness...more acceptance than men...  
so i do not think that this is really your question  
i do not think it is such a big issue for you





holland  
amsterdam  
20 july 2010

disappear in this celebration  
till the inner and outer become one...  
is the goose in the bottle ?  
the goose has always been out  
you have been identified with the bottle  
you believe that you are inside this bottle  
you are not inside any bottle  
nothing can keep you in this bottle  
you are vaster than the sky

look at the feather like quality around your being  
are you in the bottle or outside ?  
your aura...your etheric body...  
are they in the body or they are outside ?  
you are spread all over...

everything is you  
that tree is you  
if you can look in such a way  
with an empty vacant look  
that tree is within you

if you look at the tree thinking that there is the tree and i am here  
that is identification  
you are identified with the body and the mind  
how to loose identification to go to the state of nomind ?

in celebration...in ecstasy you transport yourself  
and in that state you are merged with the trees...  
with the rocks...with the birds...  
there is no in...there is no out...  
simply nothing remains  
you cannot even say this is out...this is in...

when you are in that ecstatic state  
are you a man ?  
are you a woman ?  
are you in holland ?  
or in italy or in india or in timbaktu ?  
you do not know where you are  
you are everywhere and nowhere...  
you are in that state...that orgasmic state

how to arrive to that state is the whole search  
where are you then ?  
you are out of the window or are you in the window ?  
you are merged completely in that ecstatic moment  
if you can experience that moment even once you know the answer

once you know the answer it grows deeper  
deepen the experience of being all or nothing  
it is very simple

the mind will say am i in or am i out  
when you are in the dance  
the question will simply not arise !  
there will be no question  
you will not be there to question  
who will be there to question ?  
am i in or am i out ?

when you will fall out of this state  
you might ask...was i here or was i there ?  
now you are accumulating the mind

dancing is an energetic transformation of your energy  
it is transforming the lower to the higher  
going vertically higher higher higher higher higher...stop  
you do not need to stop  
it stops you  
that is the peak of the perfect state of isness

always find a way to reach that orgasmic state  
you can run...  
you can swim...  
you can dance...  
anything that creates that orgasmic state within you  
for a single second  
and the whole sky opens for you in that moment  
that moment you are in the enlightened state  
and then you will fall back  
and you will wonder...where did i go?  
where was i ? why did i feel such an expansion?  
was i really there? was i dreaming ?  
it will feel like a trance...a dream  
and you will forget about it  
because the mind does not remember  
the experience bypasses the mind completely  
right in the middle of the brain  
there is a space  
it simply moves towards the sky  
it reaches a state the mind does not even know about  
because it is not part of the mind  
mind can understand horizontal reasoning  
in fact mind is not horizontal but crisscross  
left brain right eye  
right brain left eye  
it is crisscross...it is an illusion...a mirage...

it is horizontally connecting you to the world of objects  
and it is not direct...it is crisscross  
you are seeing things that appear to be real  
and each crisscross is creating an illusion of matter  
this is a point...this is a point...this a point...  
all these points are merging together in the brain  
and you think these are real objects

the moment you understand the vertical state  
everything simply opens  
and you see through all this horizontal mirage  
the more mind...the more horizontal...the more complex  
the less mind...the more vertical...the less complex  
and in the very end...the state of no mind totally vertical  
standing on a hair  
nomind state  
and everything becomes vertical

the whole universe is vertical  
and you do not see objects anymore  
but simply rays of light  
the whole universe becomes beams of light  
and you can read it vertically  
just like a barcode

the seventh centre is your vertical crown  
all the needles are coming vertically into the body  
you see the world from above  
you see the universe from the sky  
and all you see is threads of light  
and you can understand what is below  
mind is only good for horizontal measurements  
it only knows the crisscross...full of illusions...

the mind is simply doing its job  
but there is a universe beyond it  
there is a space beyond this mind  
and that is the search  
because if there is no space beyond the mind  
then you are just a vegetable  
then you have no future  
you are just mud and you will go back to mud  
what a pity !

what a pity if you are just the mind and the just the body  
then you are destined to the dustbin  
a nice dustbin called the coffin  
nobody needs you anymore  
you are simply dust

what is that vertical sky within you ?  
what are those rays of light ?  
this present moment is the search

all your centres are moving in the world  
there is one centre that moves vertically  
how to align to this ?  
from the horizontal to the vertical  
is the search of the meditator  
find your vertical  
and live it in the horizontal  
and soon you melt and merge  
and the vertical becomes present  
and the horizontal simply dissolves

you are two worlds in one  
when you reach the state of nomind you are absent  
when you come back you become present  
this is just the way it is



this is the whole understanding of the mystic  
you have the world...you have the body...  
and yet you have something within you that transcends both of it  
and we are searching the transcendental  
that is why i keep saying  
do not decorate this body or this mind too much  
do not try to unravel it because it is simply a mirage  
do not try to understand it...dissolve it  
do not seek answers  
seek a way to dissolve it  
through dance...through celebration...through meditateness...

anything that leads you to ecstasy and bliss  
anything that transports you and you are nowhere  
you cannot even say i am somewhere  
because you need a reference point  
this is the strange experience of samadhi  
when you fall into the black hole  
there is no point of reference  
you are simply a being of light  
hundred and eighty six thousand miles per second...boom !  
now what are you going to measure it with ?  
one hundred eighty six thousand miles per second...  
light is travelling so fast...

enlightenment is a vertical explosion of light  
to understand the vertical in you...  
there is only one way...dance...  
and move vertically higher and higher...  
transcendental...

transformation versus change  
we are not going to change anything  
we are not going to attempt to do anything

we are not interested in any kind of psychotherapy...  
psychoanalysis...conditioning...deconditioning...  
ego...dropping the ego...understanding the mind...dropping the mind...  
all this rubbish is for school children  
you do not need to drop anything  
how can you drop something that is not present ?  
when you are in that ecstatic state where is the mind to drop ?  
people who say...drop your mind...do not like you  
they want to crush you !  
do not drop anything please  
do not drop the mind  
do not drop the ego  
raise the ego...raise the mind to the state of nomind

i never did any groups or childish therapies  
dropping things and picking up things and analyzing things  
and deconditioning things  
i know how to dance...how to reach to that state...  
i do not spend any time of my valuable life...  
in trying to unravel the mess  
it is a perfectly beautiful mess

it is very simple  
and all that i have uncovered is in states of innocence  
i found nothing in books or through learning...nothing  
just dancing...dancing...silence and stillness...  
everything is contained within you

you are carrying the whole knowing  
the whole life source and life is a teacher itself  
can you create life ?  
understanding life you need to live life  
you need to live life so totally...  
that it becomes your understanding  
through dissolving into that totality of life




that is why the word totality is the greatest key  
when life is flowing  
you dive into the river totally  
and life will lead you and show you the way  
it will not show you anything  
you will be it and you will be consumed by it  
and you will know the taste of life  
knowing the taste of life is knowing all  
because there is nothing greater than life  
life has manifested everything that you see today  
the source is life  
how to dive into life through mind...  
through analysis...through conditioning...through hypnotherapy ?  
through going to the guru ? no !  
live life so abundantly that you fall into the very innerness  
the very inner of life

you simply know  
and you cannot say to anybody what you know  
you will say...aha  
and you know that you know nothing  
but you will radiate the presence of one who has lived  
each cell and fibre of you will vibrate so totally...  
that life is vibrating constantly around you  
because life keeps searching life  
life searches more life  
like misery attracts misery  
mind attracts mind...  
life attracts life  
and it keeps rushing towards you  
searching expansion  
you are a hollow bamboo  
and life will pour onto you more and more

an open state of innocence gathers the light  
life rushes to you and you are overwhelmed by light  
and the deeper you will live the more it will overwhelm you  
there is no misery  
life is so abundantly flowing...  
can you drink that much from the well ?  
do you have that much space within you  
to absorb what it can give to you ?  
meditation teaches you how to absorb more life  
how to become so transparent...so light...so sponge like...  
that every fibre of your being can live more life  
you become receptive and sensitive  
and you will be filled with more and more and more life  
and once you are filled with life  
you start expanding...expanding...expanding...  
it keeps gathering around you  
and this is the experience of the awakened one

live life more intensely  
and learn to absorb these treasures  
when i had my first explosion  
you know what was the most painful experience ?  
very strange...  
my heart could not absorb so much bliss  
my heart simply could not absorb that much bliss !  
it kept pouring into my heart...it was not used to it  
it used to think that it did not deserve so much love  
i did not deserve so much bliss...  
that i need to do...i need to prove...i need to deserve...  
but existence does not weigh you  
by what you have and what you do  
and what you prove to others  
existence gives you life abundantly



the moment this rush of life happened within me  
such an explosion happened within me  
i was dumbfounded...paralysed...  
not from the pain but from the bliss...  
that my god...can i absorb this torrent ?  
this showering is so immense  
it is evaporating me completely  
i cannot breathe...so vast...  
i cannot contain this bliss...  
it is uncontainable...  
it simply ceased me  
and i became paralysed out of bliss

this is a strange phenomenon  
you cannot handle the downpouring bliss  
you have to go slowly slowly into the bliss...  
too much bliss...you will go mad...  
the brain will completely collapse...  
you have never known such ecstasy

and the years thereafter you have to absorb...  
develop the capacity on how to absorb more bliss  
because it continuously showers and continuously showers  
you have to prepare the body for more bliss

this is the experience...you cannot contain so much bliss  
you will go mad  
do not try to avoid it when it comes to you  
you simply dissolve and say yes...i am utterly mad  
all the windows and all the skies will open  
do not try to make any sense out of this madness  
the moment you try to make sense out of this madness  
the mind is coming in trying to understand something  
that is far beyond its realm

simply do not understand it  
just drown into it  
keep your eyes closed  
say thank you...it is coming...it is coming...it is coming...  
accept it totally

just today somebody asked me  
that this is happening to me...what to do with it ?  
do nothing...just remain silent...  
keep drinking...keep drinking...  
get drunk...get totally drunk...  
become totally mad !  
you cannot touch a mad man  
because he is so mad that he has fallen out of the mind  
that he cannot go mad anymore !

those who are trying not to be mad they will go mad  
just be totally mad...  
i am a totally mad  
i have dropped the idea of becoming sane  
such madness...what to do ?  
this world is so multi dimensional

you look for truth here...it is behind you  
you look above...it is below you  
you look to the left...it is to the right  
a million directions...how can you understand it ?  
you are the centre of the universe  
everything around you is scattered in a million directions  
in which direction are you going to search for truth ?  
you are bound to go mad...

when the explosion happens you go mad  
you do not know where to look  
better not to look...simply drown and disappear

close your eyes...you do not know where you are going  
this is the experience of samadhi  
you fall into a black hole  
you do not know what is up...what is down...  
where is left...where is right...

everything becomes multi dimensional  
everything becomes a circular spherical phenomenon  
it is no more horizontal...  
in a sphere sound comes from a million directions  
you can feel it all around you  
and you do not know what is up and what is down  
all your five senses dissolve into the sixth sense  
and the sixth sense is a pure sphere

you have no centre  
you have no periphery because you have no ruler to measure  
there is no light in it to measure  
there is nothing to see  
just a pure black hole  
and that experience is so deep  
it is the hara within you  
the very source of life...unknowable within you  
and that is the search

the moment you fall into the black hole  
the first experience is the explosion of light  
everything...even dark becomes light  
there is no darkness anymore  
because you have fallen into the black hole

from that dark space all you see is light  
what you think is dark is immense light  
because you have fallen into the black hole  
from within the black hole everything simply explodes into light  
psychedelic light

this light is so ecstatic  
even orgasm is not the right word for it...it is too small  
it melts you completely down  
you melt...you become transparent...pure air...  
it is so orgasmic you cannot absorb its ecstasy  
most people who have experienced this have died of heart attack  
their hearts have ceased  
their skulls have exploded in delight  
this is the experience of people who have fallen into samadhi  
i nearly went mad  
and actually i have become totally mad  
i have stopped asking questions and i have dissolved myself  
a new universe appears before me  
nothing makes sense whatsoever

1 + 1 is 2...  
then 1 + 1 is 5...ok  
then you figure it out...it is 5...  
1 + 1 becomes 22  
now what to do with this ?  
and then 1 + 1 is 66  
now what to do ?  
1+ 1 is 201...

all the answers are correct  
because you are seeing the world in seven layers at once  
you are seeing seven universes embedded in one  
and each and every time it becomes more and more complex  
in the end you do not know what to do  
you simply give up  
you become innocent  
you say...i do not know anything  
now show me the way

it keeps showing you different universes...different diagrams...  
like crystals...a million and one directions...  
different formations of life sources...  
and it never ends  
you do not see structures but light crystals  
everything in the universe becomes crystalline and light  
and everything has its own unique signature  
you see the signatures of existence in light crystalline patterns

it is a different universe  
like when you take a drug  
you are living in holland  
all of you are drug dealers and wheelers  
it is a similar experience  
everything is psychedelic  
i have seen zillions of crystals floating in the universe  
i am talking about human crystals...  
animal crystals...plant crystals...trees...rocks  
everything is a crystalline light wave  
and i can say to you that no two look the same  
they all have their own unique signature...  
their own growth...their own pattern

you are bound to go mad because how you are going to identify  
that this is a greater rock than the other one ?  
that he is more miserable...he is less miserable ?  
that he is the president and he is the prime minister ?  
each soul has an individual unique light wave

so i have dropped questioning  
actually it dropped me  
so whom am i to question ?  
i am just a blind man seeing light wherever i go

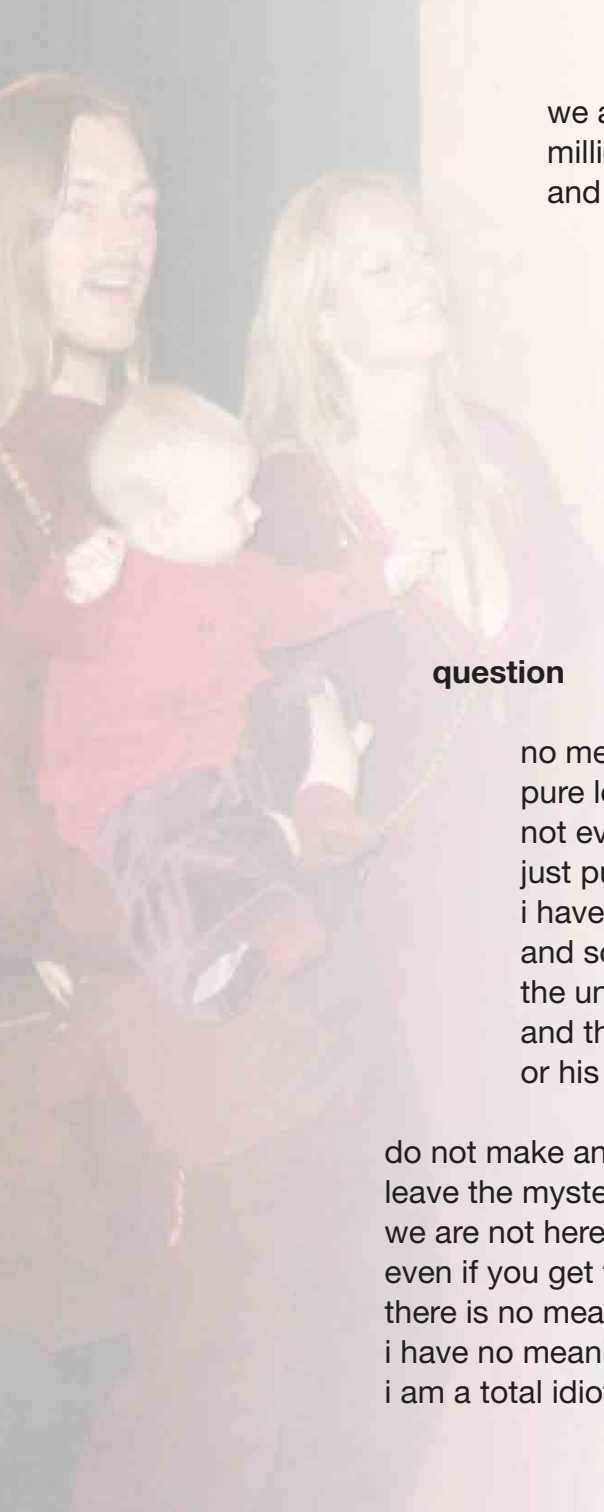
in the very beginning when i had these experiences  
everything was so unique...day in day out...day in day out  
but even that has become boring for me  
now i understand

do not try to figure out anything  
just find a way to get lost  
how to get lost ?  
how to dissolve ?  
somehow get out of the way  
and let truth take over  
i am doing this every night  
every night we are dancing  
finding a way to get out and let it shower...  
drowning...disappearing...and let things happen

we are going to celebrate...  
a few new mad people are coming in...  
we find mad people everywhere  
we are drowned in this madness of love and life and celebration...bhagwan...osho  
so beautiful to have this possibility not to know  
can you see the eyes of the child ?  
they know nothing...so beautiful  
it makes you weightless

this whole weight of knowledge  
is going to kill you  
just say i do not know anything  
i am utterly mad  
this whole education system is training you to know...  
to prove...to be worth...to do an exam and come first...  
we come last  
we want to go the other way






we are not moving like a herd  
millions of people trying to attain...to achieve...to prove...  
and what they will prove when they are in the grave ?  
those who have not done anything  
have found their immortal beings...their light  
they look like innocent children...retarded...mad...  
they are put into the lunatic asylum...  
labelled insane...  
this is the world

ishwara has a question...

**question** *what is the meaning of sannyas?*

no meaning  
pure love...let us drop all meaning  
not even searching for meaning  
just pure love...madness...i just want to go mad  
i have seen the eyes of this man  
and something draws me to him  
the unknown beckons  
and this mala is going to remind me of his madness  
or his sanity...whatever

do not make any meaning  
leave the mystery open  
we are not here to make any meaning in life  
even if you get the meaning what you will do with the meaning ?  
there is no meaning  
i have no meaning  
i am a total idiot...innocent...awakened...empty headed person



people come out of their love  
they see bhagwans photo  
i have nothing to do with sannyas  
remember one thing  
i have nothing to do with sannyas...  
i myself am a drowned disciple of my master  
i still have not found the meaning  
i tried in the beginning  
let me make sense of what happened to me  
but slowly slowly i gave up  
and that madness has brought me here  
receive his blessings  
receive the mala and let us see what happens  
it will lead you to a new dimension...a new dance...  
let us see...  
that is the mystery of sannyas !  
hmmm?

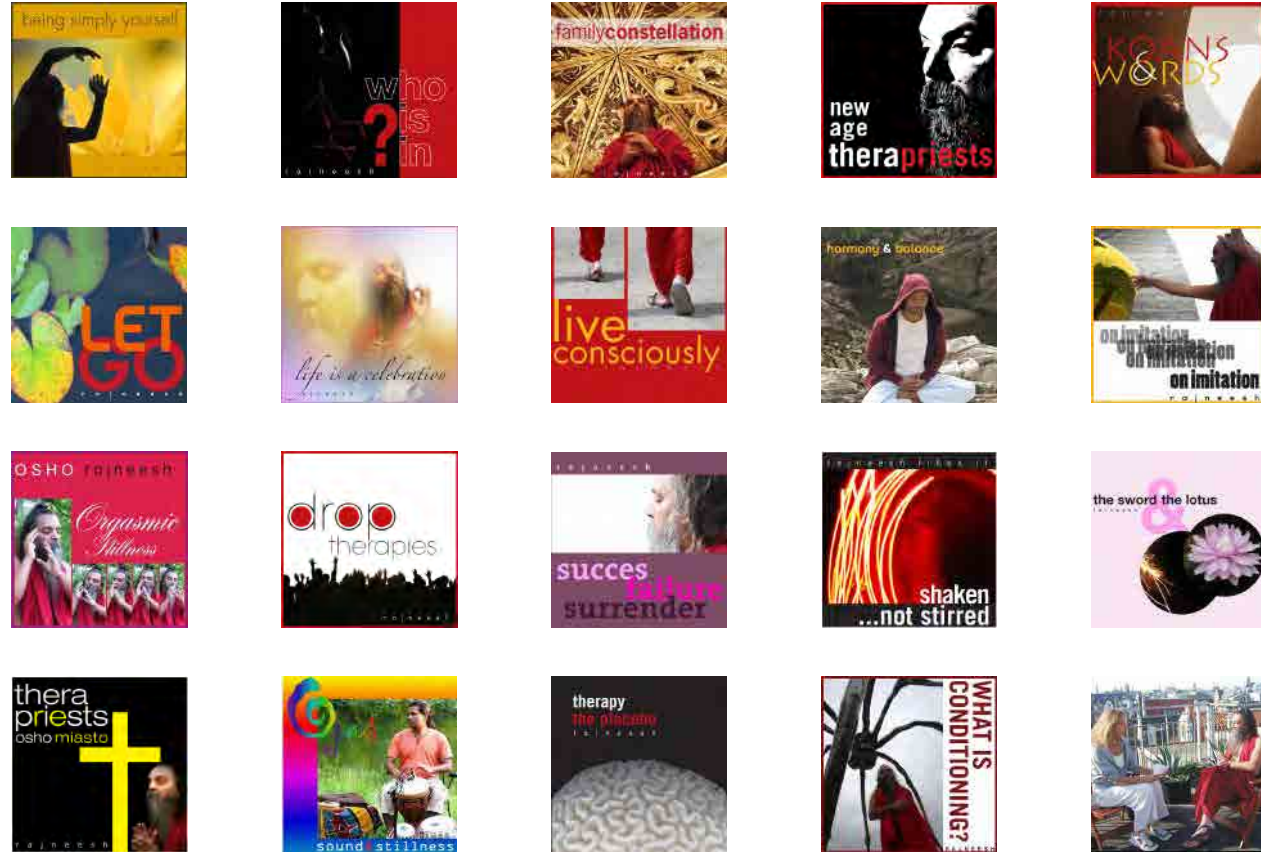
QUAE ES LA VERITAT?



transcription madhu | dhyanraj | dassana | amit  
photography min  
design soma

[www.oshorajneesh.net](http://www.oshorajneesh.net)  
[www.oshorajneesh.com](http://www.oshorajneesh.com)  
[www.oshococom.com](http://www.oshococom.com)

please subscribe to our youtube channel click here



to view these videos click on the images

click on the images to see the events magazine



click on the images to listen to these songs from the energy project together with rajneesh



